

CeraLyte®

Rice-based Oral Rehydration (ORS)

Date: _____

Patient Name: _____

Health Professional Name: _____

Signature: _____

Telephone: _____



Refrigerate CeraLyte or any ORS after mixing, stir well before each use and discard after 1 to 2 days. CeraLyte is to replace fluid losses during diarrhea and vomiting. It is not needed after diarrhea stops. Call your physician if there is a high fever, weakness, blood in the stool, no urine or very dark urine, or if diarrhea continues more than 3 days.

Directions for ORS (check one):

- MILD:** Diarrhea and/or vomiting or mild dehydration (often used to prevent dehydration, or for recovery phase):
CeraLyte-50 10 gram packets for mild to moderate dehydration/low to medium diarrhea output or vomiting. Prepare one 10g packet of CeraLyte-50 ORS according to directions, making 200mL (7oz.) and drink or sip after every loose stool or _____ times a day.

- MODERATE:** Diarrhea and/or vomiting/or moderate dehydration (suitable for most diarrhea, including infectious diarrhea):
CeraLyte-70 50 gram packets (or ready to drink) to make 1 liter for moderate diarrhea/vomiting. Mix 1 packet according to directions into 1 liter (4 1/4 cups), then take 6 to 8 oz. (200 to 250mL) after every loose stool or _____ times a day, until diarrhea stops. Note: 5 of the 10g packets make 1 liter of 4 1/4 cups.

- SEVERE:** Watery or high output diarrhea (typically cholera, or short-gut):
CeraLyte-90 50 gram packets to make 1 liter for severe diarrhea. Mix while pouring powder into 1/4 cup hot water until syrupy, then add 4 cups water. Drink 1 cup _____ times a day or after every loose stool.

Dual-action rice-based CeraLyte® Oral Hydration benefits:

- ▶ **Gluten-free:** fat-free, lactose-free, Salicylate-free
- ▶ **Low Osmolarity:** means fast, sustained action to help speed recovery
- ▶ **Dual Action:** hydrates while reducing diarrhea
- ▶ **All Ages:** effective and safe for infants to the elderly
- ▶ **Diarrhea:** ideal for chronic or recurrent diarrhea associated with Crohn's disease, irritable bowel syndrome, short-gut as well as infectious diarrhea
- ▶ **Calories:** 160 per liter

If your pharmacy, health food store, or grocery store does not carry Cera products but would do so upon request, you'll need to provide them with the Cera product # and Cera Vendor # of their wholesaler (see below).

CERA PRODUCTS				AMERISOURCE	CARDINAL	DMS	MCKESSON	OWENS & MINOR
NDC/UPC ITEM#	PRODUCT DESCRIPTION/FLAVOR AND SIZE		NSN#	Vendor #74753	Vendor #02623	Vendor #340	Vendor #08580	Cera Vendor #2620
00851-0001-30	CeraLyte 50-Plum Mango	Packets 10 gram	6505-01-421-9338	479-648	CALL		CALL	262051000130
00851-0000-90	CeraLyte 50-MixedBerry		6505-01-491-7131	479-434	C08510009		1499946	262051000090
00851-0001-20	CeraLyte 70- Lemon	Ready-to-Mix (makes 7 oz.)		481-198	C085100012		1955814	262051000120
00851-0001-00	CeraLyte 70-Natural			481-301	C085100010		1955517	262051000100
00851-0000-50	CeraLyte 70- Lemon	Packets 50 gram	6505-01-420-9275	480-448	C08510005	288910	1494749	262051000050
00851-0000-10	CeraLyte 70-Natural		6505-01-420-9262	476-836	C08510001		1466697	262051000010
00851-0000-60	CeraLyte 90-Lemon	Ready-to-Mix (makes 1 liter)	6505-01-420-9270	479-365	C08510006	288920	1497007	262051000060
00851-0000-20	CeraLyte 90-Natural		6505-01-420-9272	479-194	C08510002	288890	1488998	262051000020
00851-0000-30	CeraLyte 70-Chicken		6505-01-420-9266	480-025	C08510003		1491844	262051000030
00851-5003-14	CeraLyte 70-Citrus	1 Liter Tetra Box READY-TO-DRINK	6505-10-564-0514					262051500314

For questions or if you have difficulty in getting CeraLyte, contact us at 843.842.2600 or order from CeraStore at our website: www.ceraproductsinc.com for delivery to your home or office.

