

ARC 2.0 with Pillow

Application Instructions

CP020269 Rev A 09/11

This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days.

INDICATIONS:

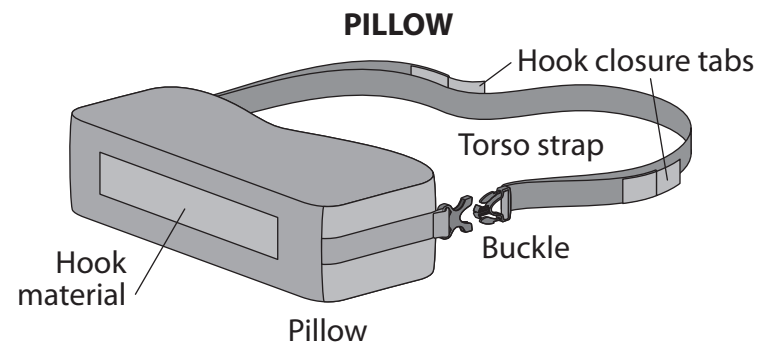
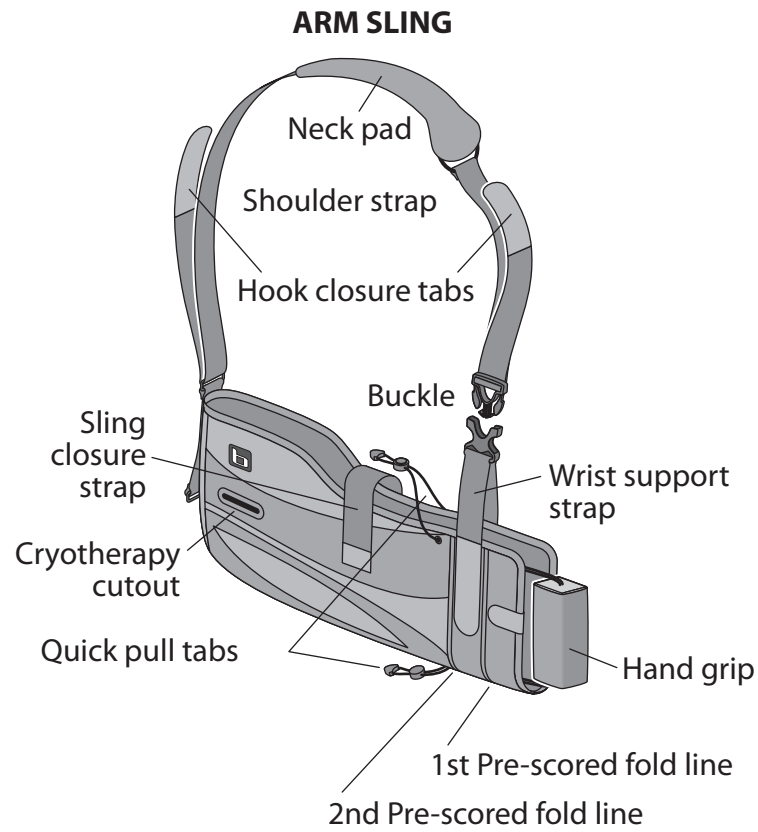
For non-surgical or post-operative support and immobilization of the injured shoulder where glenohumeral positioning is key.

CAUTION: Activity modification and proper rehabilitation are an essential part of a safe treatment program. If any additional pain or other symptoms occur while using this device, discontinue use and seek medical attention.

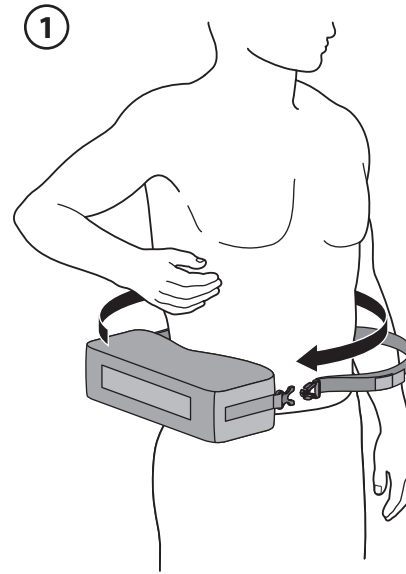
CAUTION: This device is not intended to prevent injury, or reduce or eliminate the risk of re-injury.

CAUTION: This device has been developed for the indications listed above, and may be damaged by unusual activities such as sports, falls, or other accidents. Do not leave this device in a car on a hot day, or in any other place where the temperature may exceed 150F (65 C.) for any extended period of time. To avoid the risk of accident and possible injury to the patient, discontinue use if such an incident has occurred.

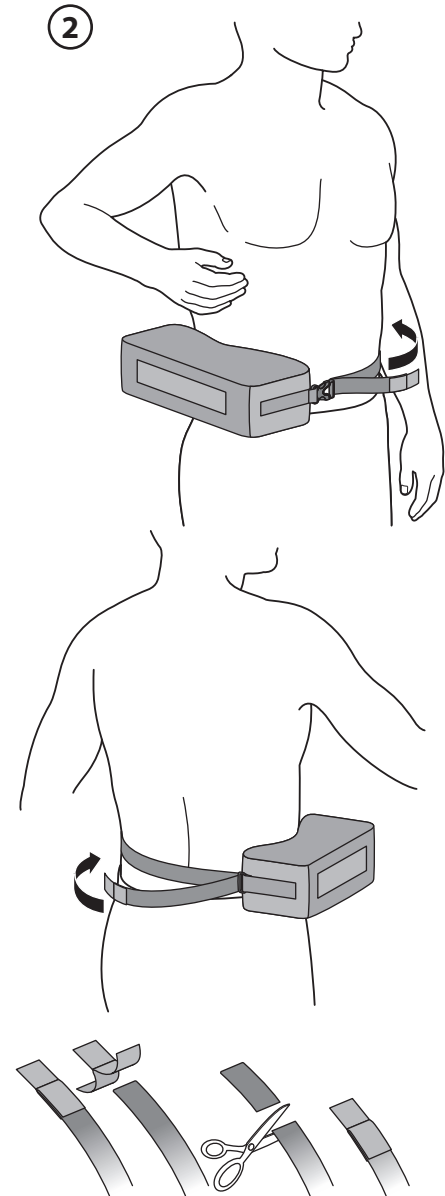
WARRANTY: This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect. This device is expressly subject to Bledsoe's Product Line Limited Warranty. Copies of this limited warranty can be obtained from your medical professional, via the internet at www.BledsoeBrace.com, or by calling 1-888-BLED SOE (253- 3763).



APPLY ARC 2.0 WITH PILLOW

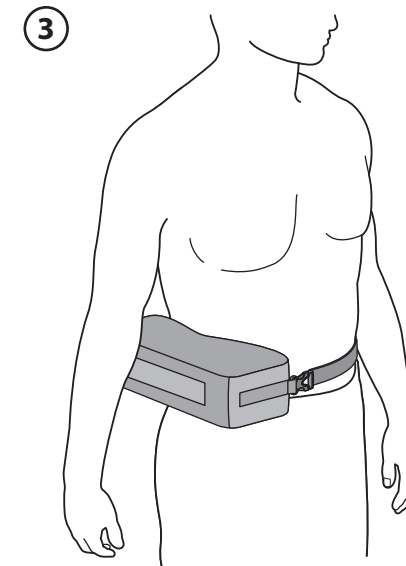


EXAMPLE: RIGHT SHOULDER POSITION THE PILLOW.
Release the buckle and position the pillow on the affected side of the body at the level of the elbow. Make sure the buckle is at the front of the body.



FASTEN AND ADJUST TORSO STRAP
Pass the torso strap around the body. Secure at the front using the buckle. Loosen the hook closure at the end of the torso strap and pull the strap to a comfortable tension. The straps can be adjusted from the front and back.

NOTE : Excess strap may be trimmed if necessary.



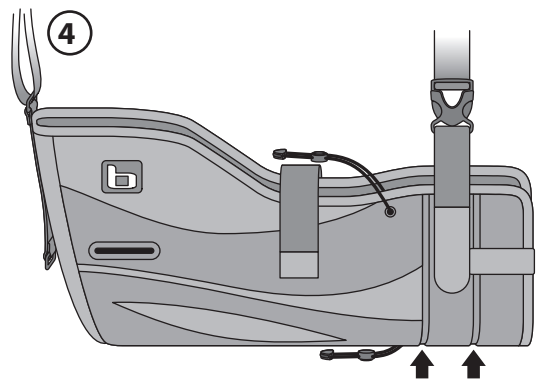
PILLOW POSITIONING
These instructions show the pillow positioned in the neutral position, pointing straight forward. The pillow may be positioned differently depending on the physician's orders.

For product information or questions pertaining to sales or service, please contact Bledsoe Brace Systems™.

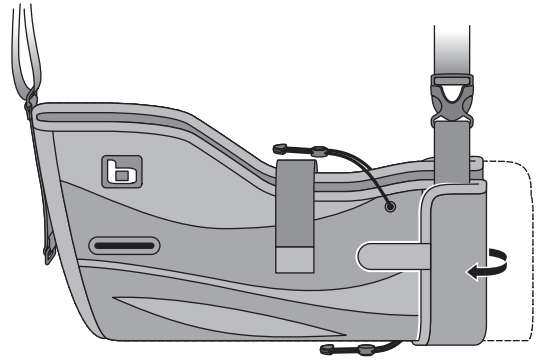
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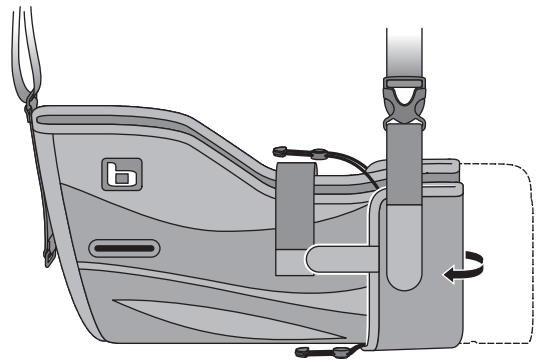
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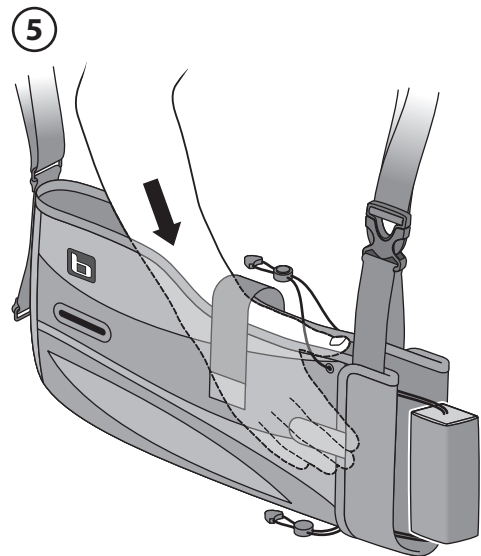
4 ADJUST THE ARM SLING LENGTH
LARGE SIZE: The arm sling is packaged in its longest configuration or largest size. If no adjustment is desired, proceed to step 5.



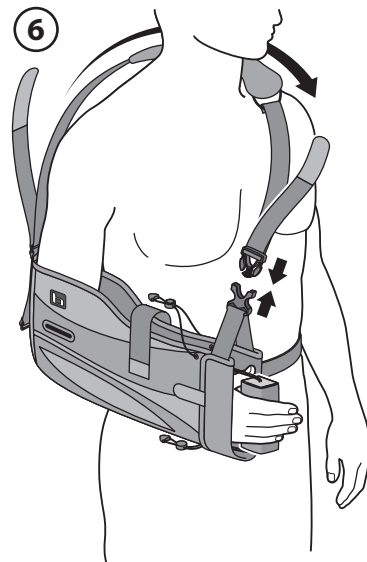
MEDIUM SIZE: To shorten the arm sling for a medium size, lift the hook closure tabs on the front end of the arm sling. Fold the arm sling along the first pre-scored fold line. Reattach the hook closure tabs.



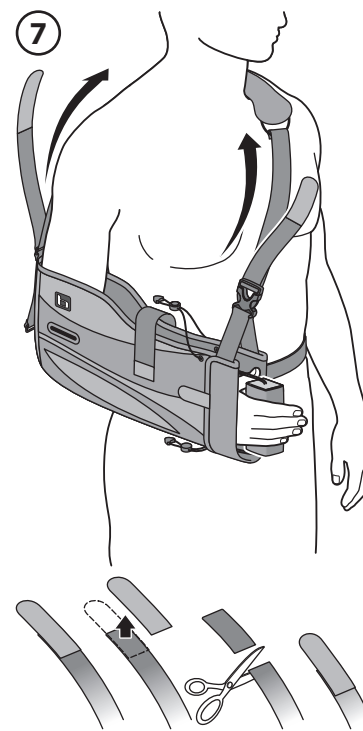
SMALL SIZE: To shorten the arm sling for a small size, lift the hook closure tabs on the front end of the arm sling. Fold the arm sling along the second pre-scored fold line. Reattach the hook closure tabs.



5 APPLY THE ARM SLING
Slip arm in the sling ensuring the elbow is resting in the bend of sling.



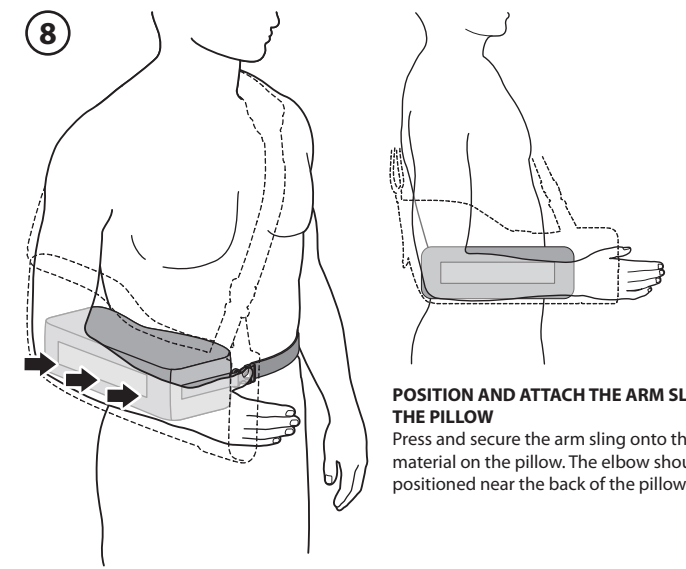
6 SECURE THE SHOULDER STRAP
Pass the shoulder strap over the shoulder and insert the buckle at the wrist support strap.



7 SHOULDER STRAP ADJUSTMENT

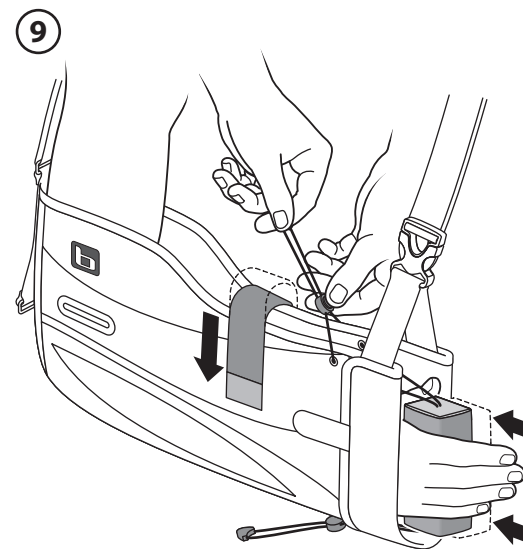
Adjust shoulder strap at the front and back by loosening the hook closures and pulling the strap ends to a comfortable tension. Make sure the neck pad is positioned properly.

NOTE: Excess shoulder strap may be trimmed if necessary. Delay trimming if adjusting for external rotation; see the *Underarm Strap Application Instruction* sheet.



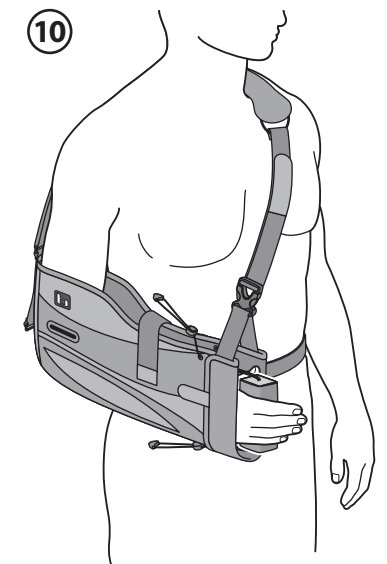
8 POSITION AND ATTACH THE ARM SLING TO THE PILLOW

Press and secure the arm sling onto the hook material on the pillow. The elbow should be positioned near the back of the pillow.



9 ADJUST THE HAND GRIP AND SLING CLOSURE STRAP

Place hand grip in hand of affected arm. Adjust the two elastic tension cords, top and bottom, by pressing the buttons on the sliding locks and pulling the cords back to a comfortable position, release the buttons to hold the tension.



10 FINAL ADJUSTMENTS

Adjust the shoulder strap at the front and back if necessary.