STLMoms: Healthy Winter Gifts

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St. Louis, MO (KTVI-FOX2Now.com) —

Just a week ago many were unwrapping gifts under the tree, but did you get or give anything to keep your family safe and healthy this winter? We have some unique ideas to do just that.

A the magic sleep suit. It helps older infants sleep better and longer. Micro fleece outer layer helps muffle the startle movements that often wake older infants and disrupt their sleep. Also helps eliminate the need for blankets or loose bedding. The magic sleep suit was created by a mother of four who is a pediatric physical therapist and knows first-hand the importance of good sleep for babies and their parents. \$39.95

If you are a traveler you may want to check out the Airtamer, it lets travelers breathe cleaner, healthier air. you wear it around your neck, simply clip it to a shirt or blouse while awake and place it on a nightstand at night. It doesn't require filters and can run for 20 days continuously on a coin cell battery. It comes with a metal traveling case. \$59.95

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Also great for travel or just everyday use the Hotty Hoody. It protects your hair styling tools making them easier to take with you. Covers curling irons and other similar devices so you can use em and go without worrying about burns of fire. For More Information call 877-446-8894 \$24.95 in a variety of colors.

If you have travel plan in the new year or simply want to beef up security at your home is the first fully portable, wireless, home security system. Takes only minutes to set up and includes motion sensors, a panic button, a door/window opening sensor, and an alarm key fob. Costs \$199 and then \$15 per month for 24/7 monitoring from the Simplisafe Center which calls police if the alarm is triggered. You do not need a land line to get monitoring. just set up the system, activate the service, and in minutes you're protected. for \$199

The first toothbrush that utilizes Nano-Silver Technology to eliminate germs on the mouth, teeth and gums as well as keep the toothbrush itself free from germs. There are more than 100 million microorganisms (not to mention countless more inside people's mouths), contributing to illness and tooth and gum disease. \$3.99 each, for more information call www.mouthwatchers.net