

UNITED 

A STAR ALLIANCE MEMBER 

Hemispheres

THREE
PERFECT
DAYS
PALAU

PLUS MLB'S TOP BAT SALESMAN IS IN A LEAGUE OF HIS OWN // EARTH, WIND & FIRE:
THRILL-SEEKERS FACE THE ELEMENTS HEAD ON // THE HEMI Q&A: PARALYMPIAN
APRIL HOLMES ON LOSING A LIMB AND FINDING HER PASSION



GEAR FACTOR

So, you're heading to the ends of the earth. The question now: What to bring?



ICE



AIR



EARTH



WATER



FIRE



Fjällräven Arktis Parka

Driveway shoveling and dogsledding require clothing of different levels of breathability; this parka has a wax-impregnated shell that can be modified to suit either scenario. (\$750, fjallraven.us)



Nikon Monarch 7

Clearly spot the storm you're chasing with these waterproof, fog-proof binoculars. Thanks to their size, you'll be sufficiently unencumbered to run for your life if you should get too close. (\$300, nikonsportoptics.com)



Black Diamond ReVolt Headlamp

You know that part in the horror movie when the flashlight goes out and everyone starts screaming? If they'd had a headlamp that powered up via USB or standard AAA batteries, that wouldn't have happened. (\$60, blackdiamondequipment.com)



Luminor Deep Dive Automatic 1512

They're not quite the aliens from *The Abyss*, but the glow-in-the-dark markings on this solid Swiss beauty might just save the day when you find yourself 500 meters underwater. (\$2,200, luminor.com)



Osprey Manta 36 Hydration Pack

Why lug around a brace of water bottles when you can conveniently sip from a tube connected to a hydraulic reservoir in this lightweight, ventilated backpack? (\$159, ospreypacks.com)



Kahtoola Microspikes

For those times when you want some added traction without having to fumble around with bear trap-size crampons, these slip-on spikes can fold up into a pocket-ready pouch. (\$60, kahtoola.com)



Victorinox Swiss Army Chronograph Limited Edition

Named for the Swiss armed forces' main-helicopter base, this timepiece takes its design cues from the cockpit of the AS 532 Cougar helicopter. (\$3,695, victorinox.com)



Adidas Outdoor Terrex Fast R Mid GTX

Once upon a time, you were more likely to spot Bigfoot on the trail than a pair of legitimately stylish, stable hiking boots. Not anymore. (\$200, adidas.com)



Olympus TG-2 JHS

With a lens that opens to f2.0, this point-and-shoot dismisses the notion that rugged cameras need to sacrifice sophistication to be shock-, dust-, crush-, freeze- and waterproof (up to 50 feet). (\$380, getolympus.com)



Brunton Ember

Make sure your iPod doesn't shut down halfway through the Chariots of Fire soundtrack with this pocket-sized solar charger, which is optimized for smartphones and MP3 players. (\$89, bruntonoutdoor.com)