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As much as we may wish to tell ourselves that such things don't exist, there are times when we may be faced with the undeniable reality that someone is working against us; either through thought or deed, sending negative energies our way that affect us adversely. Often we have done all the "right" things; we have cleansed and purified ourselves and our environment... we have erected wards and barriers... we try to "stay positive" and surround ourselves in white light. But still we are bombarded by their negative influences. We don't wish to descend to their level, but we need to find peace and protection. What is to be done?

The answer may be a "Reversing Spell", a traditional magical approach for dealing with someone who is intent on causing harm. It works by "reversing the curse", by sending back the negative thoughts and energies to the sender so that they have to deal with it on their own, giving you a reprieve from their energetic and psychic attacks, granting you an opportunity to relax, take a breath, cleanse, and erect stronger protections so that next time they won't catch you unaware.

Items needed:

A Reversing Candle (traditionally this is both black and red)
Reversing Oil
A carving implement (a porcupine quill or coffin nail is traditional, but a toothpick will do)
Some sea salt
A piece of parchment paper
A black pen
A red pen
A small mirror

Begin by performing a cleansing, smudging, or Uncrossing. If the Reversing Candle that you are using is the glass encased kind, then proceed to the next step. Otherwise, cut off the tip with a knife and then carve a new tip on the bottom of the candle.

Create a Petition Paper by writing the person's name backwards in the center in black ink. With red ink write your name in a circle around theirs, repeating as many times as necessary in order to completely surround their name. In the four corners draw arrows that are "bent" in the shape of a "U" where one end terminates in the arrow. Dress it with the Reversing oil and fold away from you.

Carve the name of the person who is sending you harm on the candle in "mirror writing"; that is to say backwards so that if held up to a mirror it would appear correct. (If a using a glass-encased candle, write their name on the glass with a black marker.) Dress the candle with the Reversing oil. Think about how all the negative energy that has been sent to you is now being reflected back to its source.

Place the mirror on your altar face up and put the paper underneath. Put the candle on top and draw a circle around them with the salt. Light the candle and say:

*"Darkness sent upon my way
From <name of person> now reflected back.
As this candle burns so turns night to day
Upturned by red, and reversed by black."*

Allow the candle to burn all the way down. When it is complete, perform a cleansing and then a protection rite. It is done.



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