



A Candle Snuffing/Re-Lighting Spell

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It is a matter of tradition that most spells involving candles ask that one allows it to burn down completely once lit. While this is usually the best when it comes to magic, we must also ensure proper safety as it is quite rare in modern society that we are able to attend a candle for its entire duration. If one cannot find a suitable area of safety in which to burn the candles then one must inevitably snuff them out in between sittings which can have its own issues. What follows is a simple rite that you may use in order to “contain” the energies within a candle that is to be extinguished and re-lit, so as to maintain the magical continuity of the spell without subjecting yourself to the dangers of an unattended candle flame.

When you are ready to extinguish your candle place your palms face down over the flame so that you are able to feel the heat without burning yourself. Meditate for a moment on the purpose for which the candle is burning. Still holding one palm above the flame, use the other hand to “knock” three times on the back of your hand, imagining the energies becoming contained within the candle as you say:

*The sun that sets into the dark
illuminates still beneath the earth.
As this flame does slumber
So the dream remains alive.*

Extinguish the candle by snuffing it (do NOT blow it out!) and take a moment to breathe in silence, imagining the energies contained within. You may now attend to your other duties without having to worry about a candle burning while you are away.

When you wish to relight the candle, again hold your hand over the candle and knock the back of your hand three times, imagining the energies “waking up” as you say:

*Dawn has broken
a new day begun.
Shining now upon me,
The warm and golden sun!*

You may wish to take a moment to make specific prayers regarding your magical goal at this time. Now you may continue this process until the candle is completed.