

pepper  fit  
100% ACTIVE

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To fulfill the correct requirement/s for your treatment today your practitioner has used **pepperfit rescue/boost/relax/zest**

**After care recommendations:**

Continue the therapeutic benefits of your treatment at home, with **pepperfit rescue/boost/relax/zest**

body & massage oil	body lotion
bath & shower oil	wash
muscle gel	Instant
multi balm	

(tick appropriate recommendations)

Additional after care recommendations/comments:

**Next appointment date/time:**.....

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