

NIKE+FUELBAND SIZING CHART

STEP 1: FIND YOUR SIZE

Use the information below to help determine your size. Each Nike+ FuelBand comes with two easy-to-insert links to make it larger, so choose the smaller of two sizes when in doubt.



SMALL

Recommended for most women.



MEDIUM/LARGE

Recommended for most men.



X-LARGE

Recommended for people with very large wrists.

STEP 2: CONFIRM YOUR SIZE

Refer to the chart below to confirm your size.

MEN'S SIZE CHART (IN/LB)

SIZE	HEIGHT (IN)	WEIGHT (LB)
SMALL	4'10"–6'3"	90–130
MEDIUM/LARGE	5'1"–6'5"	130–250
X-LARGE	5'11" or taller	250–290

WOMEN'S SIZE CHART (IN/LB)

SIZE	HEIGHT (IN)	WEIGHT (LB)
SMALL	4'10"–6'2"	90–180
MEDIUM/LARGE	5'–6'4"	180–270
X-LARGE	6'2" or taller	270–290