myofascialrelease

BLACK ROLL

success = workout + rollout



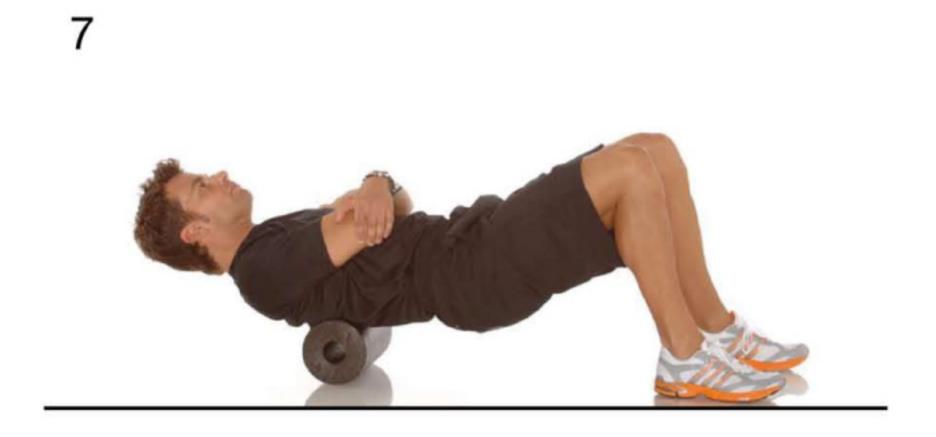














preperation & regeneration