

FIG. 1



FIG. 3



FIG. 5



FIG. 7



FIG. 9



FIG. 11



FITTING INSTRUCTIONS

STEP 1- First pre-fit the veneer teeth to match the curve of your arch by placing the veneers in hot water to soften the material (*figs. 1 & 2*).

Step 2- After the veneers have become soft and flexible (2 minutes), take them out of the hot water and fit them over the front of your teeth.

Step 3- After softening the fitting pellets in 120 degree hot water (*fig. 3*), use 3/4 of the pellets for the upper and 1/4 for the lower. Form a piece into two snakes long enough to span the width of each veneer about 1/4 inch thick (*fig. 4*).

Step 4- Place the fitting material onto the back of the veneer teeth behind where the teeth are (*fig. 5*). Make sure both the fitting plastic and the shell teeth are dry. Push some of the fitting plastic into the two small holes on each side of the appliance (*fig. 6*).

Step 5- Place the veneer onto your teeth in an upward motion (*fig. 7*). Use a downward motion for lowers. Push any excess fitting material onto the back of your teeth with your fingers and tongue (*fig. 8*).

Step 6- Hold in place for one minute (*fig. 9*). Then gently pry the appliance loose and re-seat to break any undercuts. After another minute, remove the veneer and let it cool (*fig. 10*). **DO NOT LEAVE THE APPLIANCE IN THE MOUTH UNTIL COOL.**

Step 7- To trim, you can use small scissors, nail clippers (*fig. 11*) or an exacto blade (*be careful- fig. 12*). For unhindered speech, trim away any fitting material behind your front teeth. The appliance is designed to snap on over the front of your teeth and you usually won't need any fitting material behind your teeth where it may affect your speech.

To clean: Use a mild soap and a soft brush or rag with warm water. **DO NOT USE TOOTHPASTE.**

For tips on fitting and general usage, go to www.dentaldistortions.com

FIG. 2



FIG. 4



FIG. 6



FIG. 8



FIG. 10



FIG. 12

