

Peppermint Twist Cowl

Designed by Jami Brynildson

This over-sized cowl is worked flat in a chunky ribbing and then given a moebius twist before seaming. Tacking the fabric into a "Z" at the seam reduces bulk and provides a flattering shape when worn.



Materials:

2 skeins **Cascade Lana Grande** (100gm/87yds each)

1 skein **Cascade Alpaca Lace** (50gm/437 yds)

US size #17 needle

Locking stitch markers, darning needle

Gauge: 2 sts = 1" in stockinette stitch

Size: One size fits most adults and teens.
Can be made larger by adding sts in multiples of 4.

Directions:

Holding one strand of each yarn together, cast on 72 sts very loosely.

[K2, P2] repeat to end.

Repeat this row until work measures 14-15" from cast-on edge.

Bind off all sts very loosely in pattern.

Wet block and lay flat to dry, sizing to approximately 14-15" tall and 36" long.

Make-up as follows:

Lay knit fabric out lengthwise. Give it a half twist in the center and then join short ends together with markers. Because of the twist, you will have K2 rib meeting K2 rib. Use mattress stitch to join, working invisible seam so it appears as a K2 rib on the RS and the unattractive visible seam goes to WS for 6". Then turn work over and continue working the invisible seam on the WS so it appears as a P2 rib and the visible seam goes to the RS for 8". (When you are finished, the RS will look like a neat strip of K2 rib for 6", then an unattractive seam for 8". The WS will look like a seam for 6", then neat P2 rib for 8".) Fold the knitted edges one to the inside and one to the outside (like a "Z" shape) with the visible seams hidden in the center of each fold. You will see the pretty K2 rib on the outside of one fold and the pretty P2 rib showing at the other. Use a darning needle to tack edges to center, about 1" down from each edge.

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