

Hormone replacement therapy with pellet implants is the most effective and the most bio-identical method to deliver hormones in both men and women.

Testosterone levels begin to decline in men beginning in their early 30's. Most men maintain adequate levels of testosterone into their mid 40's with some into their late 60's. It is never too late to benefit from hormone therapy. In addition, as men age and their testosterone level declines, estrogen levels may increase.

The hormone Testosterone contributes to:

- muscle mass strength and endurance decreased fat
- increased exercise tolerance sense of well-being
- protects from cardiovascular disease reduces blood sugar
- improved lean muscle mass increased bone density
- decrease in cholesterol psychological health
- improved skin tone
 improved healing capacity
- enhances the quality of life for both men and women
- increased libido and sexual performance
- · decreases the diseases of aging



Estrogen is believed to be protective against heart disease, stroke, osteoporosis, Alzheimer's disease, and memory disorders. It also protects against vaginal atrophy, urinary incontinence, and prevents symptoms of menopause, including hot flashes and poor temperature regulation (e.g. "hot Flashes"). However, the vast majority of women treated need only testosterone pellets (see above) as their body, like men's, makes all the intracellular estrogen it needs from testosterone, thus avoiding the serious problems that can occur with high circulating estrogen levels in the blood.

In studies, when compared to conventional hormone replacement therapy, pellets have been shown to be superior for relief of:

- menopausal symptoms maintenance of bone density
- restoration of sleep patterns improvement in sex drive
- libido sexual response and performance
- Testosterone pellet implants in women have been shown to prevent breast cancer

Revitapel Pellets are made up of testosterone and small amounts of an inert ingredient called stearic acid. Small amounts of anastrozole are also available as an estrogen blocker. The hormones are pressed or fused into very small solid cylinders. These pellets are slightly larger than a grain of rice and smaller than a 'Tic Tac'. In the United States, the majority of pellets are made by compounding pharmacists and delivered in sterile glass vials.

Partell Specialty Pharmacy is a USP-certified compounding pharmacy and a member of The Professional Compounding Centers of America. PCCA pharmacists are fellowship-trained in anti-aging medicine by the American Academy of Anti-Aging Medicine. A4M.











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