## **FIND YOUR "A" GAME INSIDE**



## OLF SWING ALIGNMENT GRID

golfinginthebox.com

Patents Pending: 61708390 & 61711395



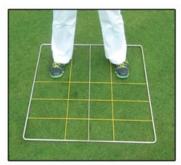
1. Remove The Box from the storage sleeve. Grab any corner piece and allow the other pieces to naturally fall open. Ensure that there are no tangles in the Alignment

2. Connect the four corners together by inserting each side bar into its corresponding corner piece. The Box should now be assembled.

3. To disassemble, simply disconnect each side bar from its corresponding corner then fold together. Slip The Box back into the storage sleeve and store in your golf bag until your next trip to the range.

## Using The Box:

The Box is designed for ease of use regardless of skill level. To get started, set The Box on the ground as shown below.



The Box utilizes a patented configuration of three vertical and three horizontal strings to create a unique "swing grid." The stance side (foot side) of The Box has two larger squares designed for proper foot positioning and alignment. This is where you "Step into The Box."

- Corrects Slice or Hook
- Teaches Proper Alignment to Target
- Promotes Square Clubface at Impact
- Develops Proper Swing Plane
- Teaches Proper Ball Positioning
- All-In-One Design Fits in Your Golf Bag



Assembly:

Strings.

2. With club in hand, look down. The three vertical Stance Strings should be centered between your feet. The three horizontal Alignment Strings should be positioned between your feet and the Aiming Bar.

1. Lay the box on the ground and step into the foot spaces.

3. Assume your natural stance then center your body over the Center Stance String. The two outside vertical Stance Strings should be close to the inside of each foot.

4. Use the horizontal Alignment Strings to help you "square up" your feet, hips and shoulders. You should now have the feeling of being square and centered inside The Box.

5. Place the ball one to two inches from the outside of the Aiming Bar and in the appropriate ball position based upon your club choice, i.e. in alignment with Center Stance String, front or back vertical Alignment Strings (see alignment chart below).

> Step into The Box and Swing Away!



