

**MILK CALCIUM**  
SUPPORTS BONES & TEETH  
ADDED VITAMIN D  
SOURCED FROM COW'S MILK



KIDS RANGE

bioisland®



BIO ISLAND KIDS • FOR OVER 4 WEEK OLDS • AUST L 180253

# Milk Calcium

## EACH CAPSULE CONTAINS:

<b>Hydroxyapatite</b>	<b>270 mg</b>
Equiv. to calcium	78 mg
<b>Cholecalciferol (vitamin D)</b>	<b>2.5 µg</b>

**Calcium** has a structural role in the body, with about 99% of calcium being found in the skeleton. Calcium can support the development and maintenance of strong, healthy bones and teeth and to maximize bone growth.

**Vitamin D** has various important roles in the body. It is essential for the absorption and utilisation of calcium and the normal calcification of the skeleton.

**Bio Island Milk Calcium** is suitable for use by young babies from the age of 4 weeks. The dosages are based on the Recommended Dietary Intakes (RDI) and Adequate Intakes (AI) established by the NHMRC (National Health & Medical Research Council).

For children under 4 years, twist or cut the capsule tail and squeeze the contents onto a spoon. The contents can then be administered into the mouth using the spoon. Alternatively, the dosage can be squeezed onto food.

**Caution:** Always read the label and use only as directed.

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**COD LIVER+FISH OIL**  
**CONTAINS DHA + EPA**  
**ADDED VITAMINS A,D & E**  
**NATURALLY SOURCED**



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# Cod Liver+Fish Oil

## EACH CAPSULE CONTAINS:

<b>Cod Liver Oil</b>	<b>275 mg</b>
Equiv. to vitamin A	100 µg
& Cholecalciferol (vitamin D)	0.75 µg
<b>Fish Oil – Natural</b>	<b>120 mg</b>
Equiv. to omega-3 marine triglycerides	36 mg
As eicosapentaenoic acid (EPA)	21.6 mg
& docosahexaenoic acid (DHA)	14.4 mg
<b>D-Alpha Tocopherol (vitamin E)</b>	<b>4.4 mg</b>

- **DHA & EPA** are essential omega-3 fatty acids that can only be obtained through the diet.
- **Vitamin D** is essential for calcium absorption and utilisation.
- **Vitamin A** plays a vital role in immune mechanisms.
- **Vitamin E** is an important antioxidant, assisting in the prevention of free radical damage.

**Bio Island Cod Liver + Fish Oil** is suitable for use by young babies from the age of 4 weeks. The dosages are based on the Recommended Dietary Intakes (RDI) and Adequate Intakes (AI) established by the NHMRC (National Health & Medical Research Council).

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**DHA**  
HELPS BRAIN DEVELOPMENT  
AIDS CARDIOVASCULAR HEALTH  
SUPPORTS EYE DEVELOPMENT



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# DHA

## EACH CAPSULE CONTAINS:

<b>Docosahexaenoic Acid (DHA) enriched oil from microalgae Schizochytrium species</b>	<b>250 mg</b>
Equiv. to DHA	100 mg

- Plays an essential role in the development of the brain, nervous system and vision during infancy.
- Assists in maintenance of cholesterol and triglycerides within normal range of healthy individuals.
- Scientifically formulated to support infant development.

**Bio Island DHA** is suitable for use by young babies from the age of 4 weeks. The dosages are based on the Recommended Dietary Intakes (RDI) and Adequate Intakes (AI) established by the NHMRC (National Health & Medical Research Council).

For children under 4 years, twist or cut the capsule tail and squeeze the contents onto a spoon. The contents can then be administered into the mouth using the spoon. Alternatively, the dosage can be squeezed onto food.

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# ZINC

NATURAL IMMUNE SUPPORT  
AIDS PROTEIN SYNTHESIS  
SUPPORTS HEALTHY BLOOD  
SUGAR BALANCE



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**BIO ISLAND KIDS • FOR OVER 1 YEAR OLDS • AUST L 199123**

# Zinc

## EACH TABLET CONTAINS:

<b>Zinc Gluconate</b>	<b>21 mg</b>
Equiv. to zinc	3 mg

\*Contains glucose.

- Zinc helps to maintain healthy skin, visual function and normal blood sugar levels in healthy children.
- Zinc aids in regulating cell growth and development.
- Zinc supports protein synthesis within the body.
- Zinc assists the body's natural immune system and is an important nutritional antioxidant.

**Bio Island Zinc** is for use by children over 1 year. The dosages are based on the Recommended Dietary Intakes (RDI) and Adequate Intakes (AI) established by the NHMRC (National Health & Medical Research Council).

Tablets to be chewed. Recommended for children who can thoroughly chew and safely swallow without supervision. For children under 3 years, please crumble the tablet before chewing.

**Caution:** Always read the label and use only as directed.

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**BIO ISLAND KANGAROO ESSENCE 6000**  
UNIQUE AUSTRALIAN PRODUCT  
HIGH IN PROTEIN, LOW IN FAT  
THE KANGAROO IS AN ANIMAL  
OF STRENGTH AND VIGOUR



**ADULTS**

  
bioisland®



## BIO ISLAND ADULTS

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# Kangaroo Essence 6000

### NUTRITION INFORMATION

Servings per package: 90 Serving size: 0.88 g

	Quantity per Serving	Quantity per 100 g
Energy	14.28 kJ	1622.8 kJ
Protein	0.55 g	62.07 g
Fat, total	0.05 g	5.26 g
- saturated	0 g	0 g
Carbohydrate	0.19 g	21.94 g
- sugars	0 g	0 g
Sodium	8.34 mg	947.9 mg

### EACH CAPSULE CONTAINS:

<b>Kangaroo powder (68%)</b>	<b>600 mg</b>
- Equiv. to kangaroo meat	6000 mg

- The kangaroo can be characterised by its strength, power and energy.
- Made from nutritive and concentrated kangaroo meat powder.
- Kangaroo meat is high in protein and low in fat.

**Bio Island Kangaroo Essence 6000** contains highly concentrated kangaroo meat powder. Kangaroo is well regarded as an animal of strength and vigour. Kangaroo meat is high in protein and low in fat and has long been used in Australia as nutritive food.

**Caution:** Always read the label and use only as directed.

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# COLLAGEN + GRAPE SEED EXTRACT

RICH SOURCE OF PROTEIN  
AND ANTIOXIDANTS

CONTAINS 24000 MG OF GRAPE  
SEED EXTRACT PER SERVE



ADULTS RANGE

  
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BIO ISLAND ADULT'S

# Collagen + Grape Seed Extract

## NUTRITION INFORMATION

Servings per package: 30 Serving size: 1.5g (2 capsules)

	Quantity per Serving	Quantity per 100g
Energy	22.9kJ	1526.93kJ
Protein	795 mg	53g
Fat, total	27 mg	1.8g
- Saturated Fat	0.75mg	0.05g
Carbohydrate	54 mg	3.6g
- Sugars	0g	0g
Sodium	42mg	2.8 g

## EACH SERVING CONTAINS:

<b>Collagen Powder</b>	<b>1000 mg</b>
<b>Grape Seed Extract</b>	<b>200 mg</b>
- Equiv. to fresh grape seed	24000mg

- Contains the powerful blend of marine collagen and grape seed extract.
- Rich source of antioxidants to help protect and nourish, working from the inside out.
- Each of the capsules rich ingredients adds that extra nourishment into your daily beauty regime.

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