

# Bed Sizes

	Mattress (cm)	Base (cm)
Single	91 x 191	91 x 191
Long Single	91 x 202	91 x 202
King Single	105 x 202	105 x 202
Double	139 x 191	139 x 191
Long Double	139 x 202	139 x 202
Queen	152 x 202	152 x 202
King	167 x 202	83.5(x2) x 202
Super King	180 x 202	90(x2) x 202
Cali King	202 x 202	101(x2) x 202

The dimensions above refer to the sleeping area/mattress size of the bed.

**Note:**

Mattress thicknesses can differ greatly, but the average depth is between 25cm and 30cm. Check the specifications for your mattress if you are unsure if the mattress you have selected will suit your needs.

**Hint:**

Always buy the biggest bed you can. The more room you have in your bed the better quality of sleep you will have, especially if you're sleeping with a partner. Two people sleeping together should select a queen or preferably a king size mattress and base to ensure both individuals have enough space for a good night sleep.

