

deals

Uncle Sams Health Food

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Troy, NY
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unclesamshealthfood@gmail.com

644 New Loudon Rd
Latham, NY
(518) 782-5233



**Nixie Sparkling Water
Organic Sparkling
Water**
(selected varieties)

\$4.99
8/12 oz



**Alden's Organic
Organic Ice Cream**
(selected varieties)

\$8.29
1.5 qts

Savor the savings on delicious snacks

**Perfect Bar
Organic Protein Bar**
(selected varieties)

2/\$5
2.3-2.5 oz



**Panda
Licorice**
(selected varieties)

\$2.99
7 oz



**Simple Mills
Almond Flour Crackers**
(selected varieties)

\$3.79
4.25 oz



**Health-Ade
Organic Kombucha**
(selected varieties)

\$2.79
16 oz



**Santa Cruz Organic
Organic Lemonade**
(selected varieties)

2/\$5
32 oz



**Lakewood
Organic Pure
Pineapple Juice**

\$6.49
32 oz



**Beyond Meat
Beyond Burger**

\$3.99
8 oz



**Food For Life
Organic Ezekiel 4:9® Bread**
(selected varieties)

\$4.49
24 oz



**Bubbies
Sauerkraut**

\$6.49
25 oz



**Annie's
Organic Mac & Cheese**
(selected varieties)



2/\$6

6 oz

**Lotus Foods
Organic Rice Ramen**
(selected varieties)



\$4.29

10 oz

**Wild Planet
Wild Skipjack Tuna**
(selected varieties)



\$2.79

5 oz

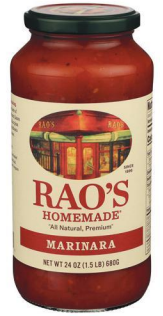
**Ancient Harvest
Organic Polenta**
(selected varieties)



\$2.99

18 oz

**Rao's Homemade
Pasta Sauce**
(selected varieties)



\$6.99

24 oz

**Bionaturae
Organic Tomato Paste**



\$1.99

7 oz

**Garden of Eatin'
Taco Shells**
(selected varieties)



\$3.49

5.5 oz

**Green Mountain Gringo
Salsa**
(selected varieties)



\$4.49

16 oz



Level up your grilling game with Primal Kitchen®. Our Organic Unsweetened Ketchup and Mayo with Avocado Oil deliver bold, classic flavor without compromise. No gluten, dairy, or artificial sweeteners—just real ingredients that make real food taste better.



**Primal Kitchen
Organic Ketchup**
(selected varieties)

\$4.79

11.3 oz



**Primal Kitchen
Mayo with Avocado Oil**
(selected varieties)

\$8.29

12 oz

**San-J
Organic Reduced Sodium
Tamari Soy Sauce**



\$4.79

10 oz

**Napa Valley Naturals
Organic Extra Virgin Olive Oil**



\$17.99

25.4 oz

Spectrum
Organic Extra Virgin Olive Oil



\$15.99

25.4 oz

Sir Kensington's
Mayonnaise
(selected varieties)



\$6.29

12 oz

Louisville Vegan Jerky Co.
Vegan Jerky
(selected varieties)



\$4.99

3 oz

Inka Crops
Plantain Chips
(selected varieties)



2/\$4

3.25-4 oz

Kettle
Potato Chips
(selected varieties)



2/\$6

5 oz

Vegan Rob's
Puffs
(selected varieties)



2/\$6

3.5 oz

Late July
Tortilla Chips
(selected varieties)



2/\$7

7.5-7.8 oz

Terra
Sweet Potato Chips
(selected varieties)



\$3.29

6 oz

The Good Crisp Company
Potato Crisps
(selected varieties)



\$2.79

5.6 oz



Siete
Tortilla Chips
(selected varieties)

\$3.99

5 oz



Siete
Grain Free
Taco Shells

\$4.29

5.5 oz



Siete is a Mexican-American food brand, rooted in family, that makes delicious products with thoughtfully selected ingredients. Siete shares heritage-inspired favorites like tortilla chips, churro strips, and taco shells for the whole familia to enjoy—because *¡Juntos es Mejor!*

**From The Ground Up
Cauliflower Crackers**
(selected varieties)



\$2.79

3.5-4 oz

**gimMe Organic
Organic Roasted Seaweed Snacks**
(selected varieties)



\$1.79

.32-.35 oz

**Solely
Organic Fruit Jerky**
(selected varieties)



\$1.29

.8 oz

**VerMints
Organic Breath Mints**
(selected varieties)



\$2.29

1.74 oz

**Theo
Organic Chocolate Bar**
(selected varieties)



\$2.79

3 oz

**Chocolove
Chocolate Bar**
(selected varieties)



2/\$5

2.9-3.2 oz

**Endangered Species
Chocolate Bar**
(selected varieties)



2/\$5

3 oz

Chocolate Sea Salt Mandarin Oranges

20 MIN • SERVES 6 • VEGETARIAN, GRAIN-FREE, GLUTEN-FREE

INGREDIENTS

- 4 mandarin oranges, peeled and segmented
- 2 ounces chocolate
- 1 ½ teaspoons avocado oil
- Flake sea salt

DIRECTIONS

- 1 Place chocolate and avocado oil in a microwave-safe bowl and heat at 30 second intervals until melted, stirring frequently.
- 2 Dip orange segments in melted chocolate and place on parchment paper.
- 3 Sprinkle flake sea salt over chocolate and chill in refrigerator for 10 minutes.



Little Secrets
Crispy Wafers
(selected varieties)

\$1.79

1.4 oz



MadeGood
Organic Granola Bars
(selected varieties)

\$3.79

6 ct



Dr. Bronner's
Organic Toothpaste
(selected varieties)

\$5.29

5 oz



Dr. Bronner's
Organic Coconut
Oil

\$7.79

14 oz



Dr. Bronner's makes socially and environmentally responsible products of the highest quality, while dedicating profits to help make a better world. We are proud to source Regenerative Organic Certified® ingredients for our Virgin Coconut Oil, the highest standard for climate-friendly farming!

Larabar
Fruit & Nut Bar
(selected varieties)

5/\$5

1.6-1.7 oz



Tate's Bake Shop
Cookies
(selected varieties)

\$4.79

7 oz



Newman's Own
Sandwich Cremes
(selected varieties)

\$4.79

13 oz



Catalina Crunch
Keto Friendly Cereal
(selected varieties)

\$6.49

8-9 oz



Crofter's Organic
Organic Premium Fruit Spread
(selected varieties)

\$4.49

16.5 oz



R.W. Knudsen
Organic Just Tart Cherry Juice

\$6.79

32 oz



nutpods
Dairy-Free Creamer
(selected varieties)

\$2.79

11.2 oz



Peter Rabbit Organics
Organic Baby Food Pouch
(selected varieties)

\$1.69

4-4.4 oz



Essentia
Alkaline Water



2/\$3

1 lt

The Mountain Valley
Spring Water



\$2²⁹

1 lt

Vita Coco
Coconut Water
(selected varieties)



2/\$4

500 ml

C2O
Coconut Water
(selected varieties)



\$3⁷⁹

33.8 oz

San Pellegrino
Sparkling Water



2/\$4

750 ml

Harmless Harvest
Organic Coconut Water



\$3⁹⁹

16 oz

Zevia
Zero Calorie Soda
(selected varieties)



\$5⁴⁹

6/12 oz

Reed's
Ginger Brew
(selected varieties)



\$5⁷⁹

4/12 oz

REBBL
Organic Protein Elixir
(selected varieties)



2/\$7

12 oz

GT's
Alive Ancient Mushroom Elixir
(select varieties)



\$2⁹⁹

16 oz

siggi's
Icelandic Style Yogurt
(selected varieties)



\$1³⁹

5.3 oz

Uncle Matt's Organic
Organic Orange Juice
(selected varieties)



\$6⁴⁹

52 oz

Califia Farms
Organic Almond Milk



\$4⁹⁹

48 oz

Frozen Fruit Yogurt Bark

3 HRS 20 MIN • SERVES 6-8 • VEGETARIAN

INGREDIENTS

- 18 ounces plain yogurt
- 2/3 cup honey
- 1 teaspoon vanilla extract
- 1/4 teaspoon sea salt
- 6 ounces blackberries, halved
- 2 large ripe peaches, sliced
- 1/2 cup granola
- 1/2 teaspoon chia seeds

DIRECTIONS

- 1 Line a small baking sheet with parchment paper and set aside.
- 2 In a mixing bowl combine yogurt, honey, and salt; whisk until thoroughly combined.
- 3 Spread mixture evenly into the prepared baking sheet.
- 4 Top with fruit, granola, and chia seeds. Tap pan a few times to set the toppings.
- 5 Freeze for two to three hours, or until firm.
- 6 Cut into pieces and serve. Store in freezer.



Brown Cow
Cream Top Whole Milk Yogurt
(selected varieties)

\$3.79

32 oz



Forager Project
Organic Cashewmilk Yogurt
(selected varieties)

\$4.99

24 oz



Vermont Creamery
Crème Fraîche
(selected varieties)

\$3.49

8 oz



Daiya
Dairy-Free Slices
(selected varieties)

\$3.79

7.8 oz



Organic Valley
Organic Shredded Cheese
(selected varieties)

\$3.99

6 oz



Rumiano
Organic Cheese
(selected varieties)

\$4.79

8 oz



Tofurky
Plant-Based Deli Slices
(selected varieties)

\$3.29

5.5 oz



Field Roast
Plant-Based Sausages
(selected varieties)

\$5.49

12.95 oz



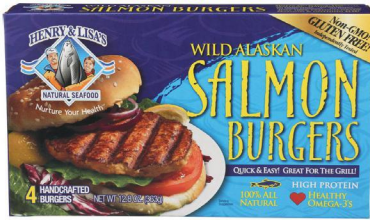
Miso Master
Organic White Miso

\$5.29

8 oz



**Henry & Lisa's Natural Seafood
Wild Alaskan Salmon Burgers**



\$9.99

12.8 oz

**Van's Waffles
(selected varieties)**



\$3.49

8-9 oz

**Udi's Gluten Free
Gluten Free Hamburger Buns
(selected varieties)**



\$3.99

10.4-10.8 oz

Woodstock Organic Spinach



\$2.99

10 oz

**Feel Good Foods
Gluten Free Egg Rolls
(selected varieties)**



\$6.99

9 oz

**Cosmic Bliss
Organic Dairy-Free Frozen Dessert
(selected varieties)**



\$4.99

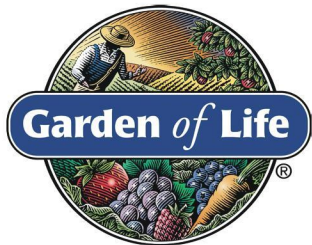
14 oz

**GoodPop
Organic Dairy-Free Frozen Pops
(selected varieties)**



\$3.79

10 oz



Looking to up your protein intake? How about support for hair, skin, nails, and joints? Garden of Life offers just what you're looking for with clean, nutritious, and delicious protein and collagen choices tailored to your needs.



**Garden of Life
Grass Fed Collagen
Peptides**

\$20.99

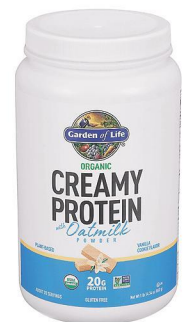
280 g



**Garden of Life
Collagen with
Hyaluronic Acid**

\$23.99

270 g



**Garden of Life
Organic Creamy Plant
Protein with Oatmilk
(selected varieties)**

\$32.99

860-920 g

**Nuun Hydration
Sport Hydration Tablets**
(selected varieties)



\$5.49

10 ct

**Vibrant Health
Green Vibrance**



\$45.99

11.68 oz

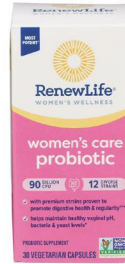
**Aura Cacia
Lavender Essential Oil**



\$8.29

.5 oz

**Renew Life
Ultimate Flora Women's Care Probiotic**



\$37.99

30 ct

**Wiley's Finest
Wild Alaskan Fish Oil 1000 mg**



\$39.99

60 ct

**Natural Factors
WellBetX® Berberine 500 mg**



\$20.99

60 vcap

**Alaffia
Pure Unrefined Shea Butter**



\$9.49

11 oz

**Andalou Naturals
Age Defying Resveratrol Q10
Night Repair Cream**



\$19.99

1.7 oz

**DERMA E
Vitamin C Concentrated Serum**



\$19.99

2 oz

**JASON
Toothpaste
(selected varieties)**



\$5.79

4.2 oz

**Avalon Organics
Shampoo or Conditioner
(selected varieties)**



\$8.29

11 oz

**EO
Organic Deodorant Spray
(selected varieties)**



\$5.29

4 oz

everyday

Products with everyday low prices.

We are committed to providing you with access to natural and organic foods at a great price. With Everyday, you can always save big on the products you rely on—from frozen fruits and veggies to pantry staples.

Pick up these perfect pairings!



Organic
Peanut Butter

\$5.99

16 oz



Organic
Sunflower Butter

\$6.49

16 oz

Organic
Preserves
(selected varieties)

\$3.99

11-13 oz



Prices may vary by location



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



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