

# Tackle the Most Common Men's Health Issues



Remember the days when you felt like you could take on the world?

You're not alone!

A lot of men think they're invincible. But as we age, specifically as we cross the 50 years of life, our bodies begin to change.

These changes may be subtle at first. But soon, you might be getting up multiple times a night to hit the bathroom, suffer from an enlarged prostate, and feel the effects of sleep deprivation during the day.

Growing older may also start to impact your cardiovascular health and testosterone levels.

And that's when it hits you: You're not bulletproof after all!

In fact, none of us are.

Xtend-Life strives to improve men's health and therefore developed supplements, such as Total Balance Men's Premium, Male Rejuvenator, Prostate-Support and Omega 3 / QH Premium.

Watch the video from our founder, Warren Matthews, and learn how our supplements can help you connect with your younger self!

[WATCH NOW](#)



## Ingredients to Look for in a Good Men's Supplement

Men's health begins to decline after age 40. But don't fret - a healthy diet and supplements containing the right ingredients, such as Total Balance Men's Premium, can help. Find out what ingredients to look for.

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## Total Balance Men's Premium

Total Balance Men's Premium is a supplement that balances testosterone and prostate health, drives energy, boosts immunity and helps slow down the aging process.

[SHOP NOW](#)



## Male Rejuvenator

Looking to lower urinary urgency and boost testosterone? Male Rejuvenator contains top nutrients, including Epimedium, Damiana, Ginkgo and Tribulus Terrestris, to address prostate issues and low libido.

[SHOP NOW](#)



## Prostate-Support

Too tired to keep running to the bathroom at night? Address those urinary urges and start enjoying sleep again! With ingredients such as Saw Palmetto and Stinging Nettle, improve prostate health now.

[SHOP NOW](#)



## Omega 3 / QH Premium

Omega 3 / QH Premium contains CoQ10 for additional heart support, plus lycopene, which can slow down skin aging and help keep prostate levels in check.

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[Men's Health](#)

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Extremely recommended to everyone. Wow, what a difference this needed supplement makes in improving health. 30 minutes after taking Xtend-Life Total Balance Men's Premium, I can feel my health and energy improve. Whatever the body needs, it will be replenished. Definitely and always recommended for everyone to try this important supplementation.

Eric G, USA



My doctor was amazed. I started taking Male Rejuvenator, and when I was next checked my testosterone level had increased. He asked what I was taking, I told him. Four months later when I was checked again my levels were in the normal range. I brought my bottle of Male Rejuvenator with me and showed it to him and was amazed that this had increased my levels.

Michael, USA



## Missed our last Newsletter?

Our research scientist, Dr. Amanda Wiggins reveals the latest research on omega 3s and their central role in supporting your immune system.

[LEARN MORE](#)



**Revealed!**  
New Immunity  
Benefits of  
Omega 3s



Source:

1) Oncology and Cancer Case Report 2016, Vol.2, Issue 1

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