Bledsoe Extender Brace



Application Instructions CP020193 Rev. A 7/02

FAST ADJUSTMENT- FAST HINGE- FAST STRAPS- FAST APPLICATION



This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is generally not intended for patients in excess of 250 lbs (114 kilos). This device is not intended to prevent injuries or reduce or eliminate the risk of reinjury.

Indications: Indicated for immediate application to knees for locked or limited motion control of knee during rehabilitation after operative procedures or injury to knee ligaments, cartilage, or stable or internally fixed fractures of the tibial plateau, condyles, or proximal tibia and distal femur.

Contraindications: Contraindicated for unstable fractures or for fractures of the proximal femur or the distal tibia or fibula.

WARNING: Do not leave this device in the trunk of a car on a hot day or in any other place where the temperature may exceed 150° F (65° C) for any extended period of time. If any additional pain or symptoms occur while using this device, seek medical attention.

Warranty: This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect.

Manufactured by:

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For product information or questions pertaining to sales or service, please contact the national distributor in your area or the manufacturer.

Bledsoe Extender Brace Application Instructions





1. Release the over-center buckles.

Pinch the two buttons on the buckle releasing the buckle.

Place brace beside the leg aligning the hinge with the joint line.





2. Set range of motion. Depress extension ROM button and slide to desired setting.

Depress flexion ROM button and slide to desired setting. Settings automatically lock in place.





3. Set tibial length. Slide the locking clip to free the length adjustment button.

Depress the length adjustment button and slide the tibial section until the ankle plates are beside the ankle.

Slide the locking clip in place.

Repeat this process with medial upright.







4. Set thigh length. Slide the locking clip to free the length adjustment button.

Depress the length adjustment button and slide the tigh section until the ankle plates are beside the ankle.

Slide the locking clip in place.

Repeat this process with medial upright.





5. Apply to leg.With the leg extended.Slide the brace underneath the leg allowing the closures to occur at the front. Make sure the hinge is aligned with the knee.



5. Adjust straps. Adjust the back of the strap by releasing the hook and pile attachment and pull strap until slack is removed.

Reattach the hook and pile.

Make sure upright maintains the midline position



Front strap adjustment.
Attach the over-center buckle.



Detach the hook and loop attachment and tighten to desired tension.



Trim off excess strap and attach the hook and pile attachment.





8. Instruct patient. Show the patient how to get out of the brace by pinching the tabs on the over-center buckles.



9. Lock out button option.

If a static position is desired. Move the leg to the desired position (-10, 0, 10, 20, 30, 40).

Slide the red lock button toward the ankle locking the brace.