



SUMMER SAFEGUARDS

The summer season grants us the ability to play volleyball outdoors, but it isn't all fun and games. Bugs, sweat, and strong rays can all work against us and our skin. Here are some ways to combat these necessary summer evils.

NEAT FEAT 3B ACTION CREAM

You know the feeling: it's a few hours into your idyllic day at the beach and the sweat is dripping down your back, chest, and legs. Your skin is rubbing together and you're thinking more about how uncomfortable you are just standing in the hot sun than where you're going to place your next roll shot. Neat Feat's 3B Action Cream promises to halt perspiration in these trouble areas and prevent sweat rash, chafing, and embarrassing sweat stains so you can get your mind back on the game.

\$13.95, neatfeat.com

BRUSH ON BLOCK

Sometimes you just don't want to put on sunscreen, because you're already wearing makeup, or the oily creams irritate your skin and make you break out. Brush On Block is a mineral based sunscreen with titanium dioxide and zinc oxide that is applied easily over or under makeup with a refillable brush. It is water and sweat resistant and promises to retain its SPF 30 protection after 80 minutes of water activity or sweating. There is no dripping in the eyes, and there are no more excuses for not applying your SPF.

\$24.95, brushonblock.com

KISS MY FACE SUN PROTECTION

Sun burn, chapped lips, peeling skin: some people might consider these mere side effects of a fun summer day, but if you're playing in doubles tournaments every weekend or in outdoor leagues throughout the week, you can't afford to bake in the sun unprotected. Kiss My Face has created a new SPF 40 sunscreen lotion with Hydresia, a tiny oil body in the safflower seed that provides supreme hydration for the skin, to prevent sunburn and fight signs of aging. For the lips, KMF provides a sport lip balm with SPF 30 and natural beeswax, coconut oil, vitamin E, shea butter, and scented with lime and spearmint essential oils.

Lotion \$16.99, lip balm \$3.49; kissmyface.com

BUGBAND INSECT REPELLING WRISTBAND

We like to ignore the sad fact that with warmer weather comes those annoying flying pests that buzz about your face, fly into your mouth, nose and eyes, and sting and bite at the most inopportune moments. But bug spray can be so fragrant that *you* are even repelled by you after putting it on. With the BugBand Insect Repelling Wristband, all you have to do is slip the reusable bracelet over your wrist, or belt loop, hat band, and the vapors create a shield around the wearer, keeping bugs away for up to 120 hours of wear, without the sticky, stinky feeling of dosing yourself with spray repellent.

\$14.94 for a 4-pack, bugband.net

— Megan Kaplan

