

## 1. Neck

Measure around the neck at the height where the collar would be. The tape should be comfortably touching the skin, with enough room so that you do not feel restricted. Don't worry, we will calculate the effects of shrinkage and build in some "extra" room!

Neck is \_\_\_\_\_ inch



## 2. Full Chest

Measure around the chest at its fullest part (typically right under the armpits and shoulder blades, right across the nipples). The tape should be snug enough so that it does not slip down, but not so tight that it restricts breathing. Make sure the tape is horizontal and that the person's arms are by their side, then measure.

Full chest is \_\_\_\_\_ inch



### 3. Front Chest Area

With the person's arms by their side, measure across the front of the chest. This is the front part of the full chest measurement we just took, starting and stopping at the highest part of the crease formed by the armpits. Do not measure under the arms in this or the next measurement.

Front chest area is \_\_\_\_\_ inch



### 4. Back

With the person's arms by their side, measure across the back. This is the back part of the full chest measurement we just took, starting and stopping at the highest part of the crease formed by the armpits. Do not measure under the arms in this or the last measurement.

Back is \_\_\_\_\_ inch



### 5. Full Shoulder Width

Measure from the end of one shoulder to the end of the other. Be consistent as to where your right and left shoulders end; choose a point, and stick with it. The purpose of this measurement is to determine the width of your jacket.

Full shoulder width is \_\_\_\_\_ inch



### 6. Half Shoulder Width (Right)

Measure from the end of the right shoulder to the base of the right side of the neck. Half shoulder right is \_\_\_\_\_ inch



### 7. Half Shoulder Width (Left)

Measure from the end of the left shoulder to the base of the left side of the neck.

Half shoulder left is \_\_\_\_\_ inch

### 8. Shirt Sleeve (Right)

Measure from the end of the right shoulder to the base of the right thumb (approximately 1 inch below the wrist)  
Shirt sleeve right is \_\_\_\_\_.\_\_\_\_\_ inch



### 9. Shirt Sleeve (Left)

Measure from the end of the left shoulder to the base of the left thumb (approximately 1 inch below the wrist)  
Shirt sleeve left is \_\_\_\_\_.\_\_\_\_\_ inch

## 10. Bicep

Measure around the fullest part of the bicep with the arms by your side. You need only measure one side.

Bicep is \_\_\_\_\_ . \_\_\_\_\_ inch



## 11. Wrist

Measure around the fullest part of the wrist. You need only measure one side.

Wrist is \_\_\_\_\_ . \_\_\_\_\_ inch

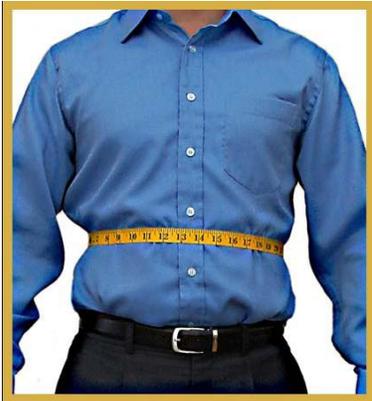


## 12. Jacket Waist / Stomach

Measure around the fullest part of the waist/stomach or right below your bottom ribs, whichever is greater.

Gentlemen, please enter the measurements as they are, not as you would like them to be. I promise, no one sees these measurements

Jacket waist is \_\_\_\_\_ inch



## 13. Trouser Waist

Measure around your waist at the level where you would normally wear your pants/trousers (right above where your belt would be). With the tape measure snug around your waist, relax, and take the measurement. Don't be alarmed if this measurement seems larger than expected; off-the-rack pants are normally labeled as being smaller than what they really are.

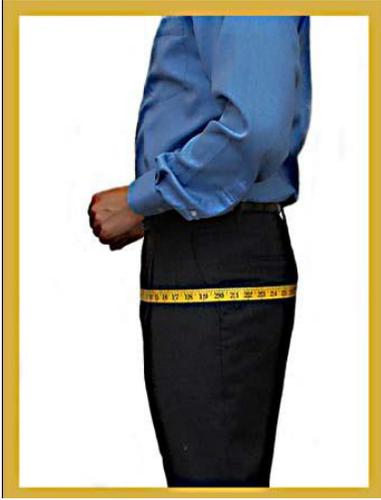
Trouser waist is \_\_\_\_\_ inch



#### 14. Hips/Seat

Measure around the fullest part of your hips and buttocks.

Hips/ Seat is \_\_\_\_\_ inch



#### 15. Trouser's Outseam

Measure from the top of your pant's waistband to the floor along the outside of your leg. Make sure the tape is tight, and then measure. No shoes please!

Trouser's outseam is \_\_\_\_\_ inch



## 16. Trouser's Inseam

Measure from the lowest part of your crotch area to the floor. Make sure the tape is tight along the inside of your leg, and then measure. No shoes please!

Trouser's inseam is \_\_\_\_\_ inch



## 17. Crotch

Measure from the front top of the pant's waistband to the back top of the pant's waistband. Most off the rack dress pants have too much room in the crotch area; by reducing excess space you can make yourself look taller and thinner. But don't go overboard! Allow space for movement and comfort (remember that you need extra room when seated).

Crotch is \_\_\_\_\_ inch



### 18. Thigh

Measure around your thigh at its widest point. You need measure only one side.  
Thigh is \_\_\_\_\_ inch



### 19. Knee

Measure around your knee at its widest point. You need only measure one side.  
Knee is \_\_\_\_\_ inch



## 20. Front Jacket Length

Measure straight down the front from the base of the neck (right or left side) to the point level with your thumb knuckle.

Front jacket length is \_\_\_\_\_ . \_\_\_\_\_ inch



## 21. Half Back Length

Measure from the base of the back of the neck to the top of the pants waistband area.

Half back length is \_\_\_\_\_ . \_\_\_\_\_ inch

