

Grits Casserole

2 lbs ground sausage (not links)
3/4 cup Maypo Enriched Hominy Grits
1 teaspoon salt
2 1/4 cups water
2 tablespoons butter or margarine
2 tablespoons flour
1 cup milk
Pinch of ground black pepper
3/4 cup shredded Cheddar cheese
4 eggs

Preheat oven to 325F. In a heavy skillet brown sausage. Drain excess fat; set aside sausage. In a separate pan, boil salt and water; slowly add Maypo grits. Cover and cook five minutes, reducing heat to low and occasionally stir. In another saucepan, melt butter; stir in flour, pepper and milk. Cook until lightly brown, constantly stirring until it thickens. Add cheese, stirring until blended. Add sausage and half of the cheese sauce to cooked Maypo grits. Pour into a lightly greased casserole dish. With back of a large serving spoon, make 4 indentations in grits. Break an egg into each indentation. Bake approximately 15 minutes or until eggs are done. Reheat remaining cheese sauce to serve with grits and eggs.