

Your Personality Profile

Directions -- In each of the following rows of four words across, place an X in front of the one word that most often applies to you. Continue through all forty lines; be sure each number is marked. If you are not sure which word "most applies," ask a spouse or a friend, and think of what your answer would have been when you were a child.

Strengths

1. ___ Adventurous ___ Adaptable ___ Animated ___ Analytical
2. ___ Persistent ___ Playful ___ Persuasive ___ Peaceful
3. ___ Submissive ___ Self-sacrificing ___ Sociable ___ Strong-willed
4. ___ Considerate ___ Controlled ___ Competitive ___ Convincing
5. ___ Refreshing ___ Respectful ___ Reserved ___ Resourceful
6. ___ Satisfied ___ Sensitive ___ Self-reliant ___ Spirited
7. ___ Planner ___ Patient ___ Positive ___ Promoter
8. ___ Sure ___ Spontaneous ___ Scheduled ___ Shy
9. ___ Orderly ___ Obliging ___ Outspoken ___ Optimistic
10. ___ Friendly ___ Faithful ___ Funny ___ Forceful
11. ___ Daring ___ Delightful ___ Diplomatic ___ Detailed
12. ___ Cheerful ___ Consistent ___ Cultured ___ Confident
13. ___ Idealistic ___ Independent ___ Inoffensive ___ Inspiring
14. ___ Demonstrative ___ Decisive ___ Dry humor ___ Deep
15. ___ Mediator ___ Musical ___ Mover ___ Mixes easily
16. ___ Thoughtful ___ Tenacious ___ Talker ___ Tolerant
17. ___ Listener ___ Loyal ___ Leader ___ Lively
18. ___ Contented ___ Chief ___ Chartmaker ___ Cute
19. ___ Perfectionist ___ Pleasant ___ Productive ___ Popular
20. ___ Bouncy ___ Bold ___ Behaved ___ Balanced

Weaknesses

21. ___ Blank ___ Bashful ___ Brassy ___ Bossy
22. ___ Undisciplined ___ Unsympathetic ___ Unenthusiastic ___ Unforgiving
23. ___ Reticent ___ Resentful ___ Resistant ___ Repetitious
24. ___ Fussy ___ Fearful ___ Forgetful ___ Frank
25. ___ Impatient ___ Insecure ___ Indecisive ___ Interrupts
26. ___ Unpopular ___ Uninvolved ___ Unpredictable ___ Unaffectionate
27. ___ Headstrong ___ Haphazard ___ Hard to please ___ Hesitant
28. ___ Plain ___ Pessimistic ___ Proud ___ Permissive
29. ___ Angered easily ___ Aimless ___ Argumentative ___ Alienated
30. ___ Naive ___ Negative attitude ___ Nervy ___ Nonchalant
31. ___ Worrier ___ Withdrawn ___ Workaholic ___ Wants credit
32. ___ Too sensitive ___ Tactless ___ Timid ___ Talkative
33. ___ Doubtful ___ Disorganized ___ Domineering ___ Depressed
34. ___ Inconsistent ___ Introvert ___ Intolerant ___ Indifferent
35. ___ Messy ___ Moody ___ Mumbles ___ Manipulative
36. ___ Slow ___ Stubborn ___ Show-off ___ Skeptical
37. ___ Loner ___ Lord over others ___ Lazy ___ Loud
38. ___ Sluggish ___ Suspicious ___ Short-tempered ___ Scatterbrained
39. ___ Revengeful ___ Restless ___ Reluctant ___ Rash
40. ___ Compromising ___ Critical ___ Crafty ___ Changeable

Personality Scoring Sheet

Now transfer all your X's to the corresponding words on the Personality Scoring Sheet and add up your totals. For example, if you checked Animated on the profile, check it on the scoring sheet. (Note: The words are in a different order on the profile and the scoring sheet.)

Strengths

	Popular Sanguine	Powerful Choleric	Perfect Melancholy	Peaceful Phlegmatic
1.	<input type="checkbox"/> Animated	<input type="checkbox"/> Adventurous	<input type="checkbox"/> Analytical	<input type="checkbox"/> Adaptable
2.	<input type="checkbox"/> Playful	<input type="checkbox"/> Persuasive	<input type="checkbox"/> Persistent	<input type="checkbox"/> Peaceful
3.	<input type="checkbox"/> Sociable	<input type="checkbox"/> Strong-willed	<input type="checkbox"/> Self-sacrificing	<input type="checkbox"/> Submissive
4.	<input type="checkbox"/> Convincing	<input type="checkbox"/> Competitive	<input type="checkbox"/> Considerate	<input type="checkbox"/> Controlled
5.	<input type="checkbox"/> Refreshing	<input type="checkbox"/> Resourceful	<input type="checkbox"/> Respectful	<input type="checkbox"/> Reserved
6.	<input type="checkbox"/> Spirited	<input type="checkbox"/> Self-reliant	<input type="checkbox"/> Sensitive	<input type="checkbox"/> Satisfied
7.	<input type="checkbox"/> Promoter	<input type="checkbox"/> Positive	<input type="checkbox"/> Planner	<input type="checkbox"/> Patient
8.	<input type="checkbox"/> Spontaneous	<input type="checkbox"/> Sure	<input type="checkbox"/> Scheduled	<input type="checkbox"/> Shy
9.	<input type="checkbox"/> Optimistic	<input type="checkbox"/> Outspoken	<input type="checkbox"/> Orderly	<input type="checkbox"/> Obliging
10.	<input type="checkbox"/> Funny	<input type="checkbox"/> Forceful	<input type="checkbox"/> Faithful	<input type="checkbox"/> Friendly
11.	<input type="checkbox"/> Delightful	<input type="checkbox"/> Daring	<input type="checkbox"/> Detailed	<input type="checkbox"/> Diplomatic
12.	<input type="checkbox"/> Cheerful	<input type="checkbox"/> Confident	<input type="checkbox"/> Cultured	<input type="checkbox"/> Consistent
13.	<input type="checkbox"/> Inspiring	<input type="checkbox"/> Independent	<input type="checkbox"/> Idealistic	<input type="checkbox"/> Inoffensive
14.	<input type="checkbox"/> Demonstrative	<input type="checkbox"/> Decisive	<input type="checkbox"/> Deep	<input type="checkbox"/> Dry humor
15.	<input type="checkbox"/> Mixes easily	<input type="checkbox"/> Mover	<input type="checkbox"/> Musical	<input type="checkbox"/> Mediator
16.	<input type="checkbox"/> Talker	<input type="checkbox"/> Tenacious	<input type="checkbox"/> Thoughtful	<input type="checkbox"/> Tolerant
17.	<input type="checkbox"/> Lively	<input type="checkbox"/> Leader	<input type="checkbox"/> Loyal	<input type="checkbox"/> Listener
18.	<input type="checkbox"/> Cute	<input type="checkbox"/> Chief	<input type="checkbox"/> Chartmaker	<input type="checkbox"/> Contented
19.	<input type="checkbox"/> Popular	<input type="checkbox"/> Productive	<input type="checkbox"/> Perfectionist	<input type="checkbox"/> Pleasant
20.	<input type="checkbox"/> Bouncy	<input type="checkbox"/> Bold	<input type="checkbox"/> Behaved	<input type="checkbox"/> Balanced

Totals - Strengths

Weaknesses

- | | | | |
|------------------------|----------------------|-----------------------|--------------------|
| 21. ___ Brassy | ___ Bossy | ___ Bashful | ___ Blank |
| 22. ___ Undisciplined | ___ Unsympathetic | ___ Unforgiving | ___ Unenthusiastic |
| 23. ___ Repetitious | ___ Resistant | ___ Resentful | ___ Reticent |
| 24. ___ Forgetful | ___ Frank | ___ Fussy | ___ Fearful |
| 25. ___ Interrupts | ___ Impatient | ___ Insecure | ___ Indecisive |
| 26. ___ Unpredictable | ___ Unaffectionate | ___ Unpopular | ___ Uninvolved |
| 27. ___ Haphazard | ___ Headstrong | ___ Hard to please | ___ Hesitant |
| 28. ___ Permissive | ___ Proud | ___ Pessimistic | ___ Plain |
| 29. ___ Angered easily | ___ Argumentative | ___ Alienated | ___ Aimless |
| 30. ___ Naive | ___ Nervy | ___ Negative attitude | ___ Nonchalant |
| 31. ___ Wants credit | ___ Workaholic | ___ Withdrawn | ___ Worrier |
| 32. ___ Talkative | ___ Tactless | ___ Too sensitive | ___ Timid |
| 33. ___ Disorganized | ___ Domineering | ___ Depressed | ___ Doubtful |
| 34. ___ Inconsistent | ___ Intolerant | ___ Introvert | ___ Indifferent |
| 35. ___ Messy | ___ Manipulative | ___ Moody | ___ Mumbles |
| 36. ___ Show-off | ___ Stubborn | ___ Skeptical | ___ Slow |
| 37. ___ Loud | ___ Lord over others | ___ Loner | ___ Lazy |
| 38. ___ Scatterbrained | ___ Short-tempered | ___ Suspicious | ___ Sluggish |
| 39. ___ Restless | ___ Rash | ___ Revengeful | ___ Reluctant |
| 40. ___ Changeable | ___ Crafty | ___ Critical | ___ Compromising |

Totals - Weaknesses

Combined Totals
