

Registration reminder

TIME IS TICKING away and it is not long before the APA 8th International Congress opens in beautiful Adelaide. The Congress takes place 15-18 May. If you have not registered to attend these four days of stimulating papers and congenial social events, you should do so as soon as possible.

Full details of the programme, speakers, and accommodation opportunities are available on the Members section of the APA website. Visit www.physiotherapy.asn.au to see what is in store and to register on line. Remember, late registrations attract a penalty.

The Centre for Allied Health Evidence (CAHE) A Collaborating Centre of the Joanna Briggs Institute

invite APA members to attend a workshop on the eve of the APA 8th International Congress
by

Associate Professor Gwen Jull DANCING AROUND THE EVIDENCE

From the laboratory to the patient: Research-driven clinical practices for cervical pain
6.30 p.m. for 7.00 p.m. Friday May 14 2004

Gwen, Head of Physiotherapy at the University of Queensland, is a renowned Australian researcher in the physiotherapy management of the spine. She is also a member of the CAHE Steering Committee and a leader in implementation of evidence into practice.

Gwen's workshop will be followed by an entertaining 'hypothetical' facilitated by Roger Horn (UniSA) and considering a range of points of view about evidence-based practice in allied health.

Venue University of South Australia, Frome Road City East Campus, Centennial Building. (Room C3-16)

Cost \$60 pp. Uni students \$36

Registration Contact Karen Grimmer (email karen.grimmer@unisa.edu.au) to reserve your place. Bookings confirmed on receipt of payment. Cheques to be made out to University of South Australia, Centre for Allied Health Evidence (CAHE), City East Campus, North Terrace, Adelaide 5000

PosturePod Success

The Ergoport PosturePod was endorsed by the APA late last year and continues to help clients around Australia minimise common keyboarding occupational overuse symptoms with an outstanding success rate.

OVER 8000 individuals are using a PosturePod that comes in three sizes to suit all body types with the new EP2 model being adjustable in width.

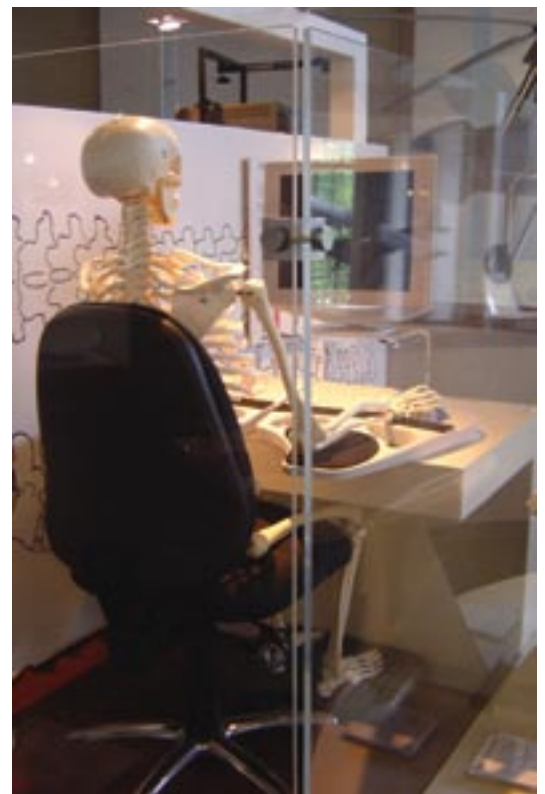
PosturePods help provide relief for common overuse injuries such as neck and shoulder tension, tension related headaches and other posture-related conditions. The PosturePod web site is www.ergoport.com.au and models are now on display at the Sydney Powerhouse Museum or at your local APA branch office.

Catherine Cooke and Robyn Burgess-Limerick completed a study on forearm support in 2002 with the conclusion, 'Forearm support has a number of advantages over a traditional floating

posture and should be considered as an alternative for keyboard users.' See the website for further details.

The Ergoport PosturePod recently won the Institute of Engineers, Australia 'Engineering Excellence Award 2003' for the Health, Welfare, Safety and Training Division, judged and presented by WorkCover NSW.

PosturePods can be delivered directly to clients by Ergoport and installed by APA members. For those wishing to become agents for the Ergoport product range should visit www.ergoport.com.au/apa for further information. A no-obligation 14 day trial is offered to clients as a guarantee of its effectiveness.



The PosturePod on display at the Powerhouse Museum.