



DISCOVERING THE PSALMS

PASSION, PROMISE & PRAISE

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THE BOOK OF PSALMS: AN OVERVIEW

DISCOVERING THE PSALMS:

PASSION, PROMISE &
PRAISE



Photo:
Jonathan
Wilkins

PSALM 95:1-7

**O come, let us sing to the LORD;
let us make a joyful noise to the rock of our
salvation!**

**Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs
of praise!**

**For the LORD is a great God,
and a great King above all gods.**

**In his hand are the depths of the earth;
the heights of the mountains are his also.**

**The sea is his, for he made it,
and the dry land, which his hands have
formed.**

**O come, let us worship and bow down,
let us kneel before the LORD, our Maker!**

**For he is our God, and we are the people of his
pasture, and the sheep of his hand.**

Amen.

- 1. What is the first memory you can recall of hearing psalms?**
- 2. What are some examples of psalms being used in worship?**
- 3. Do you recall having memorized a psalm? Which one?**
- 4. When have you turned to Psalms to read them?**
- 5. What are some impressions you have of Psalms?**
- 6. Have you participated in a previous study of Psalms?**

455^a
The Psalms^b
BOOK 1^c
(Psalms 1 – 41)

Psalm 1

- 1 Happy are those who do not follow the advice
of the wicked,
or take the path that sinners tread,
or sit in the seat of scoffers;
2 but their delight is in the law of the LORD,
and on his law they meditate
day and night.
3 They are like trees
planted by streams of water,
which yield their fruit in its season,
and their leaves do not wither.
In all that they do, they prosper.
d
- 4 The wicked are not so,
but are like chaff that the wind drives away.
5 Therefore the wicked will not
stand in the judgment,
nor sinners in the congregation
of the righteous;
6 for the LORD watches over
the way of the righteous,
but the way of the wicked will perish.

Psalm 2

- 1 Why do the nations conspire,
and the peoples plot in vain?
2 The kings of the earth set themselves,
and the rulers take counsel together,
against the LORD and his anointed,
saying,
3 "Let us burst their bonds asunder
and cast their cords from us."
4 He who sits in the heavens laughs;
the LORD has them in derision.
5 Then he will speak to them in his wrath,
and terrify them in his fury, saying,
6 "I have set my king on Zion, my holy hill."
7 I will tell of the decree of the LORD:
He said to me, "You are my son; today
I have begotten you.

- 8 Ask of me, and I will make the nations
your heritage,
and the ends of the earth your possession.
9 You shall break them with a rod of iron,
and dash them in pieces like a
potter's vessel."
10 Now therefore, O kings, be wise;
be warned, O rulers of the earth.
11 Serve the LORD with fear,
with trembling, ¹² kiss his feet, ^a e
or he will be angry, and you will perish
in the way;
for his wrath is quickly kindled.

Happy are all who take refuge in him.

Psalm 3

A Psalm of David, when he fled from his son, Absalom f

- 1 O LORD, how many are my foes!
Many are rising against me;
2 many are saying to me,
"There is no help for you in God." *Selah g*
- 3 But you, O LORD, are a shield around me,
my glory, and the one who
lifts up my head.
4 I cry aloud to the LORD,
and he answers me from his holy hill. *Selah*
- 5 I lie down and sleep;
I wake again, for the LORD sustains me.
6 I am not afraid of ten thousands of people
who have set themselves against
me all around.
- 7 Rise up, O LORD!
Deliver me, O my God!
For you strike all my enemies on the cheek;
you break the teeth of the wicked.
- 8 Deliverance belongs to the LORD;
may your blessing be on your people!
Selah

^a Cf: Meaning of Heb of verses 11b and 12a is uncertain.

DAVID DICTATING THE PSALMS

From the Treasury of
Saint-Denis, France



TEN TYPES OF PSALMS

1. Song of Zion
2. Psalm of Lament
3. Enthronement Hymn
4. Song of Trust
5. Hymn of Praise
6. Sacred History Psalm
7. Royal Psalm
8. Liturgy Psalm
9. Wisdom Psalm
10. Thanksgiving Song

