

Stat-A-Dyne ESP Lantz Medical Fitting Instructions



Questions? Feel free to call us at 866-236-8889, you can also find more information on all of our products at www.lantzmedical.com.

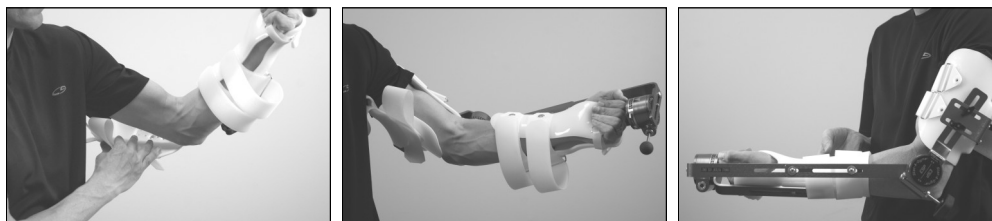
For video instructions on how to use your Stat-A-Dyne device, scan the QR Code above.

*It is recommended to be seated or lying down while using your Stat-A-Dyne contracture management device.

- **Telescope the device to the appropriate length for your forearm. (Adjust the length by loosening the two screws on the side of the device.)**
- **Once the device's length has been adjusted, apply the device by first putting your forearm into the distal (far) cuff and inserting your thumb through the thumb hole. *The thumb should fit comfortably through the thumb hole to avoid any pressure on the superficial branch of the radial nerve.**



- **After your forearm is in the device, you may then pull the humeral cuff over the bicep/tricep. It is ideal to adjust the height of the humeral cuff so there are three finger widths between the top of the cuff and the crease of your axilla. (The height of the humeral cuff can be adjusted by loosening the 2 wing nuts on the side of the device.)**
- **Line up the elbow hinge with your elbow joint.**



- **Tighten the forearm and humeral straps.**
- **You are now ready to begin your treatment session.**