

3 STEP Defrost Instructions

Bluefin TUNA

O-Toro: most highly prized fatty tuna
Chu-Toro: the next level to O-Toro



SUPERFROZEN

Superfrozen tuna is very white in appearance.



READY TO EAT

1



Rinse

Under COLD running water, rub the surface, to remove tuna dust from cutting. A clean surface ensures an even defrost.

2



Wrap

Pat dry to remove surface water. DO NOT rub. Ice forming can cause color changes.

3



Refrigerate

Wrap with paper towel. For large amounts, line a hotel pan with paper towels, place pieces in pan ensuring they do not touch, cover with towel. Store in Cooler for 6 - 10 hours. Ideal timing: defrost the night before.

SHELF LIFE

2-3 days from defrost. Rigor mortis may cause some shrink or shape change. This is normal and proof of the freshness of the fish.

DO NOT wrap in plastic film during defrost. It prevents color coming up.