



# TIGRESS



MODE	A	B
<b>Time (TM)</b>	- Change to DT mode	- EL Light
<b>Date (DT)</b>	- Change to AL mode	- EL Light
<b>Alarm (AL)</b>	- Change to CH mode	- Activate Alarm/Chime functions - EL Light
<b>Chrono (CH)</b>	- Change to SET mode	- Start/Stop - Hold to reset - EL Light
<b>Set (SET)</b>	- Change to TM mode	- Scroll through Time, Date, Alarm - EL Light
<b>Setting Mode</b>	- Select digit to adjust	- Adjust setting forward (hold to adjust quickly) -EL Light

\* Press and hold MODE in any mode to warp back to TIME mode