

### PATTERN

Make 1 slip knot.

Using 7.5mm knitting needles, cast on 15 sts.

Row 1: knit every stitch

Cont. row 1 until scarf is desired length.

Cast off sts loosely.

### SLIP / ADJUSTABLE KNOT

To make a slip knot, hold the tail end of the yarn in your left hand.



Wind the yarn around your index finger, from front to back, three times. You should have three loops on your finger.



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\*Now, holding all the yarn still in your left hand, pick up the middle loop on your index finger and place it over the top of the loop closest to your nail. Leave it there, don't slip them off yet! Repeat from \* once more.

On the third round pull the middle loop directly up and let all the other loops slide off your finger. At the same time, pull on both the yarn and tail to make the slip knot.

Pop this onto your needle; tail to the back. This is your first stitch!



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## CAST ON

**Step 1** Place the needle with your first stitch in the left hand. Hold the other needle in the right hand to control the yarn.



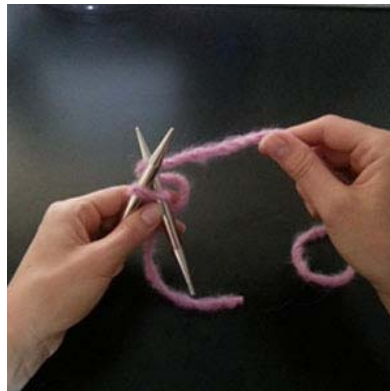
**Step 2** Insert the point of the right needle, from front to back, into the stitch and under the left needle.



**Step 3** Hold left needle still in left hand, and move left fingers over to brace right needle.



**Step 4** With your free right hand, pick up the yarn and wind around the right needle- from the right to left, then between the two needles.



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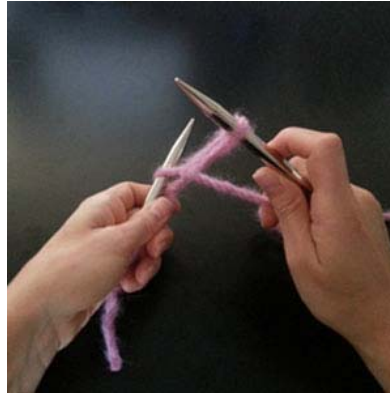
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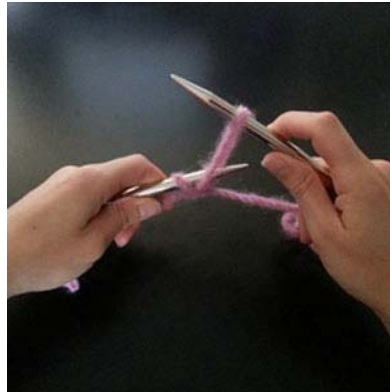
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- Step 5 Return right fingers to right needle, still keeping a hold of the yarn, and draw yarn through stitch with point of right needle. Pull the new stitch / loop towards you.



- Step 6 Tilt tip of left needle into the loop and remove your right needle.



- Step 7 Pull ball yarn gently to make the stitch fit snugly on needle. You have now made one stitch (called casting on), and there are two stitches on left needle (slip knot is counted as a stitch).



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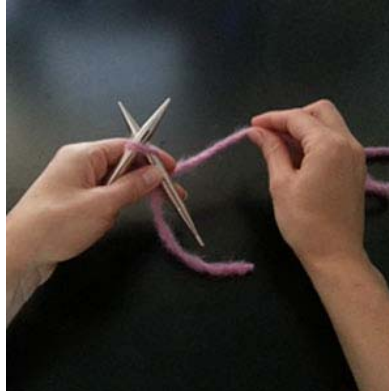
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Repeat Steps 1 to 7, 13 more times, until you have 15 stitches on the left needle. This completes the cast-on row, which is the way all knitting is begun!

## KNIT STITCH (ALSO KNOWN AS GARTER STITCH)

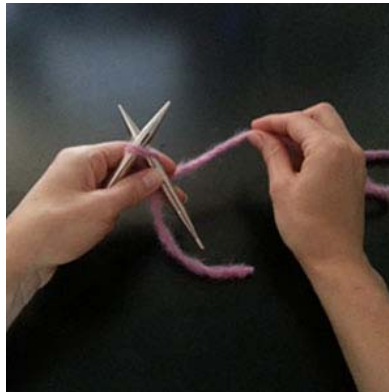
Step 1 Hold needle with stitches in left hand; insert point of right needle in first stitch, from front to back, just as in casting on.



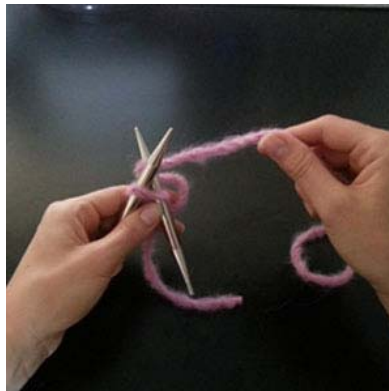
Step 2 Insert the point of the right needle, from front to back, into the stitch and under the left needle.



Step 3 Hold left needle still in left hand, and move left fingers over to brace right needle.



Step 4 With your free right hand, pick up the yarn and wind around the right needle- from the right to left, then between the two needles.



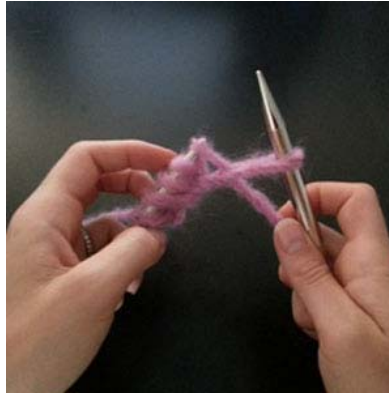
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Step 5

*This step now differs from casting on:* Return right fingers to right needle, still keeping a hold of the yarn, and draw yarn through stitch with point of right needle. Pull the new stitch / loop to the right and slip loop on left needle off, so new stitch is entirely on right needle.



This completes one knit stitch! Repeat Steps 1 to 5 in each stitch still on left needle. When the last stitch is worked, one row of knitting is completed.

Repeat this process for every stitch on each row until your work has reached the desired length. Once there, time to cast off! And sew ends in...

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**CAST OFF**

Step 1 Knit the first 2 stitches. You will have two loops on your right needle.



Step 2 Pick up the loop closest to the end of your needle and move it over the top of the loop closest to the tip of the right needle, then take it right off the tip. One stitch has now been cast off!



Step 3 Knit one more stitch, and repeat Step 2. Another stitch is cast off. Keeping in mind not to pull too tightly.

Repeat Steps 1, 2 and 3 until one stitch remains; now cut yarn from ball, leaving at least 15cm tail end. Remove the right needle from the last loop and tread the yarn through it to secure with a knot. Thread tail yarn end into yarn needle and weave end into several stitches along the cast off edge to secure it.

And *CONGRATULATIONS!* You've just completed your first knitted scarf 😊

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