

# SPAGHETTI

Net Wt. 16 oz.

## Nutrition Facts

Serving Size: (56g/1.98 oz)

Servings Per Container: About 8

### Amount Per Serving

**Calories 200**      **Calories from Fat 10**

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**% Daily Value\***

**Total Fat 1g** **2%**

**Saturated Fat 0g** **0%**

**Trans Fat 0g**

**Cholesterol 0mg** **0%**

**Sodium 0mg** **0%**

**Total Carbohydrate 41g** **14%**

**Dietary Fiber 2g** **8%**

**Sugar 1g**

**Protein 7g**

**Vitamin A 0%**      **Vitamin C 0%**

**Calcium 0%**      **Iron 10%**

**Thiamin 35%**      **Niacin 20%**

**Riboflavin 15%**      **Folate 30%**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

|                    | Calories  | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total fat          | less than | 65g     | 80g     |
| Sat. fat           | less than | 20g     | 25g     |
| Cholesterol        | less than | 300mg   | 300mg   |
| Sodium             | less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Ingredients: Durum (wheat) semolina, niacin, ferrous lactate, thiamine mononitrate, riboflavin, folic acid. This product may have come in contact with peanuts/nuts.

MANUFACTURED BY:  
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