





RECOMMENDED WATER RESISTANCE ACTIVITY CHART

				
Water Resistant	✓	✓	✗	✗
30m / 100ft / 3 ATM	✓	✓	✗	✗
50m / 165ft / 5 ATM	✓	✓	✓	✗
100m / 330ft / 10 ATM	✓	✓	✓	✗
200m / 660ft / 20 ATM	✓	✓	✓	✓

It is not recommended that you press any buttons while your watch is submerged in water.

It is not recommended that you take a bath, shower, or sauna in your watch.