

# CAFE WEST

express™

30-DAY  
EMPEROR'S  
BROTH  
CHALLENGE  
\$125

We're famous for our nutrient dense, superfood broths and soups made from quality ingredients.

ASK  
ABOUT  
OUR SOUP  
CLEANSE  
\$38\* /day

## BROTHS

### ✓ EMPEROR'S BROTH

Superior wellness tonic made from medicinal mushrooms and herbs to restore gut health and strengthen immune function  
\$4.95 8oz / \$8.95 16oz

### BONE BROTH

Our restorative chicken bone broth that is good for gut health, collagen rich, and enhanced with superfoods and herbs  
\$6.95 8oz / \$13.95 16oz

### GYPSY BROTH

Half Emperor's Broth + Half Bone Broth  
\$5.95 8oz / \$10.95 16oz

## SOUPS

### 1 SELECT A SOUP FROM TODAY'S MENU BOARD

#### ✓ VEGAN SOUPS

\$6 12oz / \$8 16oz / \$14 32oz

#### 🍗 POULTRY SOUPS

\$7 12oz / \$9 16oz / \$15 32oz

### 2 PICK 1 FREE TOPPING

Coconut Brown Rice

Hemp Seeds

Pumpkin Seeds

Shredded Greens

Turmeric & Black Pepper

### 3 AMP IT UP +\$2.50

Ladle of Emperor's Broth

Ladle of Bone Broth

Avocado

Grilled Chicken

### CAN'T DECIDE? TRY A FLIGHT OF SOUP

Select 2 or 3 from today's menu board \$7.50 Duo / \$9.50 Trio

### ✓ BLACK BEAN PROTEIN

Protein and fiber rich black beans, fire roasted tomatoes, green chillies, and roasted corn

### ✓ CARROT GINGER

A complexion brightening blend of beta carotene rich carrots with calming properties of turmeric and ginger root

### ✓ GREEN MIRACLE

Loaded with nutrients, rich in chlorophyll combining the power of deep green vegetables and herbs

### ✓ LONGEVITY LENTIL

An Ayurvedic soup rich in vegetables, calming herbs and packed with nutrients, fiber, and protein

### ✓ MAGIC MUSHROOM

Delicious, earthy blend of potent plant compounds from medicinal mushroom and antioxidant rich herbs

### ✓ SECRET SLIMMING

Low-calorie, nutrient-dense soup packed with cruciferous vegetables, rich in antioxidants, beta carotene, and lycopene

### 🍗 CHICKEN WELLNESS SOUP

Healing soup rich in tradition containing chicken, vegetables, and herbs

### 🍗 SPICY WELLNESS SOUP

A spicy, satisfying blend of chicken, brown rice, tomatoes, chipotle peppers, and spices

### 🍗 WILD WEST CHILI

Protein rich, hearty blend of turkey, beans, veggies, and spices

## BOWLS + WRAPS

Premium Add-ons: Avocado or Grilled Chicken +\$2.50 / Side of Soup or Baked Fries +\$4

BURGERS  
+ MORE ON  
THE BACK

### SALADS

Choice of Dressing: Balsamic Vinaigrette, Turmeric Caesar, Green Mediterranean (contains fish)

### 🍗 CHICKEN CAESAR

Salad greens, roasted chicken, and pumpkin seeds \$11.95

### ✓ EARTH BURGER

Our beet and chickpea burger over salad greens \$10.95

### 🍗 GREEN BURGER

Turkey and spinach burger over salad greens \$12.95

### ✓ KALEFORNIA

Kale, quinoa, red onion, tomato, hemp seeds, and nutritional yeast flakes. \$10.95

### ✓ LA BURGER

Black bean and veggie burger over salad greens \$10.95

### 🍗 QUINOA, CHICKEN & AVOCADO

Salad greens, quinoa, roasted chicken, basil and avocado \$12.95

### BOWLS

Includes Coconut Brown Rice

### ✓ BEANS & GREENS

Brown rice, greens, Longevity Lentil, chopped spinach, and Black Bean Protein \$8.50

### ✓ COCONUT BROWN RICE

Brown rice, greens, ginger, and garlic \$7.50

### 🍗 FIESTA

Brown rice, Wild West Turkey Chili, shredded greens, avocado, jalapeño, and cilantro \$8.50

### ✓ GOLDEN BUDDHA

Brown rice, Longevity Lentil, and chopped spinach \$8.50

### ✓ SOUTHWESTERN

Brown rice, Black Bean Protein, shredded greens, avocado, jalapeño, and cilantro \$8.50

### WRAPS

Choice of: Sprouted Grain or Collard Green

### 🍗 CHICKEN CAESAR

Crunchy greens, roasted chicken, and Turmeric Caesar dressing \$11.95

### ✓ EARTH BURGER

Chickpea and beet burger with crunchy greens, pickles and secret sauce \$10.95

### ✓ KALEFORNIA

Kale, quinoa, tomato, hemp seed, red onion and nutritional yeast flakes \$10.95

### ✓ LA BURGER

Black bean and veggie burger with crunchy greens, pickles and secret sauce \$11.95

### ✓ SOUTHWESTERN

Coconut brown rice, Black Bean Protein, crunchy greens, avocado, jalapeño, and cilantro \$10.95

### 🍗 GREEN BURGER

Turkey and spinach burger with crunchy greens, pickles and secret sauce \$13.95

## BURGERS + SIDES

Choice of: Sprouted Grain Bun / Between Romaine Lettuce / Salad Bowl  
Sprouted Grain Wrap **+\$1** / Collard Green Wrap **+\$1**

### ✓ EARTH BURGER

Our famously popular vegan burger made with chickpeas, beets, carrots, ground flax, sunflower seeds, tahini, oats, and spices **\$9.95**

### ✓ LA BURGER

A rainbow of veggies, black beans, brown rice and chipotle spices **\$9.95**

#### FREE TOPPINGS

Lettuce  
Fresh Jalapeño  
Onions  
Pickles  
Secret Sauce  
Tomato

#### AMP IT UP **+\$2.50**

Avocado  
Wild West Turkey Chili

#### SIDES **+\$4**

Baked Rosemary Fries  
Baked Sweet Potato Fries  
Chili Fries  
Cup of Soup  
Kalefornia Salad

### 🍂 GREEN BURGER

All natural turkey packed with antioxidant rich spinach, herbs and spices **\$11.95**

## SMOOTHIES + BOWLS

**\$8.95** Smoothie / **\$9.95** Bowl

### ✓ BLUEBERRY HEMP

Blueberries, spinach, hemp seeds, banana, plant milk, and a touch of maple

### ✓ CHERRY BERRY

Blueberries, cherries, banana, plant milk or water, chia seeds, and a touch of maple

### ✓ CHOCOLATE DREAM

Dark cacao, banana, plant milk, coffee, and a touch of maple

### ✓ CLEAN GREEN

Spinach, banana, flax seeds, plant milk, vanilla, and a touch of maple

### ✓ GREEN ENERGY

Matcha, spirulina, spinach, vanilla, flax, banana, plant milk, and a touch of maple

### ✓ STRAWBERRY BEET

Strawberries, beetroot, banana, plant milk, and a touch of maple

#### AMP IT UP **+\$1.50**

Cacao Powder	Goji Berries	Matcha Green Tea	Xtra Greens
Chia Seeds	Granola	Protein Powder	
Flax Seeds	Hemp Seeds	Spirulina	

## MORNINGS + MORE

### BREAKFAST

#### ✓ LIFE PORRIDGE

A fiber and omega-3 rich breakfast of whole grains, seeds, and cinnamon **\$6**

Add Organic Berries **+\$1.50**

#### ✓ AVOCADO TOAST

Smashed avocado with chia and hemp seeds on sprouted grain bread **\$6.50**

Add a Sliced Egg **+\$1**

#### WEST COAST TOAST

Smashed avocado, eggs, spinach, and jalapeño on sprouted grain bread **\$6.50**

### MAGIC MUFFINS

#### OATBERRY

Coconut and brown rice flour, whole oats, and berries **\$3**

#### VEGGIEMAX

Coconut and brown rice flour, carrots, sweet potato, zucchini, honey, and pumpkin seeds **\$3**

#### ✓ GREEN VEGAN

Coconut and brown rice flour, spinach, banana, and maple syrup **\$3**

### TREATS

#### ✓ DARK CHOCOLATE BROWNIE BITES

Dark cacao, coconut flour, and pumpkin puree **\$5** 4-Pack

## BEVERAGES

### ENHANCED WATERS

#### SKINNY

Filtered water, lemon juice, aloe, stevia, and cayenne **\$4**

#### OXYGEN

Filtered water, chlorophyll, lime juice, and mint **\$4**

#### IMMUNITY

Filtered water, orange juice, carrot juice, and zinc **\$4**

#### KOMBUCHA

See selection **\$6**

### GREEN JUICE

#### DETOX

Fresh-pressed spinach, cucumber, celery, apple, and lemon **\$8**

### TONIC BAR

#### FIRE CIDER (MIND)

Enzyme rich digestive and immunity tonic **\$3** 2oz

#### WHEATGRASS (BODY)

Nutrient, chlorophyll rich tonic promotes good health **\$5** 2oz

#### BEAUTY ELIXIR (SOUL)

Antioxidant rich blend of pomegranate, fresh ginger, and lemon juice **\$3** 2oz

#### TRIPLE SHOT

Mind, Body, and Soul **\$6**

#### DIGEST-AIDE

Herbal tonic of bitters soothes the belly, aides digestion **\$3 / \$10** Bottle

### HOT DRINKS

#### JITTERY JOE'S COFFEE

**\$2.50** 8oz / **\$3.50** 16oz

#### VATTE (VEGAN LATTE)

Coffee with frothed coconut milk **\$5**

#### MATTE (MATCHA LATTE)

Matcha green tea with frothed coconut milk **\$5.50**

#### FIRE CIDER TEA

Hot filtered water, shot of Fire Cider, and raw honey **\$4.50**

#### JAPANESE GREEN TEA

**\$4**

#### HOT CACAO

Hot chocolate made from dark cacao, plant milk, and choice of sweetener **\$5.50**

## WE ARE A DIRTY DOZEN CLEAN CAFE

We believe when you nourish the body you feed the soul. We use organic produce in accordance with the Environmental Working Group's recommendations. We use real, whole food ingredients, that are locally-sourced wherever possible. All food is prepared in a USDA and FDA licensed kitchen by our highly-skilled chefs.