



Hospital Bag Checklist

For Mom

- Going-home outfit
- Nursing pillow
- Breast pad
- Nipple cream
- Slippers and socks
- Power bank/phone charger
- Wet Cleaning Cotton as breastfeeding wipe
- Antibacterial Cut Cotton for wound cleaning
- Toiletries

For Baby

- Going-home outfit
- Swaddle
- Blanket
- Handkerchief

For Father

- Pillow and blanket
- Toiletries
- Clothes