

# ADL Balance Trainer—Product Specifications



**Description:** This exciting, new product uses a functional task to train balance - REACHING. Reaching is a big part of ADLs, and the ADL Balance Trainer helps make it a big part of balance rehab too.

**Target population:** The ADL Balance Trainer is used in pediatric, adult, and geriatric patients with a range of low-level and high-level conditions. Clinical settings include inpatient rehab, outpatient clinics, and skilled nursing facilities.

## Includes:

- Frame: Qty. 1
- Colored platforms (red, yellow, green, blue): 1 each
- Colored cones (red, yellow, green, blue): 3 each
- Colored rings (red, yellow, green, blue): 3 each
- 1 black platform
- 5-inch rods: Qty. 4.
- *ADL Balance Games Booklet*

## Specifications:

- Frame is combination of 1 ½ stainless & powder-coated mild steel. Frame is 6 bolt-together pieces.
- Assembled dimension: width 39 inches, length 46 ½ inches, height 78 ½ inches.
- Platform material is HDPE (high density polyethylene) plastic. Dimensions are 7 x 7 x ½ inches.
- Cones are plastic. Dimensions are 7-inches tall with circumference of 5 ½ inches at top and 8 inches at base.
- Colored rings are plastic. Diameter is 3 ¼ inches.
- Rods are plastic with diameter of ¾ inches and height of 5 inches.