

ANISE PIZZELLES

Net Wt. 3 oz.

Nutrition Facts

Serving Size: 3 Cookies (26g/0.9oz)

Servings Per Container: about 3

Amount Per Serving

Calories 110 Calories from Fat 40

% Daily Value*

Total Fat 4.5g 7%

Saturated Fat 2.5g 13%

Trans Fat 0g

Cholesterol 40mg 13%

Sodium 65mg 3%

Total Carbohydrate 15g 5%

Dietary Fiber 0g 0%

Sugar 7g

Protein 2g

Vitamin A 2% Vitamin C 0%

Calcium 0% Iron 4%

Thiamin 6% Riboflavin 6%

Niacin 4% Folate 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total fat	less than	65g	80g
Sat. fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Wheat flour [unbleached, unbromated, enriched flour (malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid)], whole eggs, sugar, butter, baking powder, anise oil, vanilla, anise seed. May have come in contact with peanuts/nuts

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