

FRESH UP



FRESH UP - 3Rivers Networks
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FRESH UP: Application Instructions & Guidelines

FRESH UP Skin Pinkish Cream is easy to use and effective upon following the recommended application instructions.

1. Where can I use FRESH UP Pinkish Cream?

You may use FRESH UP to lighten lips, darkened armpits, bikini lines, inner thighs, elbows, knees, areolas and any other discoloured areas of the skin.

2. Who is it suitable for?

FRESH UP is suitable for use by women and men over the age of 12. You can even use it before or after your period, post-pregnancy or if you smoke.

3. How does FRESH UP work?

FRESH UP breaks down the melanin in your lips, nipples, areola, genitals, abdominal furrows, inner thighs, elbows, knees, and anywhere where you might have discoloured skin. It can also lighten stretch marks and scars.

4. What skin conditions can FRESH UP treat?

FRESH UP can brighten and lighten darker areas caused by a variety of conditions, including:

Condition	Affected Area	Result After Application
Pregnancy	Discoloured areola	Pink colour of areola restored
Prolonged usage of lipstick	Dim and dark lip colour	Original lip colour restored
Female menstrual cycle	Darkened areola	Pink colour of areola restored
Skin abrasion	Armpit, bikini line, inner thigh, elbow and knee	Affected area lightened
Pregnancy and muscle extension	Stretch mark formations	Reduced stretch marks
Weight reduction	Furrows formed in abdomen	Abdominal area becomes soft and supple
Aging	Darkened genitals	Lightened affected area

5. Can FRESH UP reduce the appearance of freckles, melasma, sun damage, acne scars, dark spots and liver spots?

Yes! FRESH UP works very well on all of the hyper-pigmented areas you've just mentioned.

6. I'm a smoker. Will FRESH UP lighten the tobacco stains on my lips?

Absolutely! FRESH UP is an excellent product for smokers. If you have been smoking for awhile, you may already be aware that prolonged tobacco use can turn your lips a dark colour. **FRESH UP** can be used by both men and women smokers who are sick of their lips looking black and want them to return to their original pinkish colour.

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7. How often should I use FRESH UP?

Use daily in the mornings and evenings to quickly restore healthy pink colour.

8. How should FRESH UP be applied?

Wash and completely dry the area you wish to treat prior to use. Apply FRESH UP in a smooth, even layer directly onto the general area of the discoloration—precise application is unnecessary—and gently rub the cream in until it is absorbed into your skin. Do not wash your skin immediately after applying the cream—if it does not have a chance to absorb, you will have to reapply. After FRESH UP has been used correctly, wait for 10 minutes before applying moisturizers, sunblock and makeup to your skin.

9. How long does it take to see results?

Used as directed, FRESH UP will restore your skin's natural pinkish colours within 3 to 7 days. For heavily-pigmented areas, full results may take longer to occur. Continue use to maintain the results. Results may vary depending on your skin type, skin condition and the amount of sun or other exposure to UV light that you receive on a regular basis. Full result can be since about 2 – 3 months varies with individuals.

10. Is FRESH UP safe to use over the long term?

FRESH UP is made with all-natural ingredients, so it is safe to use for extended periods of time and is even safe if accidentally ingested.

11. Are FRESH UP results permanent?

Results can be permanent, but oxidation and hormonal changes could cause treated areas to redden. For consistent results, make FRESH UP a regular part of your skincare routine.

12. Will FRESH UP irritate my skin or cause any other side effects?

We all can have different reactions to different ingredients, so there is a remote possibility that your skin could have an allergic reaction to an ingredient found in our cream. If you have sensitive skin, you may be more likely to experience an allergic reaction. We suggest conducting a "patch test" by applying a small amount of FRESH UP to the same place on your arm or neck (do not patch test on the face) for three days in a row, and monitor that area for any unusual changes in appearance or sensation. Stop using FRESH UP if you notice an adverse reaction.

FRESH UP does not contain hydroquinone, mercury or any other harmful chemicals known to irritate skin. As with all cosmetics, please consult with your dermatologist prior to use.

13. My lips have a slight tingling sensation after I started to use FRESH UP. Why is this?

The natural but powerful ingredients in FRESH UP start to work immediately by gently removing any excess layers of flaking skin. The tingling sensation is proof that the elements are taking effect.

14. Will FRESH UP work on ethnic skin tones?

FRESH UP produces wonderful results on people of all ethnicities and skin colors, however, individuals with very dark skin tones may need to use FRESH UP for a longer period of time to achieve their desired results.

15. Can FRESH UP be used by pregnant women and nursing mothers?

FRESH UP has not been tested for use by women who are pregnant, planning to become pregnant or are nursing a baby. We advise that FRESH UP is used only after women have given birth and have stopped breastfeeding.

16. How should I store FRESH UP?

Keep your tube of FRESH UP in a cool dry place, away from light and with the lid tightly closed. Once opening, we recommend using it within six months and storing in refrigerator. We recommend that **FRESH UP** is stored no longer than one year to retain freshness and effectiveness.

* Please note that FRESH UP is designed for personal use only.