
Superfood Elixirs 12oz

Lemon Ginger Tea* \$5

cold-pressed lemon & ginger, honey

Mushroom Coffee Latte \$8.5

Om Mushroom coffee, maple, oat milk

Matcha Latte \$9

ceremonial matcha, coconut butter, maple, Alchemy vanilla nut mylk

Maca Hot Chocolate* \$8.75

cacao, maca, coconut butter, maple, Alchemy vanilla nut mylk

Chai Tea Latte \$8.5

black tea, cinnamon, cardamom, ginger, nutmeg, clove,
black pepper, coconut butter, maple, Alchemy vanilla nut mylk

Turmeric Latte* \$8.5

Curcuma turmeric blend: ginger, vanilla, cinnamon, maple,
Alchemy vanilla nut mylk

Cosmic Peppermint Latte* \$9

10 mushroom adaptogenic blend, coconut butter, maple,
peppermint oil, blue spirulina, Alchemy vanilla nut mylk

*caffeine free

Add-ins

Coconut butter \$1.5

Sweetener: Maple, honey, monk fruit, stevia \$1.50

Chaga mushroom boost \$1

Reishi mushroom boost \$1

Alchemy vanilla nut mylk \$2

100% ORGANIC INGREDIENTS

Functional Foods

Hummus + Veggies \$12
+ plantain chips

Gluten-Free Avocado Toast \$13
locally made gluten-free sourdough bread

Bowls

Abundant Acai \$14.25
base: acai, banana, strawberries, blueberries, apple juice
toppings: Blueberries, strawberries, hemp seeds, honey, coconut & granola

Acai Almond Butter Cup \$16.5
base: acai, almond butter, dates, banana, homemade almond milk
toppings: banana, cacao nibs, almond butter, honey, coconut & granola

Vitality Greens \$16.5
base: kale, spinach, spirulina, banana, pineapple, cold-pressed apple juice
toppings: goji berry, strawberries, hemp seeds, honey, banana, & granola

The Alchemist \$20
base: raw coconut meat, pineapple, mango, banana, blue spirulina, collagen, chaga mushroom, lions mane mushroom, cold-pressed apple juice
toppings: strawberries, banana, blueberries, hemp seeds, honey & granola

Protein Add-ins

Organic Veggie + Superfood Protein (plant-based) \$3

Grass-fed Collagen \$3

Pure Paleo Vanilla Protein \$3

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Smoothies 16oz

The Gardener

coconut water, spinach, kale, green apple,
cucumber, banana, chia seeds

\$14.25

Green Glow

coconut milk, spinach, pineapple, banana,
mango, alkaline water

\$14.50

Blue Paradise

coconut meat, coconut water, coconut milk, pineapple,
dates, blue spirulina, hemp seeds

\$15.00

Heaven On Earth

almond milk, cacao, dates, almond butter, banana,
coconut oil, peppermint, cinnamon

\$12.50

The Antioxidant

almond milk, strawberries, blueberries, goji berries,
kale, moringa

\$12.50

Coffee - certified organic, fair trade

Espresso

\$4

Americano

\$4

Cappuccino

\$7.5

Drip Coffee

\$3.5

Latte

\$8.5

Tea

\$4

Feel Good, Jasmine, English Breakfast

Milk options: Alchemy vanilla nut milk, oat milk, coconut milk

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