## TECHNICAL BULLETIN



## Tomatoes, Peppers and Eggplant

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## TECH BULLETIN TOMATOES, PEPPERS AND EGGPLANT

## SELECTING THE RIGHT VARIETIES

Many factors enter into the picture when selecting a tomato, pepper or eggplant variety to grow. Length of growing season, local growing conditions and consumer preference must be of primary concern when choosing varieties of any of these species. In the case of tomatoes, you also have choices of fruit type, size and color of fruit, determinate (compact) and indeterminate (large) plant. With peppers your choices include color, shape and size of the fruit and hot or sweet types. When choosing an eggplant variety you have to consider fruit size, shape and color. Varieties may also be selected for disease resistance, maturity and whether they will be used for bedding plants, fresh produce or a pick your own operation.

## GROWING TRANSPLANTS

Tomatoes, peppers and eggplants are all considered warm weather crops and are usually started as a transplant. Sow seed into a growing media that is fine in texture but also porous enough to allow for adequate air exchange and drainage. The pH of the media should be around 6.2-6.5 and it must be sterile to avoid damping-off and other disease problems. Seed will germinate in 1-2 weeks at soil temperatures of $75-80^{\circ} \mathrm{F}$.

Generally, when the first set of true leaves has expanded, it is time to transplant the seedlings from the seedling tray to whatever you have chosen to finish them off in. Handle seedlings by the seed leaf with care when transplanting as injury to the stem is permanent and can be fatal. Smokers should wash their hands well with soap to deactivate any tobacco mosaic on their hands before touching plants at any stage. Take care to minimize root loss. Keep the transplants shaded and moist for a few days to reduce transplant shock. Grow plants on for another 6-8 weeks with air temperatures of $70-75^{\circ} \mathrm{F}$.

Transplants should be hardened off before transplanting to minimizing the shock of being moved from the greenhouse to the field. This can be accomplished by lowering the air temperature to $60-65^{\circ} \mathrm{F}$ for a few days.

## PROBLEMS YOU MAY ENCOUNTER DURING TRANSPLANT CULTURE

| Problem | Possible cause(s) | Suggested remedy |
| :---: | :---: | :---: |
| Plants are off color, appear light green. | Low nutrient level | Apply complete liquid fertilizer. Check total salts. |
|  | High soluble salts | Leach if level is too high |
|  | Waterlogged soil | Raise packs to improve drainage |
|  | Temperature too low | Raise temperature |
| Chlorosis with interveinal yellowing | Root injury | Apply iron but try to cure underlying cause |
|  | Improper media pH | Have media analyzed and make adjustment |
|  | Over or under watering | Correct watering practices |
|  | High soluble salts | Leach the media |
|  | Trace element deficiency | Apply trace elements |
|  | Ammonium toxicity | Raise temperature or use nitrate nitrogen form |


| Problem (cont.) | Possible cause(s) | Suggested remedy |
| :---: | :---: | :---: |
| Uneven growth | Non uniform distribution of fertilizer and or water | Use liquid fertilizers and proper watering practices |
|  | Non uniform moisture levels at transplanting | Pre-wet containers 24 hours before transplanting |
|  | High soluble salts | Leach the media |
|  | Poor grade of seedlings | Select uniform-sized seedlings for each pack |
| Purple leaves | Phosphorus deficiency | Test media prior to transplanting. Add high P fertilizer |
|  | Temperature too low | Check minimum night temperatures in the greenhouse |
| Seedlings fall over | Damping off | Use only sterile media or use a fungicide drench before transplanting. Improve the air circulation |
| Slow growth | Low nutrient level. | Test media and apply appropriate nutrient level |
|  | Temperature too low | Increase temperature especially at night |
|  | Moisture too low | Water more frequently |
| Tall and spindly growth | Too much nitrogen | Test the media. Check calibration of proportioner |
|  | Temperature too high | Lower temperature and improve ventilation |
|  | Excess water | Reduce watering |
|  | Low light intensity | Keep covering clean or replace. May need artificial lighting |

## Transplanting to the field

Transplants may be set in the field 2-3 weeks after your average frost date. When choosing a field to set out transplants, there are some factors of primary concern that you should first consider. The first would be the soil type. Peppers and eggplant prefer well drained sandy loam soils. Tomatoes will do well in both sandy loam and gravelly soils that are well drained. A soil analysis should be done to determine if lime should be added to the soil to adjust the pH to be between 6.0 and 6.8 . The soil test will also help you determine what rate of phosphorus and potassium you will need to be using for each specific crop. Nitrogen recommendations are based on crop needs, and along with phosphorus and potassium, recommendations should be discussed with your Extension Agent and/or chemical supplier. These two valuable sources of information should be consulted for other nutrient needs as well as pesticide recommendations, exposures, residues and crop rotations after pesticide usage.

Fields should be selected according to what type of protection they can offer to prevent wind and frost damage for early plantings. Preferably, the location should have an available water source, as timely irrigations are very important most years. Proper drainage is an important concern should the growing season become a wet one.

Verticillium Wilt is a serious problem with eggplant. Because of this, crop rotation is very important when choosing a location for transplanting eggplant. Try to select a location that has not been planted in tomatoes, peppers, eggplant or strawberries within 5 years, preferably 10. Crop rotation is something that should also be considered for tomatoes and peppers. Planting in locations where tomatoes, peppers and eggplant were not planted the year before decreases the chances of soil borne disease problems.

Plant spacing is another consideration. Recommended plant spacings are: tomatoes -$18-30$ " between plants and 3-6' between rows; peppers - 15-18" between plants and 1836 " between the rows; eggplants $-18-24$ " between the plants and $24-30$ " between the rows. The actual spacing used is dependent upon the plant size and type and also upon individual cultural practices.

Some special considerations that you may want to explore are black plastic mulches and trickle irrigation. The use of black plastic mulch can be very beneficial for: conserving water, reducing nitrogen loss due to leaching, facilitating weed control, warming the soil and keeping most fruit clean by keeping it from contacting the soil.
Black plastic mulch, especially when combined with trickle irrigation, can significantly increase yields. Plastic mulch should only be applied when there is adequate soil moisture, after fertilization and after the field has been prepared for transplanting. For more information on plastic mulches, please see the inside front cover of this bulletin.

## STAKING AND TRELLISING TOMATOES

Staking and trellising tomatoes are very specialized production systems. Advantages include an increase in the number of marketable fruit, ease of harvesting and reduced injury to the plants and fruit during harvesting.

Staked and trellised plants are pruned to remove side shoots. The pruning is done to establish a balance between vine growth and fruit growth. Light pruning results in a plant with a heavy load of small fruit. Moderate pruning results in a plant with fewer fruit but they will be larger and easier to harvest. Pruning can result in earlier maturity of the crown set and improved spray coverage and pest control. Pruning is variety and fertility dependent and can determine the success or failure of the project.

Plants can be staked in one of two ways. The first method is to drive a stake into the ground next to each plant. As the plant grows it is then tied every $6-8$ " to the stake to prevent it from falling over. The second method is to tie the twine to an end stake, pass the twine along one side of the plants and loop it around each stake until you reach the end of the row. The same process is then repeated on the other side of the plants. The string must be tight enough to support the plants but not so tight as to make harvest difficult or scar the fruit. The first stringing should be done when the plants are 12-15" tall and before they fall over. Start the first string at 8-10" above the ground and continue at $6-8$ " intervals to keep the plants from falling over. Determinate varieties may require only 3 to 4 stringings while indeterminate varieties will require more depending on the plant size of the variety being used.

Trellising is a process by which a string is tied to a lightweight wire that is strung parallel to the ground at the base of the plants. The string is spiraled loosely around the plant and tied to a wire that is strung $5-6$ ' above the ground. As the plant grows the string is spiraled around the plant. The wire should be held up by sturdy wooden posts at the end of the rows and supported every $20-30$ ' in the row by metal fence posts.

Staking, trellising, pruning and stringing should only be done when foliage is dry to prevent the spread of bacterial diseases and the same precautions apply to smokers that will be handling the plants.

## GREENHOUSE TOMATO PRODUCTION

An early summer crop of tomatoes seeded in January to mid-February and transplanted to the greenhouse in early to mid-March appears to have the most promise. A fall crop seeded in late June and transplanted to the greenhouse in late August is less productive due to the shorter days.

Plants should be transplanted into soil that has been pasteurized with steam or a chemical fumigant. To avoid problems with soil-borne diseases you could use a trough or bag culture, which typically contains sphagnum peat moss and vermiculite as a base, with fertilizer added. This method may seem more expensive but it can be used for two crops, although lime may need to be added between crops. Space plants 16-18" apart, offset in two rows that are 16 " apart. The space between the double rows should be at least $31 / 2-4$ '.

Greenhouse tomatoes are usually pruned to one stem and are supported by twine that is loosely looped around the base of the plant and secured to a wire that is 6-7' above the bed. The twine is looped around the plant as it grows. The plant should be pruned every $5-7$ days to remove any side shoots.

Since tomatoes are wind pollinated when planted outdoors, you will have to vibrate the flowers to obtain pollination in the greenhouse. Pollination should start when the first flowers open and should be done daily in periods of cool, cloudy weather. A hand held mechanical vibrator with a probe that just touches the flower clusters is the best method. Some growers have developed a system whereby they shake the support wires daily. A backpack air blast blower will provide good pollination after the first two clusters have formed. Caution should be taken when using the latter method as internal combustion engines can cause damage to the plants as well as be harmful to humans. Be sure that there is adequate ventilation of fresh outside air when using this method.

Temperature control is important for obtaining good plant growth, fruit setting and controlling humidity, which in turn reduces the risk of foliage diseases. Maintain daytime temperatures of $70-75^{\circ} \mathrm{F}$ on sunny days and $65-70^{\circ} \mathrm{F}$ on cloudy days. For a good fruit set, nighttime temperatures should be maintained at $62-65^{\circ}$ F. Keep the relative humidity below $90 \%$ if possible by heating and ventilating to minimize problems from leaf mold and other diseases.

The whitefly is the major insect problem in the greenhouse. To control this insect you should follow a strict pest control program. Your local Cooperative Extension or chemical supplier can recommend a good program for you.

If possible, greenhouse fruits should be harvested when pink color becomes obvious or later if your market demands it.

## PHYSIOLOGICAL PROBLEMS AND POSSIBLE CAUSES

| TOMATO PROBLEMS | POSSIBLE CAUSE(S) |
| :---: | :---: |
| Catfacing | Cool weather during fruit set |
|  | Injury from 2,4-D herbicide |
| Graywall | Cloudy, moist, cool weather |
| Internal Browning | High soil moisture |
| Blotchy Ripening | High nitrogen levels in the soil |
|  | Soil compaction |
|  | Low potassium levels in the soil |
| Yellow Shoulders | Poor foliage cover due to non uniform |
| Sunscald | moisture and nutrient levels |
| Sunburn | Poor foliage cover due to variety |
| Blossom End Rot | Root pruning during cultivation |
|  | Low calcium levels in the soil |
|  | Low soil moisture |
| Fruit Cracking | Excess amount of rainfall or irrigation |
|  | Frequent low to moderate rainfall, especially following a period of low soil moisture |
| PEPPER PROBLEMS | POSSIBLE CAUSE(S) |
| Blossom End Rot | Root pruning during cultivation |
|  | Low calcium levels in the soil |
|  | Low soil moisture |
| Sunscald | Poor foliage cover due to variety |
|  | Poor foliage cover due to non uniform moisture and nutrient levels |
|  | Foliage damaged during harvesting |

## HARVESTING, HANDLING AND STORAGE

## TOMATOES

Tomatoes for fresh market are harvested in several picks when the fruit are at the breaker (first pink blush on blossom end) or turning stage (10 to $30 \%$ of the surface showing color). Fruit picked at this stage can still ripen normally. Be careful not to harvest any immature green fruit as they never develop good color or flavor upon ripening or may not ripen at all.

Fresh market tomatoes should be dumped from field containers into large tanks of water to prevent bruising. The temperature of the water should be 5 to $10^{\circ} \mathrm{F}$ higher than the fruit to prevent the movement of bacteria into the stem end of the fruit. Tomatoes are usually washed with a chlorinated water spray immediately after the dumping operation regardless of whether a "wet" or "dry" dumping method is used. Fruit should then be dried with rollers or fans before it is packed.

Tomatoes are susceptible to chilling injury if stored at temperatures below $50^{\circ} \mathrm{F}$ for more than 24 hours. Continued exposures to these temperatures will prevent normal ripening even after temperatures are elevated. Store tomatoes at $55^{\circ} \mathrm{F}$ or above depending on how long they must be stored. The speed of color development will increase up to $75^{\circ} \mathrm{F}$. Temperatures above $80^{\circ} \mathrm{F}$ will inhibit color development. The best eating quality, ripening and color development will take place between 65 and $70^{\circ} \mathrm{F}$.

## PEPPERS

Normal harvest of bell peppers is at the green (immature) stage after the fruit have reached full size and the walls are firm and thickened. Harvest the crop twice a week to achieve maximum yields.

Peppers can be brushed or washed before packing. If peppers are washed, the wash water temperature should be as warm as or slightly warmer than the fruit itself. Cold wash water can create a partial vacuum inside the fruit cavity, which draws some of the wash water (and bacteria) into the fruit. This is an effective mechanism for infecting the fruit with bacteria, which can lead to subsequent breakdown.

Peppers are moderately sensitive to chilling injury. Fruit stored at 45-50 ${ }^{\circ} \mathrm{F}$ and $90-95 \%$ humidity can last from 2-3 weeks.

## EGGPLANT

Eggplant should be harvested when the outside color is a glossy purple and the fruit is firm. In the case of the white-fruited types, they should be harvested before they fully mature and turn yellow. Soft fruit, loss of glossy color and dark colored seeds are signs of over maturity. Fruits should be harvested as they mature to ensure continued fruit set.

Eggplant is highly sensitive to chilling injury. Fruit can be stored up to 1 week at $50^{\circ} \mathrm{F}$ and $90-95 \%$ humidity.


DISCLAIMER
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We try to mention important points in this technical bulletin as a special service to help you bring in a successful crop. Much of this information has been acquired through many years of experience of our employees and associates. However, it is impossible to make recommendations for every possible condition or circumstance that may exist somewhere in the large area served by this technical bulletin and this company. Weather norms and extremes, and soil types are often unique to your location and must be considered in your growing plans and seed purchases. Pressure from many types of plant pests and diseases can render a crop unusable. For these and other reasons we cannot be too specific in this technical bulletin and must recommend that you consult your state's agricultural extension service for suggestions related directly to your locale and conditions. Although we try to address the unusual situations in this technical bulletin, you alone are responsible for the success or failure of your crop.

