



For the Car

- Car seat
- Car seat travel bag if flying
- Infant body and head support
- Extra car seat cover
- Two car seat waterproof liners
- _____
- _____

For Your Diaper Bag/Easy Access Carry-On Bag

- Fabulous, backpack-style diaper bag
- Baby carrier
- Mesh teething bags
- Amber teething necklace
- Teething beads for mom
- Travel diaper bag
- Wipes
- Diapers (think one per hour in transit, plus extras in case of delays)
- Disposable diaper changing pads and/or travel changer
- Tissues
- Pacifier if needed
- Nursing cover
- Weather appropriate baby hat
- A simple family first aid kit including baby pain reliever
- Easy to access hand sanitizer
- Baby's favorite blanket
- E-books to read to baby
- Baby music playlist
- Bip burp cloth
- Baby's favorite rattle, a couple little toys & favorite small stuffed animal
- A couple zip-lock bags
- Stainless steel travel bottle and/or sippy cup
- Extra change of clothes for baby
- Change of clothes for Mom
- Small folding travel stroller (Can be folded up and gate checked for your connections or destination. I usually carried baby in my sling and used the stroller for gear)
- Formula, water, juice and feeding gear as appropriate
- Extra bottles, nipples, and sippy cups
- Simple, weatherproof camera for you to record your memories
- _____
- _____
- _____

For Baby's Suitcase

- A Few more diapers & wipes
- Diaper rash cream
- Extra pacifiers (If your baby uses one)
- Baby clothing (Think layers, just one- two changes per day, and stick to the basics, like onesies, and always a lightweight jacket, winter gear if needed)
- Baby beach shade if needed
- Extra receiving type blankets (A few, these are super handy to cover baby or yourself, lay baby on, protect your clothes, shade baby, and more)
- Baby's favorite rattles and/or toys
- Bibs and burp cloths
- Inflatable baby bath tub (though we just used sinks!)
- Nightlight
- Zip top plastic bags in multiple sizes (Dirty diapers, clothes, blankets, snacks, loose items, etc)
- Baby monitor
- Breast Pump and a car power adapter if using
- A journal
- _____
- _____

Toiletries for Baby

(Remember, small containers in zip-loc bags)

- Baby sunscreen
- Baby-safe bug repellent
- Mini lotion
- Shampoo
- Body wash
- Essential oils
- _____
- _____

Check It In!

(Most airlines have free allowance for baby gear)

- A play-pen or porta-crib
- Car Seat in approved carrier

Other Items...

- _____
- _____
- _____
- _____

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