

# COCONUT MACAROONS

Net Wt. 7 oz.

## Nutrition Facts

Serving Size: 1 Cookies (27g/0.9oz)

Servings Per Container: about 8

### Amount Per Serving

Calories 130      Calories from Fat 70

% Daily Value\*

Total Fat 8g      12%

Saturated Fat 7g      33%

Trans Fat 0g

Cholesterol < 5mg      0%

Sodium 95mg      4%

Total Carbohydrate 15g      5%

Dietary Fiber 2g      7%

Sugar 11g

Protein 1g

Vitamin A 0%      Vitamin C 0%

Calcium 0%      Iron 2%

Thiamin 0%      Riboflavin 2%

Niacin 0%      Folate 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total fat	less than	65g	80g
Sat. fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Coconut, sugar, egg whites, water, corn syrup, butter (cream, salt), contains less than 2% of each of the following: wheat flour [unbleached, unbromated, enriched flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vanilla, salt, cream of tarter. This product may have come in contact with peanuts/nuts.

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