

**Intended use:** For adolescent injuries to the ACL, PCL, MCL, and LCL, medial or lateral meniscus injuries and osteochondritis dissecans.

**Disclaimer:** Wearing knee braces preventatively may not protect against all injuries, but similar to the seatbelt in a car, knee braces may reduce the severity of a knee injury.

**Warning:** Federal Law Restricts this Device to Sale by or on the Order of a Licensed Health Care Practitioner.

**Warning:** For Single Patient Use Only.

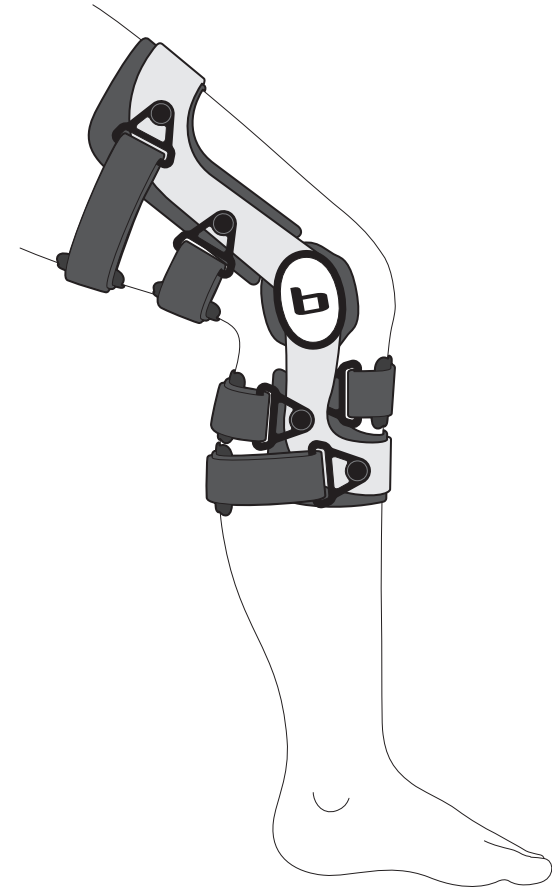
**Caution:** Activity modification and proper rehabilitation are an essential part of a safe treatment program. If any additional pain or other symptoms occur while using this device, discontinue use and seek medical attention.

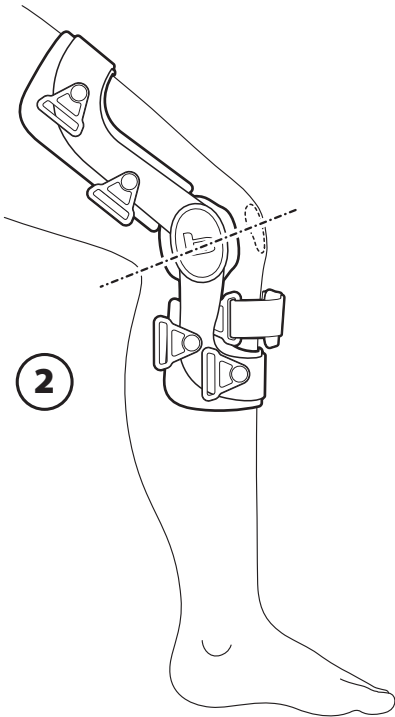
**Caution:** This device will not prevent or reduce all injuries.

**Caution:** Carefully read fitting instructions and warnings prior to use. To ensure proper performance of the brace, follow all instructions. Failure to properly position the brace and fasten each strap will compromise performance and comfort.

**Caution:** This device has been developed for the indications listed above, and may be damaged by unusual activities such as sports, falls, or other accidents, or exposure of the hinges to debris or liquids. Do not leave this device in a car on a hot day, or in any other place where the temperature may exceed 150°F (65° C.) for any extended period of time. To avoid the risk of accident and possible injury to the patient, discontinue use if such an incident has occurred.

**WARRANTY:** One year one frame and hinge, 90-days on soft goods (liners and straps). These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect. This device is expressly subject to Bledsoe's Product Line Limited Warranty. Copies of this limited warranty can be obtained from your medical professional, via the internet at [www.BledsoeBrace.com](http://www.BledsoeBrace.com), or by calling 1-888-BLEDSOE (253- 3763).



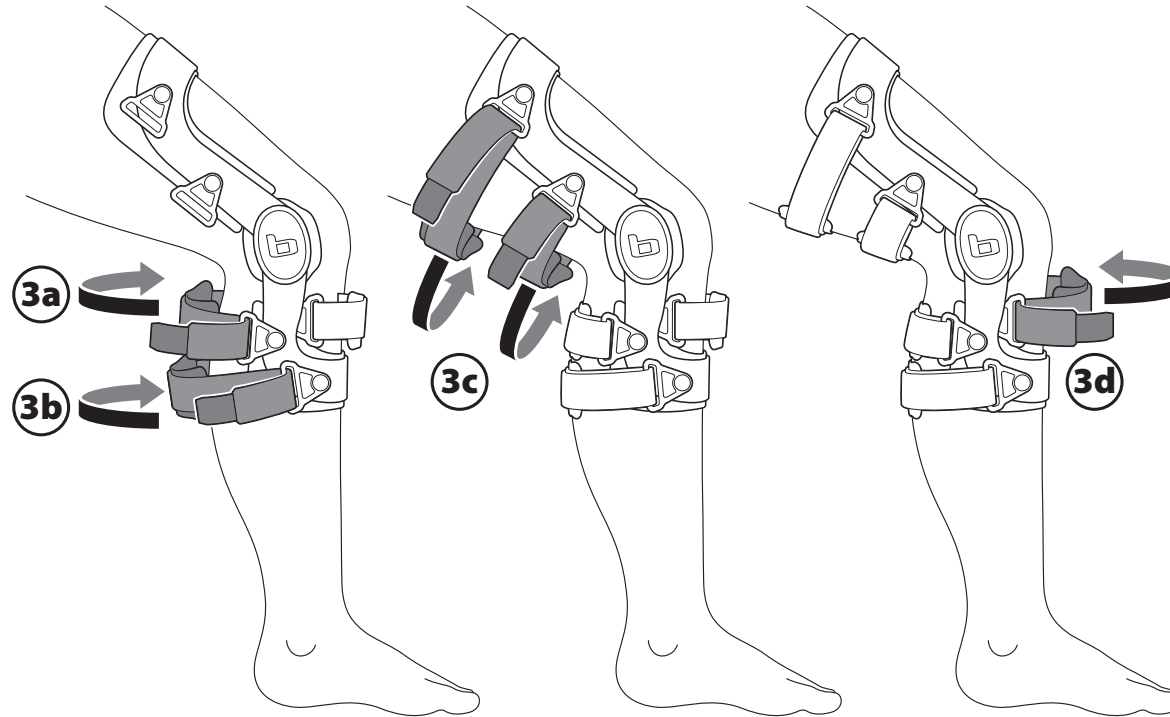


## 1. Unfasten Straps:

Open the 4 straps on the back side by pulling the strap tabs through the D-Ring. Then loosen the front strap.

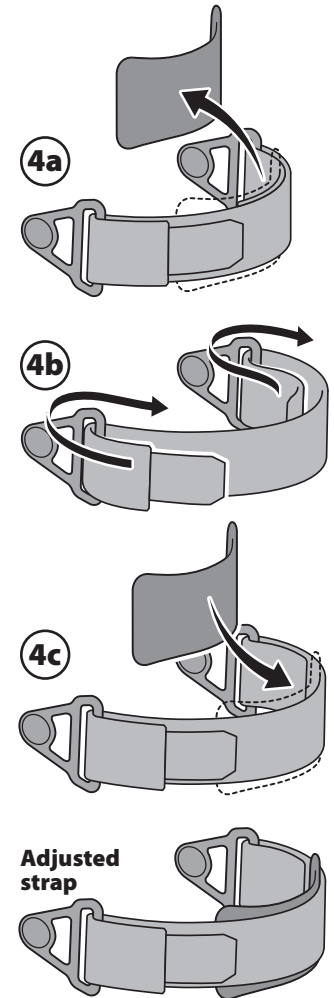
## 2. Positioning the Brace:

While seated with the knee slightly bent, place the brace on the leg, and line up the center of the hinge slightly above the middle of the kneecap.



## 3. Securing the Brace:

- Upper Calf Strap:** Wrap the strap around the top part of the calf. Insert the end of the strap through the D-ring. Pull the tab until a snug and comfortable fit is achieved.
- Lower Calf strap:** Follow the same instructions in step 3a to fasten the lower calf strap.
- Back Thigh Straps:** Follow the same instructions in step 3a to fasten the back thigh straps.
- Adjust Front Tibia Strap:** Tighten the front strap until it is snug but comfortable. Over-tightening will cause the hinges to pull forward past the midline of the leg.



## 4. To Adjust Strap Length:

- Remove the strap pad.
- Undo the straps and adjust the length of each by using the hook and pile fastener.
- When finished adjusting the strap's length, replace and center the strap pad. Excess strap length can be cut with scissors.