

ARC 2.0

Patient Instructions

CP020268 Rev A 09/11

This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days.

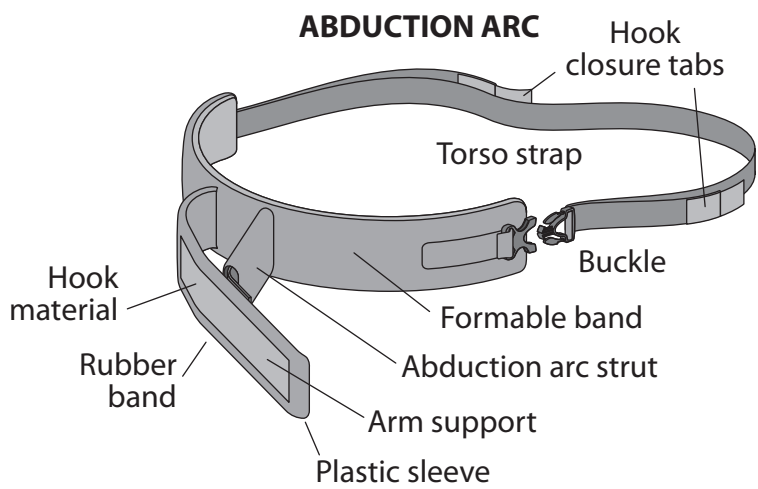
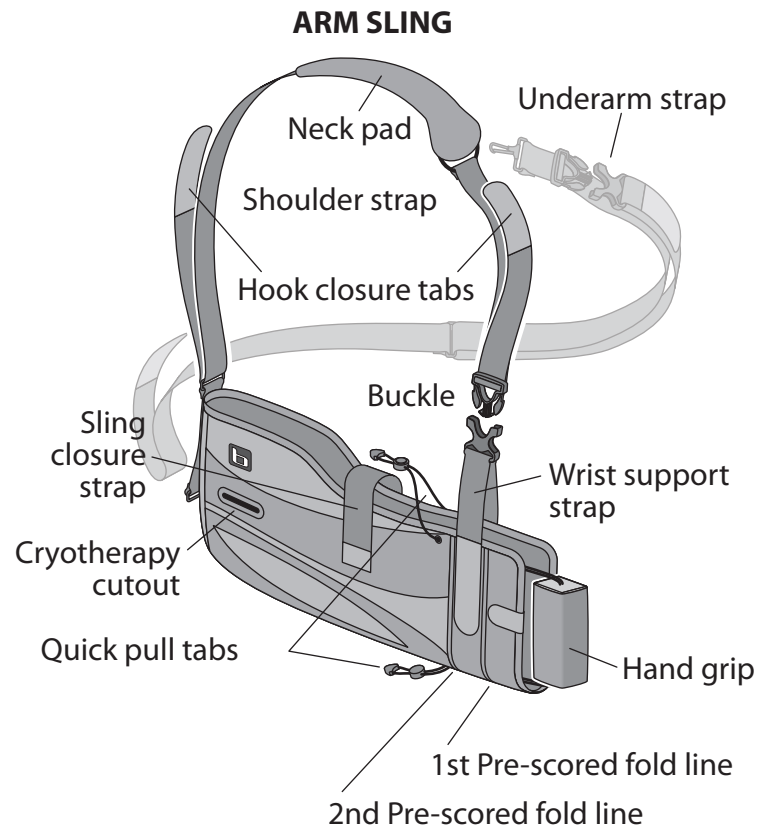
INDICATIONS: For non-surgical or post-operative support and immobilization of the injured shoulder when varying degrees of internal rotation, external rotation and abduction are required. Positions include gunslinger, neutral plane, and statue of liberty.

CAUTION: Activity modification and proper rehabilitation are an essential part of a safe treatment program. If any additional pain or other symptoms occur while using this device, discontinue use and seek medical attention.

CAUTION: This device is not intended to prevent injury, or reduce or eliminate the risk of re-injury.

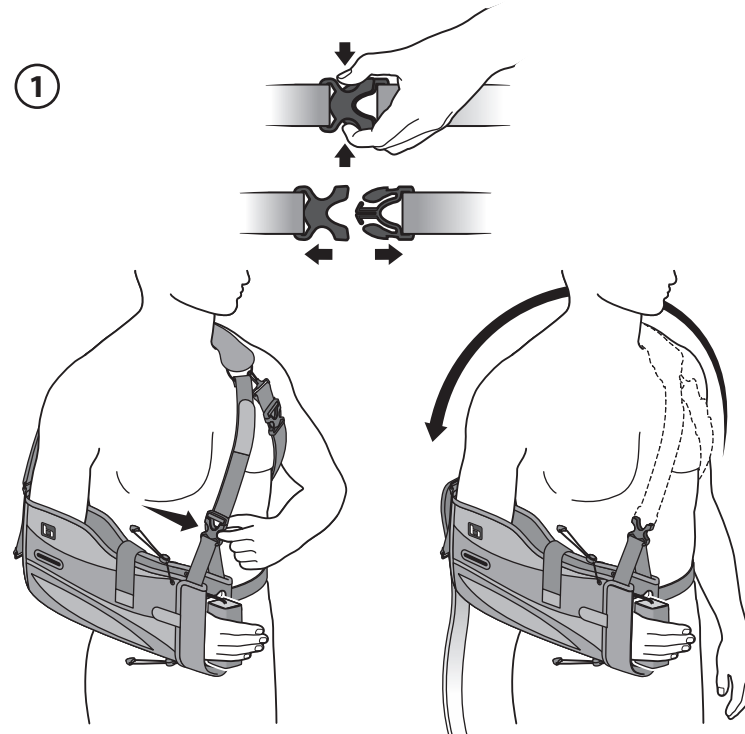
CAUTION: This device has been developed for the indications listed above, and may be damaged by unusual activities such as sports, falls, or other accidents. Do not leave this device in a car on a hot day, or in any other place where the temperature may exceed 150F (65 C.) for any extended period of time. To avoid the risk of accident and possible injury to the patient, discontinue use if such an incident has occurred.

WARRANTY: This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect. This device is expressly subject to Bledsoe's Product Line Limited Warranty. Copies of this limited warranty can be obtained from your medical professional, via the internet at www.BledsoeBrace.com, or by calling 1-888-BLEDSOE (253- 3763).



TO REMOVE THE ARC 2.0:

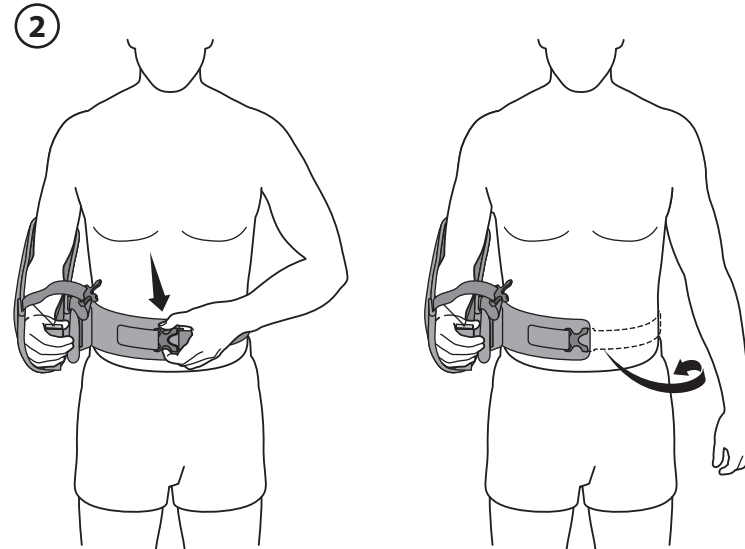
1



EXAMPLE: RIGHT SHOULDER

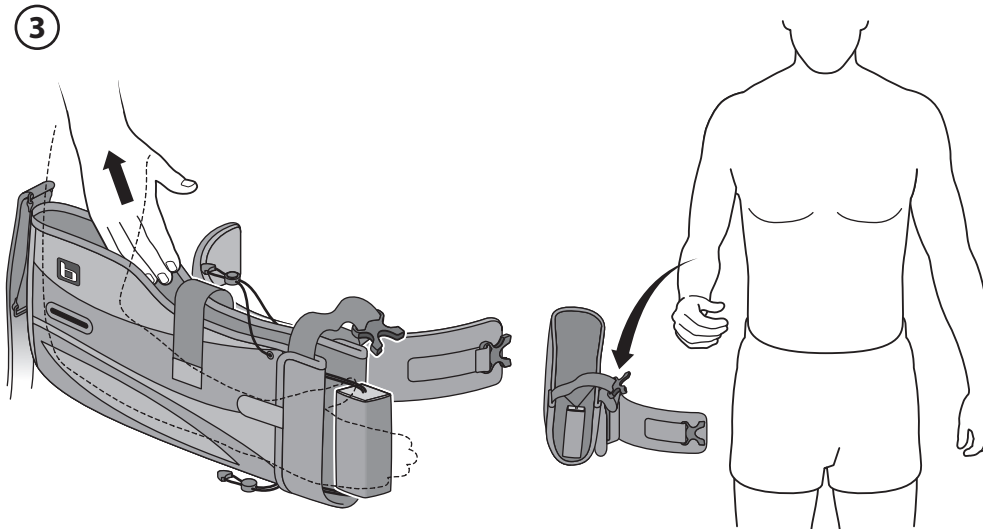
Release the buckle of the shoulder strap, and let it slide off the back shoulder. If the underarm strap is being used, release the buckle on the underarm strap, leaving it clipped to the ring inside the neck pad.

2



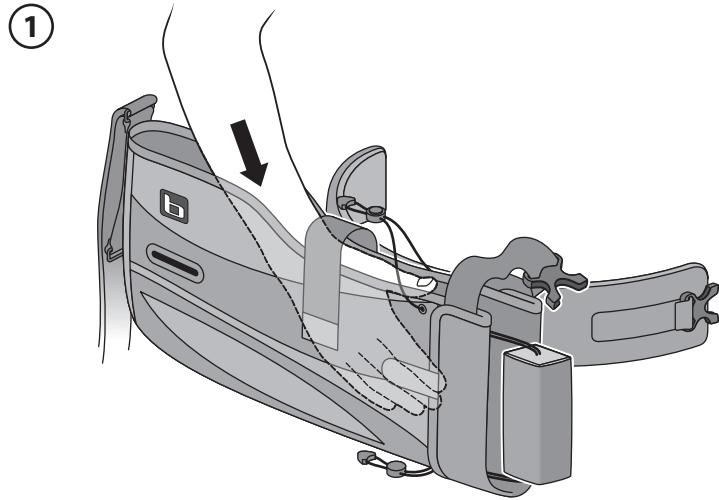
Release the buckle of the ARC torso strap, and let it fall behind the back. Leave the ARC attached to the arm sling.

3



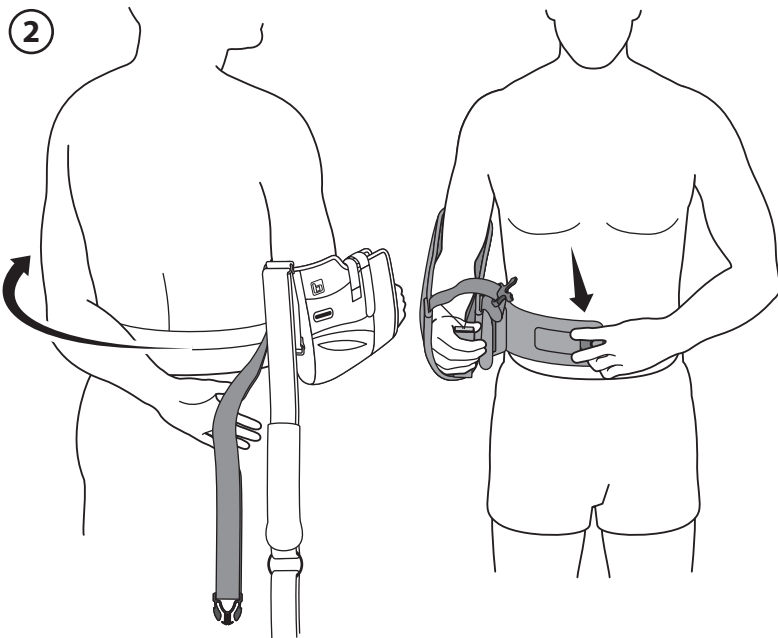
Remove the sling and ARC as one unit from the affected arm. Leave the sling and ARC attached to each other for re-application later.

TO RE-APPLY THE ARC 2.0:

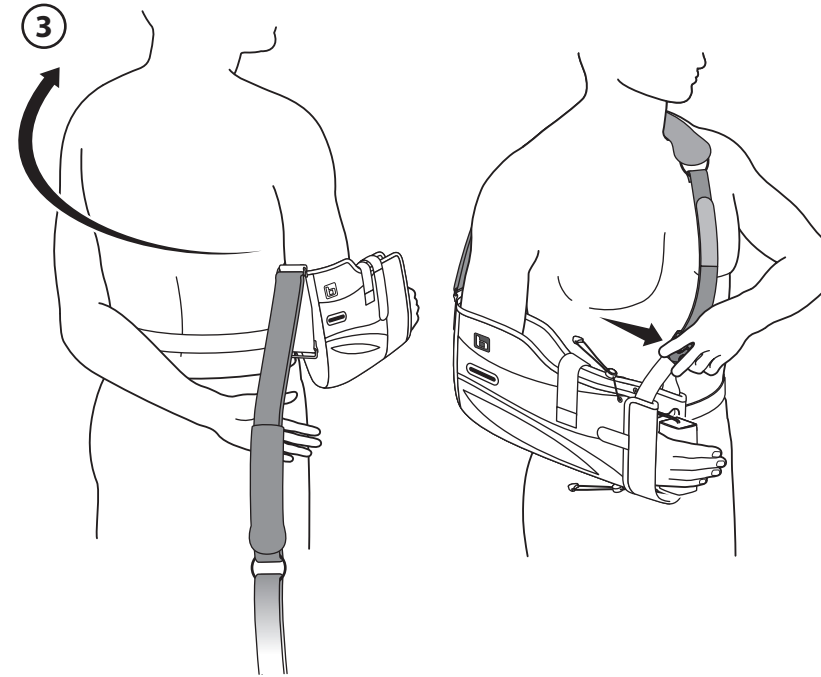
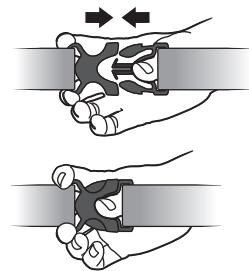


EXAMPLE: RIGHT SHOULDER

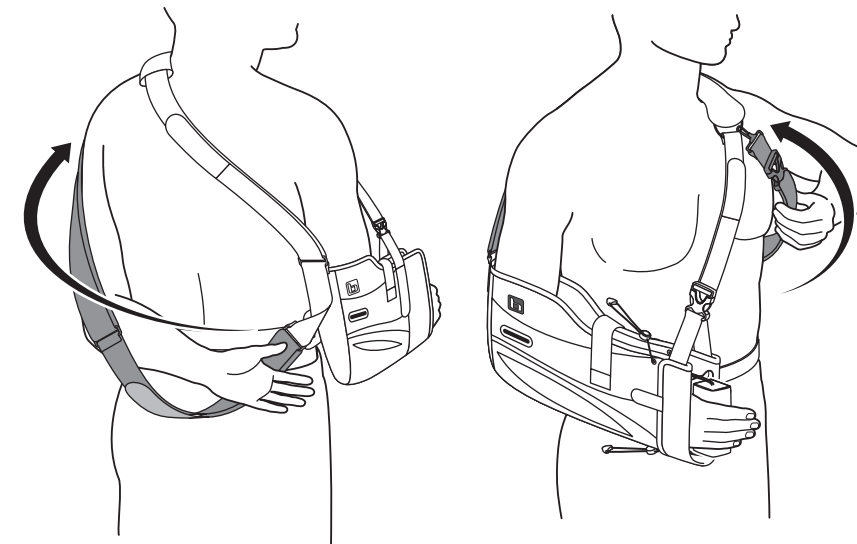
Slip affected arm into the arm sling. The arm sling and ARC should still be attached to one another.



With unaffected arm, reach behind your back and pull the ARC torso strap around to the front and attach the buckle at the front.



With the unaffected arm, reach behind your back and pull the shoulder strap around to the front and insert the buckle into the wrist support strap of the arm sling.



TO RE-APPLY THE ARC 2.0 WITH UNDERARM STRAP ATTACHED:

Slip the unaffected arm between the shoulder strap and remaining strap. Insert the remaining buckle to secure.