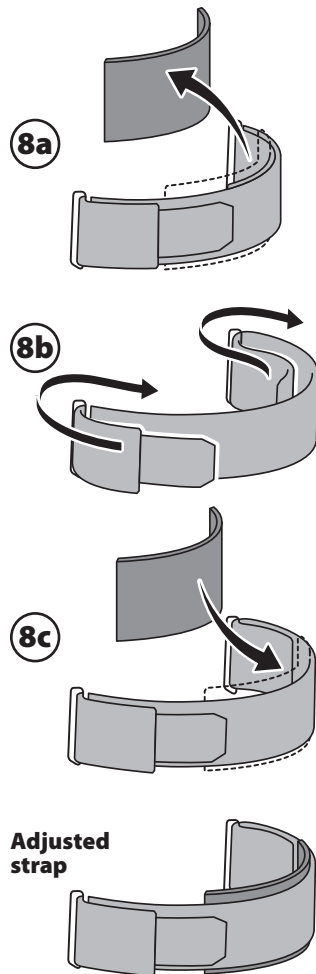


PRIMAS™ -D PCL KNEE BRACE

APPLICATION INSTRUCTIONS

8 Adjust Strap Length

- a. Remove the strap pad.
- b. Undo the straps and adjust the length of each by using the hook and pile fastener.
- c. When finished adjusting the strap's length, replace and center the strap pad. Excess strap length can be cut with scissors.



This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is not intended to prevent injuries or reduce or eliminate the risk of reinjury.

INDICATIONS: For increased support of knees following injury to or reconstruction of the posterior cruciate ligament.

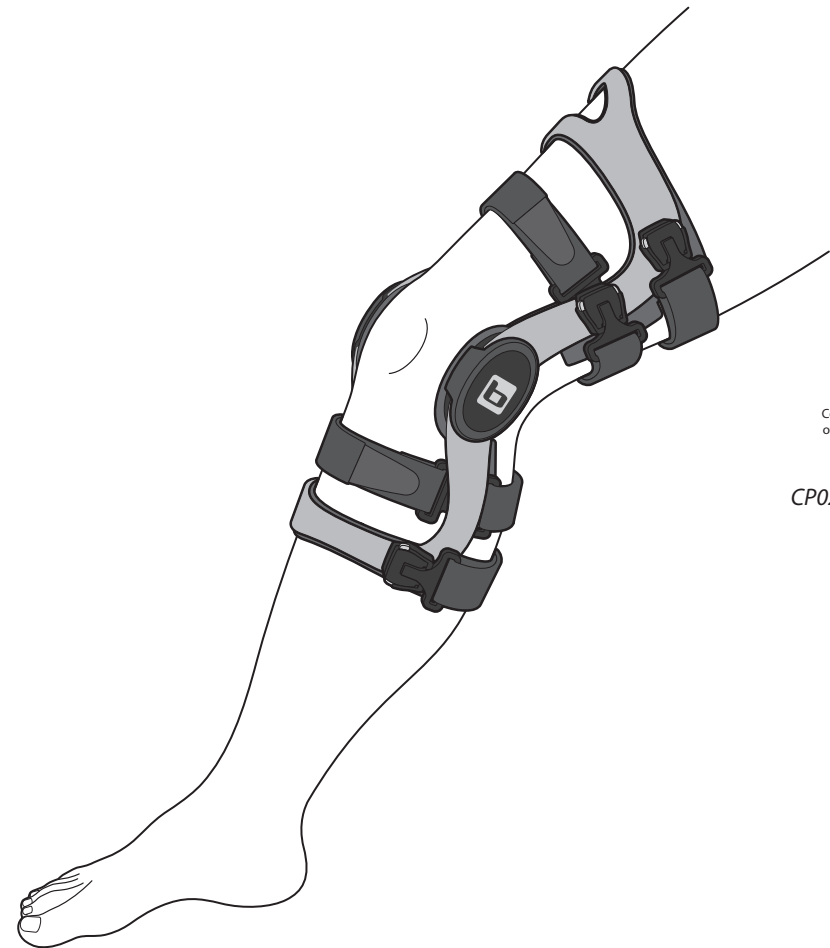
WARNING: For Single Patient Use Only.

CAUTION: Activity modification and proper rehabilitation are an essential part of a safe treatment program. If any additional pain or other symptoms occur while using this device, discontinue use and seek medical attention.

CAUTION: This device will not prevent or reduce all injuries.

CAUTION: Carefully read fitting instructions and warnings prior to use. To ensure proper performance of the brace, follow all instructions. Failure to properly position the brace and fasten each strap will compromise performance and comfort.

WARRANTY: This device is warranted for a period of 1 year for mechanical functionality, 90 days for soft goods. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect. This device is expressly subject to Bledsoe's Product Line Limited Warranty. Copies of this limited warranty can be obtained via the internet at www.BledsoeBrace.com, or by calling 1.800.527.3666.



Council Directive 93/42/EEC
of 14 June 1993 concerning
Medical Devices

CP020285 Rev B 11/13

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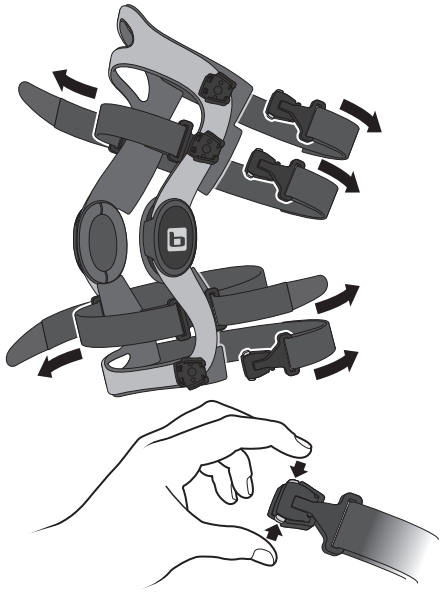
EC

REP

EMERGO EUROPE
Molenstraat 15
2513 BH, The Hague
The Netherlands
Tel: (+31) 70 345 8570
Fax: (+31) 70 346 7299

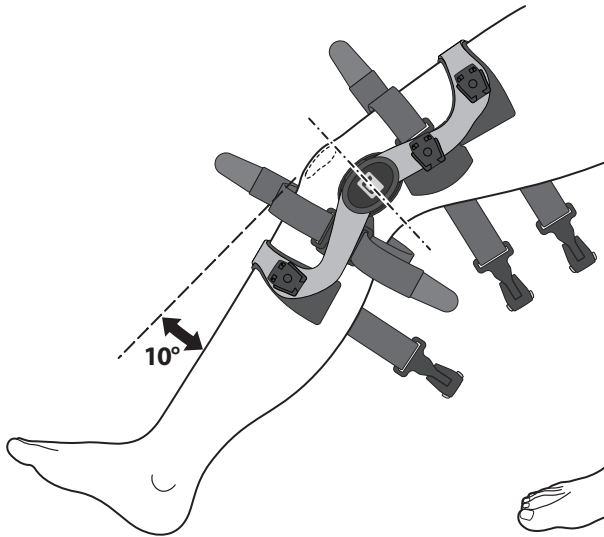
1 Unfasten Buckles

Unfasten all four straps on the posterior side of the brace by squeezing the gray levers on either side of the buckle and withdrawing the over-center buckle. Loosen the front straps.



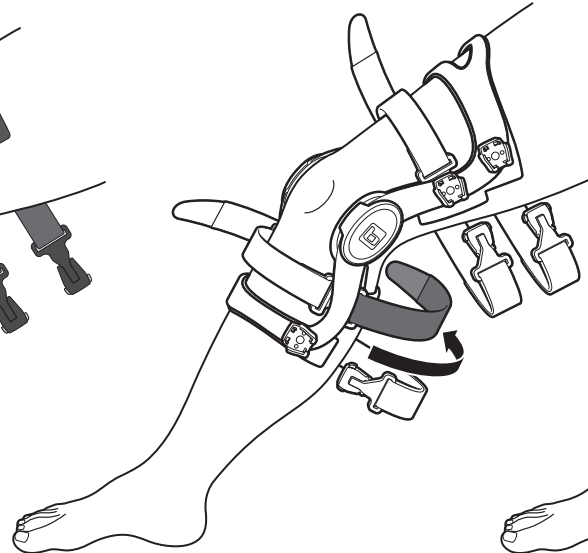
2 Position Brace

With the knee bent at 10 degrees throughout application, locate the top of the knee cap. Position the center of the hinge on an imaginary line that goes across the top of the knee cap. Push the hinges posteriorly until the hinges are in the center of the knee joint when viewed from the side.



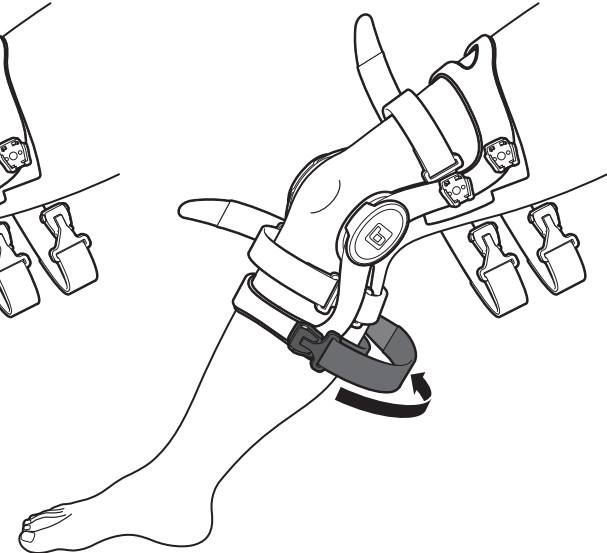
3 Fastening Upper Rear Calf Strap

Wrap the upper rear calf strap around the calf as high as possible over the calf muscle. Place the tab end through the D-ring. Pull the tab until a snug and comfortable fit is achieved.



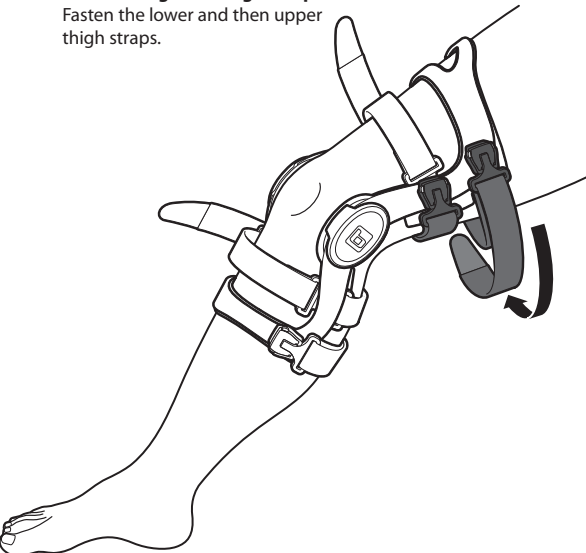
4 Fastening Lower Calf Strap

Insert the over-center buckle into the base on the lower calf shell of the brace. Push the buckle until you hear the gray levers click on both sides. Adjust strap until a comfortable fit is achieved.



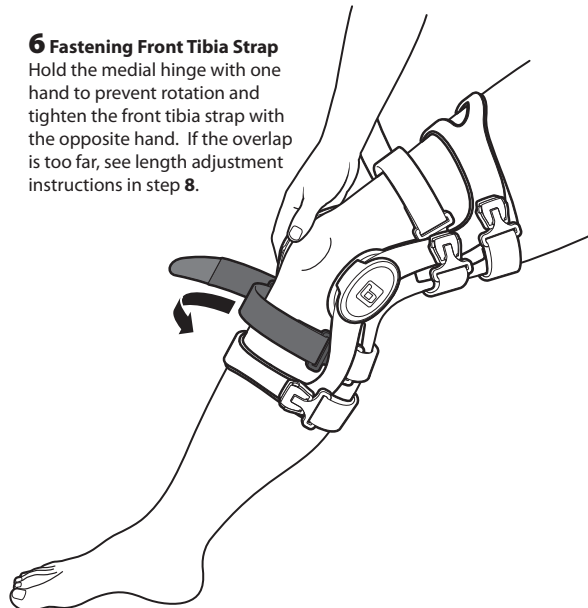
5 Fastening Rear Thigh Straps

Fasten the lower and then upper thigh straps.



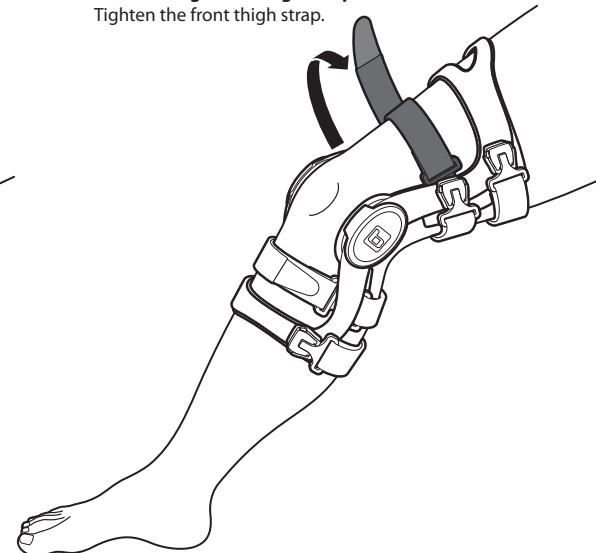
6 Fastening Front Tibia Strap

Hold the medial hinge with one hand to prevent rotation and tighten the front tibia strap with the opposite hand. If the overlap is too far, see length adjustment instructions in step 8.



7 Fastening Front Thigh Strap

Tighten the front thigh strap.



8 Finishing Move

Stand up and walk or jog around to see how the brace feels. Straps should not be so tight that blood circulation is restricted. If this is your first time wearing a functional brace, it might take a few hours get used to how it feels.