SUPERSIZE SHADES

Be Your Best #SELFIE

Aviators and Wayfarers are summer staples, but this season's silhouettes take a more sophisticated stance. Extra-large geometric frame shapes in muted hues will transform you into a person of interest on the beach and in your social media posts.

Sunglasses, from top: Acetate, Oliver Peoples, $325; at Oliver Peoples, 310-657-2553. Acetate and metal, Miu Miu, $390; at Fiori, 213-226-8276. Acetate, Toms, $119; toms.com.

PASTRY HYBRIDS

Start the Morning with #FOODPORN

Half sister to the cronut, the cruffin is buttery, flaky, and absurdly fun, with a twisty shape and fillings like fluffer-nutter and strawberry. "Sweets should evoke a smile," says Ry Stephen, co-owner of San Francisco's Mr Holmes Bakehouse, where the cruffin was born ($5 each; 415-829-7700). Avoid lines by experimenting at home: Roll store-bought croissant dough into a scroll, then bake it in a muffin tin.

Rebecca Taylor collaborates with swimwear line Giejo for four flirty floral styles, launching this month!

ROSE GOLD

Make It Your #COLOR SPLURGE

Pinkish golds flatter every skin tone with their understated warmth, says stylist Leith Clark. If you're torn between wearing a blush or a terra-cotta dress, hold it to your face and take a picture of yourself in natural light to see which one brightens, rather than washes out, your complexion.

1 Nylon-spandex bikini top ($125) and bottom ($105), Rebecca Taylor × Giejo; rebeccataylor.com. 2 Specchio leather sandals, Vince, $225; shopbop.com. 3 Silk dress, Tibi; $795; tibi.com. 4 Rose-quartz and rose gold–plated bracelet, Eddie Borgo, $325; eddieborgo.com. 5 Copper candleholder, CB2, $13 (candle sold separately); cb2.com. 6 Estée Lauder Pure Color Nail Lacquer in Nude Pearl, $21; esteelauder.com. 7 Nars St-Paul-de-Vence Eyeshadow Duo, $35; narscosmetics.com.