RxPERFECT

Perfect Dose. Perfect Health.
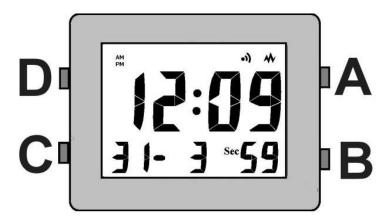
HÄGER
User Guide

BENEFITS
Welcome to your brand new HÄGER prescription and vitamin reminder. HÄGER offers an up to 8 daily vibration or auditory notification system designed for patients wanting an on-the-wrist solution. A strong vibrating alert system allows you or a loved one to be reminded discreetly while at work, in meetings, or in public situations. Traditional auditory notification functionality can also be triggered. The back-lit display with large digits coupled with long alarm duration makes this a great way to live a longer healthier life by never forgetting to take prescriptions, supplements, and vitamins again.

FEATURES
Up to 8 daily auditory alarms
Alarm repeats twice is dose is not taken
Back-lit display
Large digits

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CLOCK - Setting the Clock and Date
NOTE: If the watch is new and display is blank the watch is in power saving mode. To get back to powered mode PRESS all 4 side buttons simultaneously. If the watch is new and this does not turn the watch on take your watch to a jeweler and have them perform a reset by following the instructions in the 'Reset' section below. This is usually a free service. If the watch is old and the display is dim or blank a new battery is needed. Take your watch to a jeweler and have them follow the instructions in the 'Battery' section below.

TO SET:
1. Press & hold button D (Set) for 3 seconds to enter Setting Mode. The Hours will start to flash.
2. Press A (+) until the correct Hour is reached. Please note the AM/PM indicator in the top left hand corner. To go backwards Press B (-).
3. Press D.
4. Press A until the correct Minute is reached.
5. Press D.
6. Press A until the correct Year is reached.
7. Press D.
8. Press A until the correct Month is reached (1: January, 2: February … 12: December).
9. Press D.
10. Press A until the correct Day of the Month is reached.
11. Press D to leave Setting Mode.
12. Press and hold A button to toggle between AM/PM (12 Hour) or 24 Hour Mode.

ALARM TIME(S) - Setting the Alarm Time(s):
1. While you see the normal time Press button C (ALARM) to go to the alarm you want to set.
2. Press & hold button D (Set) for 3 seconds to enter Setting Mode. The hours will start to flash.

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3. Press A until the correct Hour is reached. To go backwards Press B (-). *If using 12 Hour Mode for the time please note the AM/PM indicator above in the top left hand corner.*
4. Press D.
5. Press A until the correct Minute is reached.
6. Press D to leave Setting Mode.
7. Press A to select Alarm Mode for each alarm. Possible settings are:
      - Auditory Alarm On
      - Vibrating Alarm On
      - Auditory and Vibrating Alarm On
      - Alarm OFF (no symbol shown)
8. To Exit or Proceed to your next alarm - Press C (ALARM).

Reminder Time – How to use

ALARM BEEP - What to do when the ALARM goes OFF:
1. ALARM will beep continuously for 20 seconds. If no action is taken the alarm will repeat two (2) more times with 40 seconds of silence between each alarm.
2. TAKE your MEDICATION(S).
3. Press any button to turn off alarm. (Only do this after you have taken your medications.)

Other

BATTERY – How to Replace the Batteries:
1. Unscrew the watch bottom cover and open it.
2. Unscrew the battery holder and remove the bracket by sliding it to the right.
3. Replace the battery with a new 3 Volt Lithium Button Cell (CR2032) with the positive (+) side facing up.
4. Replace the battery bracket and screw the battery holder back on.
5. Reset the watch by using a metal tool to link the two metal rectangular reset contacts.
6. Check the watch display to make sure it is working. If not repeat step 5.
7. Screw bottom cover back on making sure it is aligned with the words on the bottom cover facing up.
8. Perform the Test Mode function by holding in B button until the vibrator and beeper are turned on.
Note: Battery life is estimated to be 4 to 6 months depending on the number of alarms and duration of each alarm before dose is taken.

RESET – How to reset:
1. Unscrew the watch bottom cover and open it.
2. Reset the watch by using a metal tool to link the two metal rectangular reset contacts.
3. Check the watch display to make sure it is working. If not repeat step 5.

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4. Screw bottom cover back on making sure it is aligned with the words on the bottom cover facing up.

5. Perform the Test Mode function by holding in B button until the vibrator and beeper are turned on.

6. Follow the 'Set-Up' section to reprogram.

BACKLIGHT – Turning on the backlight

1. To turn on the backlight press B.

END