

# deals

## Uncle Sams Health Food

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Troy, NY 12180

unclesamshealthfood@gmail.com  
unclesamshealthfood.com

646 New Loudon Rd  
Latham, NY



Just Ice Tea  
Organic Ice Tea  
(selected varieties)

**2/\$4**  
16 oz



Badger  
Sunscreen  
(selected varieties)

**\$11.99**  
2.9 oz

### Kick off summer with delicious savings

Lightlife  
Organic Tempeh  
(selected varieties)

**\$3.29**

8 oz



Cascadian Farm Organic  
Organic Potatoes  
(selected varieties)

**\$3.79**

16 oz



Canyon Bakehouse  
Gluten Free Bread  
(selected varieties)

**\$5.29**

18 oz



Califia Farms  
Barista Blend Oatmilk

**\$3.99**

32 oz



Redwood Hill Farm  
Goat Milk Kefir  
(selected varieties)

**\$5.99**

32 oz



Violife  
Vegan Cheese  
(selected varieties)

**\$4.79**

5.29-8.1 oz



Bob's Red Mill  
Muesli

**\$4.49**

18 oz



Once Again Nut Butter  
Organic Tahini

**\$7.49**

16 oz



St. Dalfour  
French Fruit Spread  
(selected varieties)

**\$3.79**

10 oz



Annie's  
Mac & Cheese  
(selected varieties)



**4/\$5**

5.25-6 oz

Montebello  
Organic Artisan Pasta  
(selected varieties)



**\$3<sup>29</sup>**

1 lb

Annie's  
Organic Dressing  
(selected varieties)



**2/\$8**

8 oz

Spectrum  
Organic Canola Oil



**\$10<sup>99</sup>**

32 oz

Bragg  
Liquid Aminos



**\$4<sup>29</sup>**

16 oz

Good Health  
Kettle Style Potato Chips  
(selected varieties)



**2/\$6**

5 oz

Food Should Taste Good  
Tortilla Chips  
(selected varieties)



**2/\$6**

5.5 oz

Garden of Eatin'  
Corn Tortilla Chips  
(selected varieties)



**\$2<sup>79</sup>**

5.5 oz

EPIC  
Meat Snack Strip  
(selected varieties)



**4/\$5**

0.8 oz

KIND  
Nut Bar  
(selected varieties)



**2/\$3**

1.4 oz

Clif Bar  
Energy Bar  
(selected varieties)



**2/\$3**

2.4 oz

One Degree Organics  
Organic Sprouted Cereal  
(selected varieties)



**\$4<sup>49</sup>**

8-10 oz

Cascadian Farm Organic  
Organic Cereal  
(selected varieties)



**2/\$7**

8.6-14.6 oz

Navitas  
Organic Cacao Powder



**\$7<sup>79</sup>**

8 oz

# Savor these sweet savings!



Back to Nature Cookies (selected varieties)

**\$3.99**

8-12 oz



Angie's BoomChickaPop Popcorn (selected varieties)

**\$2.99**

4.4-7 oz



UNREAL Chocolate Gems (selected varieties)

**\$3.99**

5 oz



**UNREAL**

SmartSweets Candy (selected varieties)

**2/\$5**

1.8 oz



Siete Grain-Free Cookies (selected varieties)

**\$3.29**

4.5 oz



C2O Coconut Water (selected varieties)

**\$1.79**

17.5 oz



Essentia Alkaline Water



**2/\$4**

1.5 L

Goldthread Plant Based Tonic (selected varieties)

**2/\$6**

12 oz



Lakewood Organic Mango Blend Juice

**\$4.99**

32 oz



R.W. Knudsen Organic Tomato Juice



**\$3.49**

32 oz

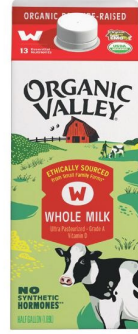


At Organic Valley, we produce nourishing food on small organic family farms where families manage the care of animals and the earth. Through our cooperative's standards and practices, we promote respect for the dignity and interdependence of all life.



**Organic Valley Organic Half & Half**

**2/\$5**  
16 oz



**Organic Valley Organic Milk**  
(selected varieties)

**\$4.99**  
64 oz

**Oatly Oatmilk**  
(selected varieties)

**\$4.29**

64 oz



**Meyenberg Goat Milk**

**\$5.29**

32 oz



**The Greek Gods Greek Style Yogurt**  
(selected varieties)

**\$4.29**

24 oz



**Green Valley Creamery Organic Lactose-Free Cream Cheese**

**\$3.49**

8 oz



**Vital Farms Butter**

**\$3.79**

8 oz



**Gardein Meatless Meat**  
(selected varieties)

**\$4.49**

8.1-13.7 oz



**ECOS Dish Soap**  
(selected varieties)

**\$3.49**

25 oz



**ECOS Laundry Detergent**  
(selected varieties)

**\$12.99**

100 oz

**ECOS**  
Plant Powered Clean

ECOS is a women-owned and Black-owned company making plant-powered cleaning products for over 55 years. With over 120 Safer Choice products, ECOS leads the industry in green science and sustainability.

**Manitoba Harvest Organic Hemp Hearts**

**\$11.99**

12 oz



NeoCell  
Super Collagen Peptides

**\$12<sup>99</sup>**

7 oz



Natural Factors  
Stress Relax Tranquil Sleep  
Chewable

**\$22<sup>99</sup>**

60 tab



Natural Vitality  
Natural Calm

**\$18<sup>99</sup>**

8 oz



Nordic Naturals  
Omega-3

**\$23<sup>99</sup>**

120 ct



Garden of Life  
MyKind Organics Turmeric  
Inflammatory Response Gummy

**\$23<sup>99</sup>**

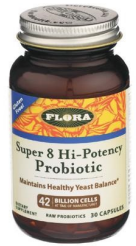
120 ct



Flora  
Super 8 Hi-Potency Probiotic

**\$18<sup>99</sup>**

30 cap



Trace Minerals  
ConcenTrace Mineral Drops

**\$33<sup>99</sup>**

8 oz



Quantum Health  
Cough Relief Lozenges  
(selected varieties)

**\$4<sup>29</sup>**

18 ct



Boiron  
Arnicare Gel

**\$6<sup>49</sup>**

1.5 oz



JASON  
Vitamin E Skin Oil 32000 IU

**\$9<sup>79</sup>**

1.1 oz



Clearly Natural  
Bar Soap  
(selected varieties)

**2/\$5**

4 oz



Dr. Bronner's  
Organic Castile Bar Soap  
(selected varieties)

**\$3<sup>99</sup>**

5 oz



Crystal  
Deodorant  
(selected varieties)

**\$3<sup>79</sup>**

2.25 oz



Humble  
Deodorant  
(selected varieties)

**\$8<sup>49</sup>**

2.65 oz



Every Man Jack  
Deodorant  
(selected varieties)

**\$5<sup>79</sup>**

2.6-3 oz



# everyday

## Products with everyday low prices.

We are committed to providing you with access to natural and organic foods at a great price. With Everyday, you can always save big on the products you rely on—from frozen fruits and veggies to pantry staples.

unclesamshealthfood@gmail.com

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## Get grilling with these everyday essentials!



**Organic Classic Yellow Mustard**  
NET WT 14 OZ (396g)  
**\$2.29**  
14 oz

**Organic Tomato Ketchup**  
NET WT 24 OZ (1 LB 8 OZ) 680g  
**\$3.29**  
24 oz

**Organic Mustard (selected varieties)**  
NET WT 9 OZ (255g)  
**\$2.49**  
9 oz

Prices may vary by location



### Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com) or scan this code.



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