

PEEL & STICK PLANKS FITTING GUIDE



Transforming your room has never been easier.
Create your dream wall with Peel & Stick Planks
by following these simple steps.

WHAT YOU'LL NEED

- Peel & Stick Planks
- Tape measure
- Spirit level
- J-Roller
- Humidity sensor
- Thermometer
- Moisture meter

YOU MAY ALSO NEED

- Pencil
- Square tool
- Fine-toothed hand saw

GET TO KNOW YOUR PLANKS

- Plank size: 1200mm (L) x 127mm (W) x 4mm (D)
- Planks per pack: 7
- Pack coverage: 1m²

PLAN AHEAD

1. Remove any screws, nails or fixtures from your wall.
2. Make sure your wall is clean, smooth and level.
3. For proper adhesion, your planks must be applied to a plastered and painted wall that's completely dry. We recommend adhering your planks to matte emulsion instead of chalk paint or raw plaster.
4. Check the temperature and humidity of the installation room. The conditions must fall within 16-24°C and 45-65% relative humidity. Check the moisture content level of your wall - it shouldn't exceed 8-12%. Important: note the conditions before delivery, during acclimatisation and before installation. Keep the readings in case they're needed for future reference.
5. Unbox all your packages and check the planks. Important: we recommend leaving the nylon strapping in place to prevent damage. Only unstrap the packs of planks when you're ready to install them.
6. Place your packs of planks - with a gap between each stack - on a flat surface in the installation room and leave them for at least three days.

Top tip: new builds, renovating and redecorating can cause inaccurate humidity levels. Allow at least seven days of drying time after any wet trade work, such as plastering, before acclimatising the planks.



MAKE THE CUT

When you reach the end of a row or the horizontal edges of your wall, some planks may need cutting to fit. Here's how to resize a plank:

1. Measure the size of the space.
2. Mark the measurements on the plank with a square tool and pencil.
3. Cut along the line with a fine-toothed hand saw.

GET STUCK IN

1. Check the wall is completely dry and smooth.
2. Find the centre of your wall using a tape measure.
3. Mark a line across the centre using a spirit level and pencil.
4. Remove the backing paper from the tape on your first plank. Important: be mindful of not touching the surface of the tape with your hands.
5. Position the plank along the line and press lightly to secure it.
6. Grab your J-Roller and apply firm pressure across the plank.
7. Continue using this method until your first horizontal row is complete.
Top tip: if you're installing Peel & Stick Planks on the ceiling, use the same technique as installing them on walls.
8. Some planks may need resizing to fit at the end of a row. See the 'Make The Cut' steps.
9. Repeat for each row. Top tip: in rooms with higher humidity levels, leave a 0.5mm expansion gap between each row.
10. When finished, grab your J-Roller and apply firm pressure across the wall to maximise adhesion.

Important: incorrect installation may result in cracking, warping and splitting when drying and expansion issues such as bowing,

LAST BUT NOT LEAST

Stand back and marvel at your beautiful wall.

We're here to help with your wall transformation.

If you have any questions about installing Peel & Stick Planks, please contact our customer service team at info@naturewall.com.

