

deals

Uncle Sams Health Food

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Troy, NY 12180
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unclesamshealthfood@gmail.com

646 New Loudon Rd
Latham, NY 12110



Beyond Meat
Beyond Burger
8 oz

\$4.79



Poppi
Prebiotic Soda
selected varieties

2/\$4
12 oz

Spice up dinner and save!

Late July
Organic Tortilla Chips
selected varieties

2/\$7

7.4-10.1 oz



Garden of Eatin'
Taco Shells

\$3.49

5.5 oz



Organic Valley
Organic Shredded Cheese
selected varieties

\$3.99

6 oz



Kettle
Potato Chips
selected varieties

2/\$6

4.25-5 oz



Follow Your Heart
Vegenaise
selected varieties

\$4.49

16 oz



Bubbies
Kosher Dill Pickles

\$6.79

33 oz



The Mountain Valley
Sparkling Water
selected varieties

\$2.29

1 lt



Olipop
Sparkling Tonic
selected varieties

3/\$6

12 oz



Harmless Harvest
Organic Coconut Water
selected varieties

\$3.79

16 oz



Annie's Organic Mac & Cheese
selected varieties



\$279

6 oz

Wild Planet Skipjack Wild Tuna



\$279

5 oz

Pacific Foods Organic Chicken Bone Broth
selected varieties



\$549

32 oz

Sir Kensington's Mayonnaise
selected varieties



\$649

12 oz

Woodstock Organic Pickles
selected varieties



\$529

24 oz

DIVINA Dolmas Stuffed Grape Leaves



\$329

7 oz

PRIMAL KITCHEN

Crafted with real ingredients like California-grown tomatoes and cage-free eggs, Primal Kitchen Organic Unsweetened Ketchup and Mayo with Avocado Oil have a classic taste that kids and parents love. No cane sugar, corn syrup, or artificial sweeteners in sight!



Primal Kitchen Organic Ketchup
selected varieties

\$479

11.3 oz



Primal Kitchen Mayo with Avocado Oil
selected varieties

\$829

12 oz

The Good Crisp Company Potato Crisps
selected varieties



\$279

5.6 oz

Hippeas Chickpea Puffs
selected varieties



\$229

4 oz

Terra
Vegetable Chips
 selected varieties

\$3²⁹

5-6 oz



Lesser Evil
Organic Popcorn
 selected varieties

2/\$6

4.6-6.4 oz



At Lesser Evil, our mission is to create organic, sustainably made, delicious snacks that inspire mindful snacking. We are focused on making healthier, minimally processed, earth-friendly snacking available to everyone.

Barnana
Organic Plantain Chips
 selected varieties

2/\$7

5 oz



Siete
Tortilla Chips
 selected varieties

\$3⁹⁹

5-7.5 oz



Mary's Gone Crackers
Organic Crackers
 selected varieties

\$3⁹⁹

5-6.5 oz



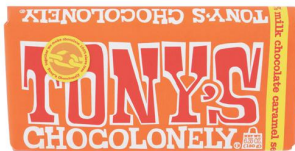
Quinn
Pretzel Nuggets
 selected varieties

\$3⁹⁹

5.8-7 oz



Tony's Choclonely
Chocolate Bar
 selected varieties



2/\$7

6.35 oz

Larabar
Fruit & Nut Bar
 selected varieties

5/\$5

1.6-1.7



Lily's
Chocolate Bar
 selected varieties

2/\$7

2.8-3 oz



Theo
Organic Chocolate Bar
 selected varieties

\$2⁷⁹

3 oz



Pamela's
Graham Crackers
 selected varieties

\$4⁹⁹

7.5 oz



**Familia
Swiss Muesli**
selected varieties



\$779

29 oz

**Tillen Farms
Cherries**
selected varieties



\$629

13.5 oz

**SweetLeaf
Liquid Stevia**
selected varieties



\$679

2 oz

**RISE Brewing Co.
Organic Cold Brew Coffee**
selected varieties



\$229

7 oz

**ROAR Organic
Organic Vitamin Enhanced Beverage**
selected varieties



\$169

18 oz

**KeVita
Organic Sparkling Probiotic Drink**
selected varieties



\$279

15.2 oz

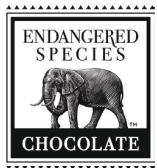
**Nixie Sparkling Water
Organic Sparkling Water**
selected varieties



\$479

8/12 oz

Save s'more on summer faves!



**Endangered Species
Chocolate Bar**
selected varieties

2/\$5

3 oz



**Dandies
Vegan Marshmallows**

\$329

10 oz



**Annie's
Organic Graham Crackers**
selected varieties

\$449

14.4 oz



**San Pellegrino
Sparkling Water**

2/\$4

750 ml



**C2O
Coconut Water**
selected varieties

2/\$6

33.8 oz



**Vita Coco
Coconut Water**
selected varieties

\$1.79

500 ml



**Almond Breeze
Almondmilk**
selected varieties

\$2.49

32 oz

**Almond Breeze
Almondmilk**
selected varieties

\$3.79

64 oz



**Santa Cruz Organic
Organic Lemonade**
selected varieties

2/\$6

32 oz



Get ready for summer with 100% organic products from Santa Cruz Organic! Whether it's a glass of organic lemonade or one of our juices, blends, or sauces, SCO will make your family happy!

**Brown Cow
Cream Top Whole Milk Yogurt**
selected varieties

\$0.99

5.3 oz



**Forager Project
Organic Cashewmilk Yogurt**
selected varieties

\$4.79

24 oz



**Ithaca
Hummus**
selected varieties

2/\$7

10 oz



**Udi's Gluten Free
Gluten Free Hamburger Buns**



\$379

10.4 oz

**Field Roast
Plant-Based Sausages**

selected varieties



\$549

12.95 oz

**wildbrine
Kimchi**

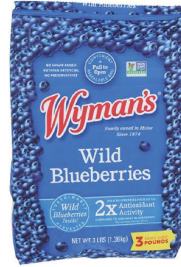
selected varieties



\$629

18 oz

**Wyman's of Maine
Wild Blueberries**



\$1099

3 lb

**GoodPop
Organic Dairy-Free Frozen Pops**

selected varieties



\$379

10 oz

**Cosmic Bliss
Organic Dairy-Free Frozen Dessert**

selected varieties



\$529

14 oz

**So Delicious
Plant-Based Frozen Dessert**

selected varieties



\$479

16 oz

**Alden's Organic
Organic Ice Cream**

selected varieties



\$829

48 oz



MegaFood is a certified B Corporation and proud member of 1% For the Planet. We believe that nature and science work best together. That's why we are dedicated to crafting plant-powered supplements that nurture the health of people and our planet.



**MegaFood
Blood Builder**

\$1199

30 ct



**MegaFood
Relax + Calm Magnesium
Soft Chews**

\$1149

30 ct



**MegaFood
Turmeric Curcumin Extra
Strength Whole Body**

\$1999

60 ct

**Ancient Nutrition
Multi Collagen Protein Powder**
selected varieties



\$38⁹⁹

459-525 g

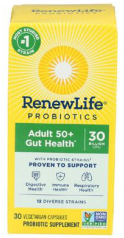
**Bluebonnet Nutrition
Liquid Calcium Magnesium Citrate**
selected varieties



\$15⁹⁹

16 oz

**Renew Life
Ultimate Flora Adult 50+ Probiotic
30 Billion CFU**



\$19⁹⁹

30 ct

**Garden of Life
Dr. Formulated Magnesium with
Pre & Probiotics**
selected varieties



\$13⁹⁹

60 ct

**Jarrow Formulas
Saccharomyces Boulardii + MOS**



\$25⁹⁹

90 vcap

**Natural Factors
DGL 400 mg Chewable**



\$13⁹⁹

90 tab

**NOW Foods
D-Mannose 500 mg**



\$18⁹⁹

120 vcap

**Nordic Naturals
Ultimate Omega**



\$21⁹⁹

60 ct

**Solaray
Higher Absorption
Magnesium Glycinate**



\$14⁹⁹

120 ct

**Himalaya
Toothpaste**
selected varieties



\$5⁴⁹

4-5.29 oz

**Lily of the Desert
Aloe Vera Gelly**



**ACURE
Brightening Facial Scrub**



\$7⁷⁹

4 oz

**Alba Botanica
Sunscreen**
selected varieties



\$12⁹⁹

5 oz

\$3²⁹

4 oz

Caramelized Onion & Aioli Beyond Burger

45 MIN • SERVES 4 • VEGAN

INGREDIENTS

4 Beyond Burger patties (2 packages)
4 slices vegan smoked gouda cheese
4 ciabatta buns
Caramelized onions
3 cups arugula
Garlic aioli

DIRECTIONS

- 1 Cook Beyond Burger according to package instructions. 2–3 minutes before patty is finished cooking, add a slice of vegan smoked gouda cheese and allow it to melt.
- 2 Toast ciabatta buns for 2–3 minutes. Top with Beyond Burger patty followed by caramelized onions and fresh arugula.
- 3 Spread garlic aioli on top ciabatta half and enjoy!



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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



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