



Home Blessing/Purification

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Many different cultures and spiritual traditions have methods for purifying and blessing one's home. What follows are two rites geared toward the same goal, drawing from both Native American and African traditions. The full or dark moon is a traditional time to perform this, as is when first moving into a new dwelling, but can be performed anytime we feel that negativity has been building or if we are experiencing negative psychic phenomena.

Items needed:

- A white candle
- A sage bundle, or another appropriate dried herb or resin for smudging (*such as copal, frankincense, dragon's blood, etc.*)
- A smudging shell or dish

Make sure that as you perform this rite that you have at least one window open, both for ventilation, but also as an exit for negative spirits/energies.

Begin at the front door. Light the white candle and pray for the white light of the Universe to permeate all that this light touches. Light the sage bundle (or other burning herbs) from the candle. Allow the smoke to waft over you as you walk counter-clockwise around your home, carrying both the candle and the sage. Be very aware of the energy in each room as you walk through; imaging the white light beaming through the smoke and into every corner of your home. Silently or out loud pray for your home to be cleared of any negative entities or energies. End at your front door and make a prayer of thanks.

Optionally, you may wish to draw a symbol (such as a cross, pentacle, or an "X") with the burning herbs over each door and window as an added protection.

If smoke is an undesirable element then we can employ other methods for cleansing.

Items needed:

- A white candle
- Some sea salt
- Some Florida Water
- A glass, or small bowl

Again, begin at the front door. Light the white candle and pray for the white light of the Universe to permeate all that this light touches. Pour the Florida Water into a glass or bowl and add a few pinches of sea salt. (Alternatively, you may wish to pour this mixture into a small spray bottle). Hold it so that the candlelight shines through. Pray that this scented water becomes an agent for purification and healing on all levels. Walk through your home counter-clockwise and sprinkle (or spray) the Florida Water in the air around you, visualizing all negative influences melting away and being banished. Make sure to be aware of every corner as you meditate on the pure light of spirit entering your home, cleansing and protecting it. End at the front door and make a prayer of thanks.



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