## Determine your ring size

## UK ring sizes

For use with a ring with a similar width band.

1 Print out at $100 \%$ view, do not select 'scale to fit page' or 'shrink to page'.

2 Place your ring over the blue circles shown opposite to determine the internal diameter.

3 Find the circle which fills the inside of the ring entierly without overlapping. Your ring rize will be the number shown within the circle.

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