

# **Stat-A-Dyne Pro/Sup**

**Lantz Medical**

## Fitting Instructions

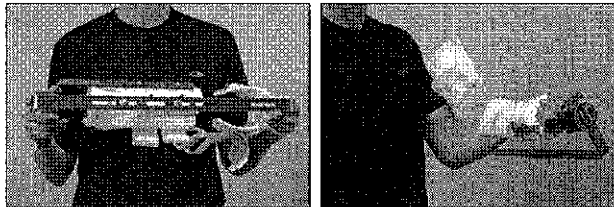


Questions? Feel free to call us at 866-236-8889, you can also find more information on all of our products at [www.lantzmedical.com](http://www.lantzmedical.com).

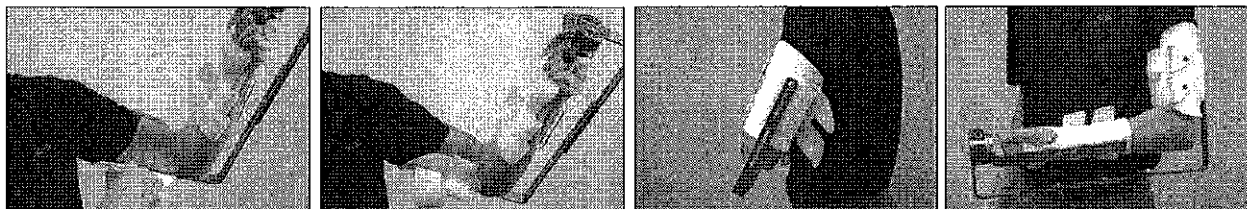
For video instructions on how to use your Stat-A-Dyne device, scan the QR Code above.

\*It is recommended to be seated or lying down while using your Stat-A-Dyne contracture management device.

- Telescope the device to the appropriate length for your forearm. (Adjust the length by loosening the two screws on the bottom of the device.)
- Once the device's length has been adjusted, apply the device by first putting your forearm into the distal (far) cuff and inserting your thumb through the thumb hole. \*The thumb should fit comfortably through the thumb hole to avoid any pressure on the superficial branch of the radial nerve.



- After your forearm is in the device, you may then pull the humeral cuff over the bicep/tricep. It is ideal to adjust the height of the humeral cuff so there are three finger widths between the top of the cuff and the crease of your axilla.



- Tighten the forearm and humeral straps.
- You are now ready to begin your treatment session.